



SENIOR PROGRAM ACTIVITIES

JUNE 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Paul "Cap" Caprioglio Center

5191 N. 6th Street
Fresno, Ca 93710

(559) 621-2991

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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MON	TUE	WED	THU	FRI
9:15AM-10:00AM ¹ Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM ² Knots & Threads & Music & Convo	9:15AM-10:00AM ³ Bingo 10:15AM-11:45AM Online Adventures: Our Planet Fresh water & Senior Input Hour	9:15AM-11:00AM ⁴ Cognifit 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM ⁵ Diamond Art & Weekly Rewind
9:15AM-10:00AM ⁸ Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM ⁹ Knots & Threads & Music & Convo	9:15AM-10:00AM ¹⁰ Bingo 10:15AM-11:45AM Beach Theme Personal Cups	9:15AM-11:00AM ¹¹ Indoor Games 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM ¹² Diamond Art & Weekly Rewind
9:15AM-10:00AM ¹⁵ Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM ¹⁶ Knots & Threads & Music & Convo	9:15AM-10:00AM ¹⁷ Bingo 10:15AM-11:45AM Sea Animal Iron on hats	9:15AM-11:00AM ¹⁸ Cognifit 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM ¹⁹ Diamond Art & 9:30AM-10:30AM Donuts & Dads Delight
9:15AM-10:00AM ²² Jewelry 9:15AM-10:00AM Movie Day	9:15AM-12:00PM ²³ Knots & Threads & Music & Convo	9:15AM-10:00AM ²⁴ Bingo 10:15AM-11:45AM Sea Animal Pens & Golden Chefs: 7 Layer Dip	9:15AM-11:00AM ²⁵ Indoor Games 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM ²⁶ Diamond Art & Weekly Rewind
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