



SENIOR PROGRAM ACTIVITIES JULY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Mary Ella Brown

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Fresno, CA. 93706

(559) 497-1326

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

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MON	TUE	WED	THU	FRI
		1 9:15AM-10:15AM DIY Hats 10:15AM-11:15AM Canvas Painting	2 9:15AM-10:15AM Bingo 10:15AM-11:15AM Fitness	3 9:30AM-11:00AM U.S. of Yay Gathering & Potluck
6 9:30AM-10:30AM Jewelry & Tech Support 10:30AM-11:15AM Music & Convo	7 9:30AM-10:15AM Fitness 10:15AM-11:15AM Diamond Art	8 9:30AM-11:00AM Golden Crafting: Tie Dye Totes	9 9:30AM-10:30AM Bingo 10:30AM-11:15AM Fitness	10 9:15AM-10:15AM Fairy Wand Garden Stakes 10:15AM-11:15AM Colorful Creations
13 9:15AM-10:15AM Jewelry & Tech Support 10:15AM-11:15AM Music & Convo	14 9:15AM-10:15AM Fitness 10:15AM-11:15AM Diamond Art	15 9:15AM-10:15AM Online Adventure: Egypt 10:30AM-11:15AM Canvas Painting	16 9:15AM-10:00AM Bingo 10:15AM-11:15AM Fitness	17 Root Beer Float Day 9:15AM-10:15AM Wooden Magnets 10:30AM-11:15AM Resin Creations
20 9:15AM-11:00AM Root Beer Float Day	21 9:15AM-10:15AM Fitness 10:15AM-11:15AM Diamond Art	22 9:30AM-10:30AM Golden Chef: Greek Salad 10:30AM-11:15AM Senior Choice	23 9:15AM-10:00AM Bingo 10:15AM-11:15AM Fitness	24 9:15AM-10:15AM Metal Bookmarks 10:15AM-11:15AM Colorful Creations
27 9:15AM-10:15AM Jewelry & Tech Support 10:15AM-11:15AM Music & Convo	28 9:15AM-10:15AM Fitness 10:15AM-11:15AM Diamond Art	29 9:30AM-11:00AM DIY Welcome Signs	30 9:15AM-10:00AM Bingo 10:15AM-11:15AM Fitness	31 9:15AM-11:00AM Monthly Makeup: Leftover Craft