



# SENIOR PROGRAM ACTIVITIES APRIL 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

## Pinedale

7170 N. San Pablo Ave.  
Fresno, CA. 93650

**(559) 974-6720**

### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

### Arts and Crafts

### Exercise Classes

### Informational Workshops

### Social Games

### Stay Connected

[www.fresno.gov/parks](http://www.fresno.gov/parks)

@PARCSFresno

@PARCSFresno

MON	TUE	WED	THU	FRI
		9:30AM-10:15AM <sup>1</sup> Fitness 9:15 AM-11:00 AM Water Can with Flowers Painting	9:15AM-10:00AM <sup>2</sup> Bird House 10:15AM-11:00AM Jewelry & Tech Support	9:15AM-11:00AM <sup>3</sup> Diamond Art & Weekly Rewind
9:30AM-10:30AM <sup>6</sup> Fitness & Online Adventures: The Seven Wonders of the World 10:15AM-11:00AM Floral Canvas Painting	9:15AM-10:15AM <sup>7</sup> Senior Input Hour 10:15AM-11:00AM Bingo	9:30AM-10:15AM <sup>8</sup> Fitness 9:15 AM-11:00 AM Sunflower Painting	9:15AM-10:00AM <sup>9</sup> Spring Tumblers 10:15AM-11:00AM Jewelry & Tech Support	9:00AM-12:00PM <sup>10</sup> Seeds of Friendship Social: Potluck & Diamond Art
9:30AM-10:30AM <sup>13</sup> Fitness 10:15AM-11:00AM Butterfly Garden Stakes	9:15AM-10:00AM <sup>14</sup> Karaoke 10:15AM-11:00AM Bingo	9:30AM-10:15AM <sup>15</sup> Fitness 9:15 AM-11:00 AM Floral Canvas Painting	9:15AM-10:00AM <sup>16</sup> Flower Soap 10:15AM-11:00AM Jewelry & Tech Support	9:15AM-11:00AM <sup>17</sup> Diamond Art & Weekly Rewind
9:15AM-11:00AM <sup>20</sup> Senior Game Day 9:30AM-10:30AM Fitness	9:15AM-10:00AM <sup>21</sup> Indoor Table Games 10:15AM-11:00AM Bingo	9:30AM-10:15AM <sup>22</sup> Fitness 9:15 AM-11:00 AM Bunny Painting	9:15AM-10:00AM <sup>23</sup> Flower Pens 10:15AM-11:00AM Jewelry & Tech Support	9:15AM-11:00AM <sup>24</sup> Diamond Art & Weekly Rewind
9:30AM-10:30AM <sup>27</sup> Fitness 10:15AM-11:00AM Golden Chefs: Chicken Enchiladas	9:15AM-10:00AM <sup>28</sup> Karaoke 10:15AM-11:00AM Bingo	9:30AM-10:15AM <sup>29</sup> Fitness 9:15 AM-11:00 AM Floral Canvas Painting	9:15AM-10:00AM <sup>30</sup> Resin 10:15AM-11:00AM Jewelry & Tech Support	



# EVENTS

## SEEDS OF FRIENDSHIP SOCIAL

**Date:** Friday, April 10

**Time:** 9:00 AM - 12:00 PM

Put on your favorite spring colors and join us for a warm, cheerful gathering. Enjoy good conversation, connect with others, and—if you'd like—take part in a casual potluck. We'll also be planting seeds in individual pots for you to take home and watch grow.

## SENIOR GAME DAY

**Date:** Monday, April 20

**Time:** 9:15 AM - 11:00 AM

Join us for Senior Game Day and enjoy board games, card games, and a bit of friendly competition.

## GOLDEN CHEFS: CHICKEN ENCHILADAS

**Date:** Monday, April 27

**Time:** 10:15 AM - 11:00 AM

Learn how to make fast and easy chicken enchiladas.

## HOT MEALS SERVED: MONDAY – FRIDAY AT 11:15 AM CALL (559) 974-6720 TO RESERVE


Senior Hot Meals are FREE for anyone 60 years or older. Anyone under 60 can buy a meal for \$7.45. Please note the meals are on a reservation system. You must make a reservation at a senior site of your choice in person or over the phone by 11:30 AM, one day prior to the day you want to eat. You will complete an FMAAA registration form on site the first day of receiving meal. Meals are served for only 30 minutes after the start of the serving time.

## PINEDALE

 [www.fresno.gov/parks](http://www.fresno.gov/parks)

 @PARCSFresno

 @PARCSFresno

 (559) 621-7529

**SCAN TO  
SEE MORE  
EVENTS**



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).