



# SENIOR PROGRAM ACTIVITIES JULY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

## Mosqueda

4670 E. Butler Ave.  
Fresno, CA. 93702

(559) 417-2341

### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

### Arts and Crafts

### Exercise Classes

### Informational Workshops

### Social Games

### Stay Connected

[www.fresno.gov/parks](http://www.fresno.gov/parks)

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MON	TUE	WED	THU	FRI
		<b>1</b> 9:15AM-11:00AM Golden Crafting: DIY Wreath	<b>2</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art	<b>3</b> 9:30AM-11:00AM U.S. of Yay Gathering & Potluck
<b>6</b> 9:15AM-10:15AM Diamond Art 10:15AM-11:00AM Jewelry	<b>7</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Senior Choice	<b>8</b> 9:15AM-10:015AM Soap Making 10:15AM-11:15AM Karaoke	<b>9</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art	<b>10</b> 9:15AM-10:00AM Fitness 10:15AM-12:00PM Dried Flower Ornaments
<b>13</b> 9:15AM-10:15AM Diamond Art 10:15AM-11:00AM Jewelry	<b>14</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Trivia	<b>15</b> 9:15AM-10:00AM Colorful Creations 10:15AM-11:15AM Karaoke	<b>16</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art	<b>17</b> <b>Root Beer Float Day</b> 9:15AM-10:00AM DIY Suncatcher 10:15AM-11:15AM Senior Choice
<b>20</b> 9:30AM-11:00AM Online Adventure: Egypt	<b>21</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Senior Choice	<b>22</b> 9:15AM-10:10AM Colorful Creations 10:15AM-11:15AM Karaoke	<b>23</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art	<b>24</b> 9:15AM-10:00AM Fitness 10:15AM-11:15AM Golden Chef: Greek Salad
<b>27</b> 9:15AM-10:15AM Diamond Art 10:15AM-11:00AM Jewelry	<b>28</b> 9:30AM-10:15AM Bingo 10:30AM-11:00AM Trivia	<b>29</b> 9:15AM-10:10AM Sip N Paint 10:15AM-11:15AM Karaoke	<b>30</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art	<b>31</b> 9:30AM-11:00AM Monthly Makeup: Leftover Craft