



SENIOR PROGRAM ACTIVITIES AUGUST 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Lafayette

516 E. Princeton Ave.
Fresno, CA. 93704

(559) 621-2934

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

MON	TUE	WED	THU	FRI
3 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art	4 9:30AM-10:15AM Trivia 10:30AM-11:00AM How It's Made: Skyscrapers	5 9:30AM-11:00AM Golden Crafting: Lip Balm	6 9:30AM-11:00AM Monthly Birthday Celebrations & Lego Flowers	7 9:30AM-10:15AM Bingo 10:15AM-11:15AM Senior Input Hour
10 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art	11 9:30AM-10:15AM Trivia 10:30AM-11:00AM How It's Made: Luxury Perfume	12 9:30AM-11:00AM Golden Crafting: Glow In the Dark Tie Dye	13 9:30AM-11:00AM Senior Golden Chef: Peach & Arugula Caprese Salad	14 9:30AM-10:15AM Bingo 10:15AM-11:00AM Online Adventure
17 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art	18 9:30AM-10:15AM Trivia 10:30AM-11:00AM How It's Made: Life Saving Devices	19 9:30AM-11:00AM Golden Crafting: Personalized Corkboards	20 9:30AM-10:15AM Bingo 10:15AM-11:00AM Game Time	21 9:15AM-11:00AM 2nd Annual Senior Spelling Bee
24 9:15AM-11:00AM Back to School Snack Packs 10:00AM-11:00AM Diamond Art	25 9:30AM-10:15AM Trivia 10:30AM-11:00AM How It's Made Lava Lamps	26 9:30AM-11:00AM Golden Crafting: Leftover Crafts	27 9:30AM-10:15AM Bingo 10:30AM-11:00AM Beadable Pens	28 9:15AM-11:00AM 2nd Annual Spelling Bee Championship
31 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art				

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