



SENIOR PROGRAM ACTIVITIES JULY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Lafayette

516 E. Princeton Ave.
Fresno, CA. 93704

(559) 621-2934

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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MON	TUE	WED	THU	FRI
		1 9:30AM-10:30AM Golden Crafting: Stained Glass 10:30AM-11:00AM Table Topics	2 9:30AM-11:00AM Monthly Birthday Celebrations & Garden Stake Crafting	3 9:30AM-11:00AM U.S. of Yay Gathering: Bingo & Potluck
6 9:30AM-10:00AM Fitness 9:30AM-11:00AM Diamond Art	7 9:30AM-10:15AM Trivia 10:30AM-11:00AM Explore New England: RI	8 9:30AM-10:30AM Golden Crafting: DTF Transfers 10:30AM-11:00AM Table Topics	9 9:30AM-10:15AM Charm Bracelet Crafting 10:15AM-11:00AM Group Games	10 9:30AM-10:15AM Bingo 10:30AM-11:00AM Senior Check in
13 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art	14 9:30AM-10:15AM Trivia 10:30AM-11:00AM Explore New England: Mass.	15 9:30AM-10:30AM Golden Crafting: DIY Soap Dispenser 10:30AM-11:00AM Table Topics	16 9:30AM-11:00AM Iron On Workshop: Create iron-on designs with a Cricut heat press!	17 9:30AM-10:15AM Bingo 10:15AM-11:00AM Root Beer Float Day
20 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art	21 9:30AM-10:15AM Trivia 10:30AM-11:00AM Explore New England: Vermont	22 9:30AM-10:30AM Golden Crafting: Trinket Box 10:30AM-11:00AM Table Topics	23 9:30AM-11:00AM Virtual Travel: England	24 9:30AM-10:15AM Bingo 10:30AM-11:00AM Beadable Pens
27 9:30AM-10:00AM Fitness 10:00AM-11:00AM Diamond Art	28 9:30AM-10:15AM Trivia 10:30AM-11:00AM Explore New England: Maine	29 9:30AM-11:00AM The Monthly Make-up: Leftover Crafts	30 9:30AM-11:00AM Senior Golden Chef: Spring Rolls	31 9:30AM-10:15AM Bingo 10:15AM-11:00AM Online Adventures