



# SENIOR PROGRAM ACTIVITIES

# JUNE 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

## Mosqueda

4670 E. Butler Ave.  
Fresno, CA. 93702

(559) 417-2341

### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

### Arts and Crafts

### Exercise Classes

### Informational Workshops

### Social Games

### Stay Connected

[www.fresno.gov/parks](http://www.fresno.gov/parks)

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MON	TUE	WED	THU	FRI
<b>1</b> 9:30AM-10:00 AM Diamond Art  10:15AM-11:00AM Terrarium	<b>2</b> 9:30AM-10:15AM Bingo  10:30AM-11:00AM Fitness For All	<b>3</b> 9:30AM-10:15AM Pressed Flower Art  10:30AM-11:00AM Karaoke	<b>4</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art 10:15-11:00 Senior Choice	<b>5</b> 9:30AM-10:15AM Fitness  10:00AM-11:00AM Senior Input Hour
<b>8</b> 9:30AM-10:00 AM Diamond Art  10:15AM-11:00AM Candle Making	<b>9</b> 9:30AM-10:15AM Bingo  10:30AM-11:00AM Fitness For All	<b>10</b> 9:15AM-10:00AM Online Adventures: Hawaii 10:15AM-11:00AM Rock Painting	<b>11</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art 10:15-11:00 Senior Choice	<b>12</b> 9:30AM-10:15AM Fitness  10:15AM-11:00AM Brain Games
<b>15</b> 9:30AM-10:00 AM Diamond Art  10:15AM-11:00AM Jewelry	<b>16</b> 9:30AM-10:15AM Bingo  10:30AM-11:00AM Fitness For All	<b>17</b> 9:30AM-10:30AM Golden Chefs Italian Salad 10:30AM-11:00AM Karaoke	<b>18</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art 10:15-11:00 Senior Choice	<b>19</b> 9:30AM-10:30AM Donuts & Dads Delight 10:15AM-11:00AM Brain Games
<b>22</b> 9:15AM-11:00AM Senior Movie Day!	<b>23</b> 9:30AM-10:15AM Bingo  10:30AM-11:00AM Fitness For All	<b>24</b> 9:30AM-10:15AM Sip & Paint  10:30AM-11:00AM Sand Art	<b>25</b> 9:00AM-10:00AM Tai Chi w/ Sly 10:00AM-11:00AM Tai Chi w/ Art 10:15-11:00 Senior Choice	<b>26</b> 9:30AM-10:15AM Fitness  10:15AM-11:00AM Brain Games
<b>29</b> 9:30AM-10:00 AM Diamond Art  10:15AM-11:00AM Canvas Painting	<b>30</b> 9:30AM-10:15AM Bingo  10:30AM-11:00AM Fitness For All			