



# SENIOR PROGRAM ACTIVITIES

## MARCH 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

### Pinedale

7170 N. San Pablo Ave.  
Fresno, CA. 93650

**(559) 974-6720**

#### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

#### Arts and Crafts

#### Exercise Classes

#### Informational Workshops

#### Social Games

#### Stay Connected

[www.fresno.gov/parks](http://www.fresno.gov/parks)

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	MON	TUE	WED	THU	FRI
	<p>9:30AM-10:30AM <b>2</b> Fitness &amp; Online Adventures: Lost Treasures of Arabia 9:15AM-11:00AM Pre-Drawn Festive Canvas Paint</p>	<p>9:15AM-10:15AM <b>3</b> Senior Input Chat 10:15AM-11:00AM Bingo</p>	<p>9:30AM-10:30AM <b>4</b> Fitness 9:15AM-11:00AM Lucky Hat Painting</p>	<p>9:15AM-10:00AM <b>5</b> Lucky Totes 10:15AM-11:00AM Jewelry &amp; Tech Support</p>	<p>9:15AM-11:00AM <b>6</b> Diamond Art &amp; Weekly Rewind</p>
	<p>9:30AM-10:30AM <b>9</b> Fitness 10:15AM-11:00AM Trivia</p>	<p>9:15AM-10:00AM <b>10</b> Karaoke 10:15AM-11:00AM Bingo</p>	<p>9:30AM-10:30AM <b>11</b> Fitness 9:15AM-11:00AM Digging for Gold Painting</p>	<p>9:15AM-10:00AM <b>12</b> Jewelry &amp; Tech Support 10:15AM-11:00AM Festive Pens</p>	<p>9:15AM-11:00AM <b>13</b> Diamond Art &amp; Weekly Rewind</p>
	<p>9:30AM-10:30AM <b>16</b> Fitness 10:15AM-11:00AM Trivia</p>	<p>9:30AM-10:30AM <b>17</b> Pot O' Gold Hunt &amp; Shamrock Shakes</p>	<p>9:30AM-10:30AM <b>18</b> Fitness 9:15AM-11:00AM Clover Vase Painting</p>	<p>9:15AM-10:00AM <b>19</b> Lucky Candles 10:00AM-10:45AM Pedestrian Safety Presentation</p>	<p>9:15AM-11:00AM <b>20</b> Diamond Art &amp; Weekly Rewind</p>
	<p>9:30AM-10:30AM <b>23</b> Fitness 10:15AM-11:00AM Golden Chefs: Shrimp Cocktail</p>	<p>9:15AM-10:00AM <b>24</b> Indoor Table Games 10:15AM-11:00AM Bingo</p>	<p>9:30AM-10:30AM <b>25</b> Fitness 9:15AM-11:00AM Mind's Eye Art Painting</p>	<p>9:15AM-10:00AM <b>26</b> Shamrock Soaps 10:15AM-11:00AM Jewelry &amp; Tech Support</p>	<p>9:15AM-11:00AM <b>27</b> Diamond Art Seniors Choice of Movie &amp; Weekly Rewind</p>
	<p>9:30AM-10:30AM <b>30</b> Fitness 10:15AM-11:00AM Trivia</p>	<p>9:15AM-10:00AM <b>31</b> Karaoke 10:15AM-11:00AM Bingo</p>			



## PINEDALE

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 (559) 621-7529

# EVENTS

## POT O' GOLD HUNT-ALL SENIOR SITES

**Date:** Tuesday, March 17

**Time:** 9:30AM-10:30AM

Join us for a festive adventure as we search for shiny gold coins hidden throughout the center!

## PEDESTRIAN SAFETY PRESENTATION-PINEDALE

**Date:** Thursday, March 19

**Time:** 10:00AM-10:45AM

Learn pedestrian safety tips from our Office of Traffic Safety Team.

## GOLDEN CHEFS: SHRIMP COCKTAIL-PINEDALE

**Date:** Monday, March 23

**Time:** 10:15AM- 11:00AM

Learn how to make a healthy snack using shrimp!

## HOT MEALS SERVED: MONDAY – FRIDAY AT 11:15 AM CALL (559) 974-6720 TO RESERVE

Senior Hot Meals are FREE for anyone 60 years or older. Anyone under 60 can buy a meal for \$7.45. Please note the meals are on a reservation system. You must make a reservation at a senior site of your choice in person or over the phone by 11:30 AM, one day prior to the day you want to eat. You will complete an FMAAA registration form on site the first day of receiving meal. Meals are served for only 30 minutes after the start of the serving time.

**SCAN TO  
SEE MORE  
EVENTS**



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).