



SENIOR PROGRAM ACTIVITIES AUGUST 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Paul "Cap" Caprioglio Center

5191 N. 6th Street
Fresno, Ca 93710

(559) 621-2991

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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MON	TUE	WED	THU	FRI
3 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Calligraphy & Canvas Painting	4 9:15AM-11:00AM Knots & Threads & Music & Convo	5 9:15AM-10:00AM Bingo 10:15AM-11:00AM DIY Pens & Online Adventures:	6 9:15AM-10:00AM Indoor Games 10:15AM-11:00AM Fitness Video	7 9:15AM-11:00AM Diamond Art & Weekly Rewind
10 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Calligraphy & Canvas Painting	11 9:15AM-11:00AM Knots & Threads & Music & Convo	12 9:15AM-10:00AM Bingo 10:15AM-11:00AM Senior Input Hour	13 9:15AM-10:00AM Cognifit 10:15AM-11:00AM Fitness Video	14 9:15AM-11:00AM Diamond Art & Weekly Rewind
17 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Calligraphy & Canvas Painting	18 9:15AM-11:00AM Knots & Threads & Music & Convo	19 9:15AM-10:00AM Bingo 10:15AM-11:00AM Stained Glass Painting	20 9:15AM-10:00AM Indoor Games 10:15AM-11:00AM Fitness Video	21 9:15AM-11:00AM Second Annual Spelling Bee
24 9:15AM-11:00AM Back to School Snack Packs	25 9:15AM-11:00AM Knots & Threads & Music & Convo	26 9:15AM-10:00AM Bingo 10:15AM-11:00AM Golden Chefs: Summer Salads	27 9:15AM-10:00AM Cognifit 10:15AM-11:00AM Fitness Video	28 9:15AM-11:00AM Second Annual Spelling Bee Championship
31 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Calligraphy & Canvas Painting				