



SENIOR PROGRAM ACTIVITIES

JUNE 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Pinedale

7170 N. San Pablo Ave.
Fresno, CA. 93650

(559) 974-6720

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

@PARCSFresno

@PARCSFresno

MON	TUE	WED	THU	FRI
9:30AM-10:30AM Fitness & Online Adventures: Our Planet Fresh water 10:15AM-11:00AM Trivia 1	9:15AM-10:15AM Senior Input Hour 10:15AM-11:00AM Bingo 2	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Sea Turtles Painting 3	9:15AM-10:00AM Beach Theme Personal Cups 10:15AM-11:00AM Jewelry & Tech Support 4	9:15AM-11:00AM Diamond Art & Weekly Rewind 5
9:30AM-10:30AM Fitness 10:15AM-11:00AM Cognifit 8	9:15AM-10:00AM Karaoke 10:15AM-11:00AM Bingo 9	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Sea Horse Painting 10	9:15AM-10:00AM Sea Animal Soap Molds 10:15AM-11:00AM Jewelry & Tech Support 11	9:15AM-11:00AM Diamond Art & Weekly Rewind 12
9:30AM-10:30AM Fitness 10:15AM-11:00AM Trivia 15	9:15AM-10:00AM Indoor Table Games 10:15AM-11:00AM Bingo 16	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Boat at sunset Painting 17	9:15AM-10:00AM Sea Animal Iron on hats 10:15AM-11:00AM Jewelry & Tech Support 18	9:15AM-11:00AM Diamond Art & 9:30AM-10:30AM Donuts & Dads Delight 19
9:15AM-11:00AM Movie Day 10:15AM-11:00AM Karaoke 22	9:15AM-10:00AM Golden Chefs: 7 Layer Dip 10:15AM-11:00AM Bingo 23	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Sandals in the Sand Painting 24	9:15AM-10:00AM Sea Animal Pens 10:15AM-11:00AM Jewelry & Tech Support 25	9:15AM-11:00AM Diamond Art & Weekly Rewind 26
9:30AM-10:30AM Fitness 10:15AM-11:00AM Cognifit 29	9:15AM-10:00AM Indoor Table Games 10:15AM-11:00AM Bingo 30			