



# SENIOR PROGRAM ACTIVITIES APRIL 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

## Lafayette

516 E. Princeton Ave.  
Fresno, CA. 93704

(559) 621-2934

### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

### Arts and Crafts

### Exercise Classes

### Informational Workshops

### Social Games

### Stay Connected

[www.fresno.gov/parks](http://www.fresno.gov/parks)

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MON	TUE	WED	THU	FRI
		<b>1</b> 9:30AM-11:00AM Golden Crafting: Create a dough bowl botanical Candle!	<b>2</b> 9:30AM-11:00AM Monthly Birthday Celebrations: Make Banana Bread with us!	<b>3</b> 9:30AM-10:15AM Bingo  10:15AM-11:15AM Senior Input Hour
<b>6</b> 9:30AM-10:00AM Fitness  10:00AM-11:00AM Diamond Art	<b>7</b> 9:30AM-10:30AM You Tube Trivia 10:30AM-11:00AM Explore California: Hearst Castle	<b>8</b> 9:30AM-11:00AM Golden Crafting: Create your own pressed flower glass frame!	<b>9</b> 9:30AM-11:00AM Resin Workshop: Learn how to create resin keychains!	<b>10</b> 9:00AM-12:00PM Seeds of Friendship Social: Bingo & Potluck
<b>13</b> 9:30AM-10:00AM Fitness  10:00AM-11:00AM CA Connect Pres.	<b>14</b> 9:30AM-10:30AM Jewelry Making 10:30AM-11:00AM Explore California: Salton Sea	<b>15</b> 9:30AM-11:00AM Golden Crafting: Design your own hairbrush or comb!	<b>16</b> 9:30AM-11:00AM Iron On Workshop: Create iron-on designs with a Cricut heat press!	<b>17</b> 9:30AM-10:15AM Bingo  10:15AM-11:00AM Bead-able Pens
<b>20</b> 9:15AM-11:00AM Senior Game Day  9:30AM-11:00AM Diamond Art	<b>21</b> 9:30AM-10:00AM You Tube Trivia 10:15AM-11:00AM Explore California: Yosemite Valley	<b>22</b> 9:30AM-11:00AM Golden Crafting: Design your own Glass Tumblers & Motel Keychain	<b>23</b> 9:30AM-11:00AM Virtual Travel: New Zealand	<b>24</b> 9:30AM-10:15AM Bingo  10:15AM-11:00AM Online Adventures
<b>27</b> 9:30AM-10:00AM Fitness  10:00AM-11:00AM Diamond Art	<b>28</b> 9:30AM-10:30AM Jewelry Making 10:30AM-11:00AM Documentary: California Coast	<b>29</b> 9:30AM-11:00AM The Monthly Makeup: Leftover Crafts	<b>30</b> 9:30AM-11:00AM Senior Golden Chef: Midnight Fruit Salad	



# EVENTS

## SEEDS OF FRIENDSHIP SOCIAL

**Date:** Friday, April 10

**Time:** 9:00 AM - 12:00 PM

Put on your favorite spring colors and join us for a warm, cheerful gathering. Enjoy good conversation, connect with others, and—if you'd like—take part in a casual potluck. We'll also be planting seeds in individual pots for you to take home and watch grow.

## SENIOR GAME DAY

**Date:** Monday, April 20

**Time:** 9:15 AM - 11:00 AM

Join us for Senior Game Day and enjoy board games, card games, and a bit of friendly competition.

## SENIOR GOLDEN CHEF: MIDNIGHT FRUIT SALAD

**Date:** Thursday, April 30

**Time:** 9:30 AM - 11:00 AM

Learn how to make a luscious fruit salad that will have you tasting the rainbow!

## HOT MEALS SERVED: MONDAY – FRIDAY AT 11:30 AM CALL (559) 621-2934 TO RESERVE


Senior Hot Meals are FREE for anyone 60 years or older. Anyone under 60 can buy a meal for \$7.45. Please note the meals are on a reservation system. You must make a reservation at a senior site of your choice in person or over the phone by 11:30 AM, one day prior to the day you want to eat. You will complete an FMAAA registration form on site the first day of receiving meal. Meals are served for only 30 minutes after the start of the serving time.

## LAFAYETTE

 [www.fresno.gov/parks](http://www.fresno.gov/parks)

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 (559) 621-7529

## SCAN TO SEE MORE EVENTS



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).