



SENIOR PROGRAM ACTIVITIES APRIL 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Paul "Cap" Caprioglio Center

5191 N. 6th Street
Fresno, Ca 93710

(559) 621-2991

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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MON	TUE	WED	THU	FRI
		9:15AM-10:00AM 1 Bingo 10:15AM-11:45AM DIY Flower Pens & Online Adventures: The Seven Wonders of the World	9:15AM-11:00AM 2 Cognifit 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM 3 Diamond Art & Weekly Rewind
9:15AM-10:00AM 6 Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM 7 Knots & Threads & Music & Convo	9:15AM-10:00AM 8 Bingo 10:15AM-11:45AM Senior Input Hour & Flower Soap	9:15AM-11:00AM 9 Indoor Games 10:00AM -11:00AM Fitness Video	9:00AM-12:00PM 10 Seeds of Friendship Social: Potluck & Diamond Art
9:15AM-10:00AM 13 Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM 14 Knots & Threads & Music & Convo	9:15AM-10:00AM 15 Bingo 10:15AM-11:45AM Butterfly Garden Stakes	9:15AM-11:00AM 16 Cognifit 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM 17 Diamond Art & Weekly Rewind
9:15AM-11:00AM 20 Senior Game Day 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM 21 Knots & Threads & Music & Convo	9:15AM-10:00AM 22 Bingo 10:15AM-11:45AM Bird House	9:15AM-11:00AM 23 Indoor Games 10:00AM -11:00AM Fitness Video	9:15AM-11:00AM 24 Diamond Art & Weekly Rewind
9:15AM-10:00AM 27 Jewelry 10:15AM-12:00PM Calligraphy & Canvas Painting	9:15AM-12:00PM 28 Knots & Threads & Music & Convo	9:15AM-10:00AM 29 Bingo 10:15AM-11:45AM Golden Chefs: Chicken Enchilada	9:15AM-11:00AM 30 Cognifit 10:00AM -11:00AM Fitness Video	



EVENTS

SEEDS OF FRIENDSHIP SOCIAL

Date: Friday, April 10

Time: 9:00 AM - 12:00 PM

Put on your favorite spring colors and join us for a warm, cheerful gathering. Enjoy good conversation, connect with others, and—if you'd like—take part in a casual potluck. We'll also be planting seeds in individual pots for you to take home and watch grow.

SENIOR GAME DAY

Date: Monday, April 20

Time: 9:15 AM - 11:00 AM

Join us for Senior Game Day and enjoy board games, card games, and a bit of friendly competition.

GOLDEN CHEFS: CHICKEN ENCHILADAS

Date: Wednesday, April 29

Time: 10:15 AM -11:00 AM


Learn how to make fast and easy chicken enchiladas.

PAUL "CAP" CAPRIOGLIO CENTER

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 (559) 621-7529



SCAN TO SEE MORE EVENTS



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).