



# CAMP FRESNO PREP & PACK



## GENERAL GUIDANCE

Camp Fresno is an active outdoor program in the Sierra National Forest at high elevation. Clothes and shoes will get dirty. Send comfortable, weather appropriate items that are not new or expensive. Campers are responsible for their own belongings.

To reduce our lost and found, label every item with your camper's first and last name (including water bottles, jackets, towels, electronics, flashlights, etc.).

**If your family needs support obtaining recommended supplies,** please let staff know during your Camp Registration meeting. Basic supplies will be provided on an as needed basis to ensure all youth are able to attend camp.



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## IMPORTANT SAFETY NOTES

- **No aerosol products of any kind**, including bug spray, sunscreen, deodorant, and body sprays. All products must be **pump, lotion, or stick** so they can pass our required security checks.
- **No weapons, knives, or sharp tools.** Any weapon, knife, or similar item found during security checks will be disposed of.
- **No personal electronics charging.** There is **no public Wi-Fi at camp**, and charging outlets are **reserved for medical devices and essential camp operations.** Please do not send devices that need regular charging.
- All medications (including over-the-counter) are required to be checked in and stored with on-site medical personnel.
- Campers will be transported via charter bus. Some campers may experience motion sickness.

## ITEMS NOT ALLOWED AT CAMP

- Any **aerosol products** (bug spray, sunscreen, deodorant, body sprays).
- Knives or blades of any kind (including pocketknives and multitools).
- Fireworks, lighters, matches, or anything that produces an open flame.
- Tobacco, alcohol, vaping products, or illegal substances.
- Weapons or imitation weapons (including toy guns, archery sets, etc.).
- **Non-medical electronics that can be lost or damaged**, or that require charging or Wi-Fi (gaming devices, tablets, phones, laptops, etc.).
- Camp staff reserve the right to remove any items that are found to present a safety hazard of any kind.

## PARENT/GUARDIAN NOTES

- Camp is outdoors, active, and at higher elevation. Sun is stronger, and campers may tire more quickly. **Talk with your camper about drinking water, wearing sunscreen, and following staff instructions.**
- Expect clothes and shoes to come home dirty or stained. **Please do not send new or delicate items.**
- Campers are expected to care for their belongings. **Packing together and labeling items are the best ways to prevent loss.**
- If your camper has specific medical, developmental, or behavioral needs, please share this during your **Camper Registration meeting**, and follow all medication packing instructions from staff.



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## RECOMMENDED SUPPLIES: DAY CAMPS (12-HOURS)

Campers are encouraged to bring:

- Bug spray (**nonaerosol**: pump or lotion only)
- Sunscreen (**nonaerosol**: SPF 30 or higher recommended)
- Refillable water bottle (labeled with Camper's name)
- Towel (for sweat, messy activities, and possible minor/onsite water play)
- Closed toed shoes for walking and outdoor activities
- Extra socks
- Hat or cap for sun protection
- Light jacket or sweatshirt (mornings can be cool)

We recommend campers arrive having eaten breakfast, **already wearing sunscreen and bug spray**, with extra non-aerosol product packed for reapplication. Bug spray and sunscreen will be available at camp for reapplication.





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## RECOMMENDED SUPPLIES: OVERNIGHT CAMPS (2-DAYS/1-NIGHT)

Campers are encouraged to bring the following:

### Clothing and Footwear

- Clean clothes and undergarments for **2 days / 1 night**
- Warm clothing for evening/morning (sweatshirt and pants)
- Extra T-shirt and shorts for outdoor play
- Closed-toed shoes for walking and activities
- Extra socks (at least one extra pair)
- Hat or cap for sun protection
- Light jacket or fleece

### Water and Sun Protection

- Bug spray (**nonaerosol**: pump or lotion only)
- Sunscreen (**nonaerosol**: SPF 30 or higher recommended)
- Refillable water bottle (labeled with camper's name)
- Bug spray and sun screen will be available at camp for reapplication

### Bedding and Night Items

- Pillow & Sleeping bag (or equivalent warm bedding)

### Toiletries

- Shampoo and conditioner
- Soap or body wash
- Toothbrush and toothpaste
- Deodorant (stick or rollon only; no aerosols)
- Hairbrush or comb
- Other personal hygiene items as needed
- Towel and washcloth

### Waterplay Clothing (onsite ONLY)

This season, there will be no **Shaver Lake trip**, but there may be **onsite water/splash activities**.

- One set of clothes that can get wet (older shorts and T-shirt)
- *Highly Optional*: secure water friendly sandals/shoes (no flipflops). These are for on-site water activities only; campers will be required to wear closed-toe shoes at all other times.

\*Supplies can be provided on an as needed basis.

Questions? Please call (559) 621-7529  
[www.fresno.gov/campfresno](http://www.fresno.gov/campfresno)