

SENIOR PROGRAM ACTIVITIES MAY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Paul "Cap" Caprioglio Center

5191 N. 6th Street
Fresno, Ca 93710

(559) 621-2991

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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MON	TUE	WED	THU	FRI
				1 9:15AM-11:00AM Diamond Art & Weekly Rewind
4 9:15AM-10:00AM Jewelry 10:00AM-11:00AM CA Connect Pres. 11:15AM-12:00PM Calligraphy & Canvas Painting	5 9:15AM-12:00PM Knots & Threads & Music & Convo	6 9:15AM-10:00AM Bingo 10:15AM-11:45AM Bug Resin & Online Adventures: Americas Ice Age Explained & Senior Input Hour	7 9:15AM-11:00AM Cognifit 10:00AM -11:00AM Fitness Video	8 9:30AM-11:00AM Tea-rific Celebration! Mother's Day Potluck
11 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	12 9:15AM-12:00PM Knots & Threads & Music & Convo	13 9:15AM-10:00AM Bingo 10:15AM-11:45AM Insect Pens	14 9:15AM-11:00AM Indoor Games 10:00AM -11:00AM Fitness Video	15 9:15AM-11:00AM Diamond Art & Weekly Rewind
18 9:15AM-10:00AM Jewelry 9:15AM-11:00PM Senior Showcase	19 9:15AM-12:00PM Knots & Threads & Music & Convo	20 9:15AM-10:00AM Bingo 10:15AM-11:45AM Bug me signs	21 9:15AM-11:00AM Cognifit 10:00AM -11:00AM Fitness Video	22 9:15AM-11:00AM Diamond Art & Weekly Rewind
25 Memorial Day - Community Centers Closed	26 9:15AM-12:00PM Knots & Threads & Music & Convo	27 9:15AM-10:00AM Bingo 10:15AM-11:00AM Golden Chefs: Mud & Worms Dessert	28 9:15AM-11:00AM Indoor Games 10:00AM -11:00AM Fitness Video	29 9:15AM-11:00AM Diamond Art & Weekly Rewind



EVENTS

SIP SIP HOORAY! A TEA-RIFIC CELEBRATION

Date: Friday, May 8

Time: 9:30 AM - 11:00 AM

Wear your fancy tea-party outfit and sip tea while we share stories of moms and mother figures. Potluck participation is optional.

SENIOR SHOWCASE

Date: Monday, May 18

Time: 9:15 AM - 11:00 AM

Show off your creativity at our Senior Showcase. Display something you've made at the site and bring a friend to join the celebration.

GOLDEN CHEFS: MUD & WORMS DESSERT

Date: Wednesday, May 27

Time: 10:15 AM - 11:00 AM


Make a tasty bowl of chocolate mud pudding with candy worms.

PAUL "CAP" CAPRIOGGIO CENTER

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 (559) 621-7529



SCAN TO SEE MORE EVENTS



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).