



SENIOR PROGRAM ACTIVITIES SEPTEMBER 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Inspiration Park

5770 W Gettysburg Ave.
Fresno, CA 93722

(559) 691-1058

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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MON	TUE	WED	THU	FRI
	¹ 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Karaoke	² 9:15AM-10:00AM Trivia 10:15AM-11:00AM Retirement Cups	³ 9:15AM-11:00AM Diamond Art & Music & Convo	⁴ 9:15AM-10:00AM Fitness & Weekly Rewind 10:15AM-11:00AM Bingo
Labor Day - Community Centers Closed ⁷	⁸ 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Jewelry	⁹ 9:15AM-10:00AM Trivia 10:15AM-11:00AM Grandparents Day Totes	¹⁰ 9:15AM-11:00AM Diamond Art & Trivia & Tech Support	¹¹ 9:15AM-11:00AM Legacy & Laughter: A Grand Generations Celebration 10:15AM-12:00PM Bingo
¹⁴ 9:15AM-11:00AM Pre- Drawn Canvas Painting & Music & Convo	¹⁵ 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Karaoke	¹⁶ 9:15AM-10:00AM Trivia 10:15AM-11:00AM Garden Flags	¹⁷ 9:15AM-11:00AM Diamond Art & Music & Convo	¹⁸ 9:15AM-10:00AM Fitness & Weekly Rewind 10:15AM-11:00AM Bingo
²¹ 9:15AM-11:00AM Movie & Popcorn Day	²² 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Jewelry	²³ 9:15AM-10:00AM Trivia 9:15AM-10:45AM OTS Visit	²⁴ 9:15AM-11:00AM Diamond Art & Golden Chefs: Chicken Egg Rolls	²⁵ 9:15AM-10:00AM Fitness & Weekly Rewind 10:15AM-11:00AM Bingo
²⁸ 9:15AM-11:00AM Pre- Drawn Canvas Painting & Music & Convo	²⁹ 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Karaoke	³⁰ 9:15AM-10:00AM Trivia 9:15AM-11:00AM Soap Making	Special Notes: Tai Chi will be every Monday and Thursday 9:30 AM- 10:30 AM	