



# SENIOR PROGRAM ACTIVITIES MARCH 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

## Paul "Cap" Caprioglio Center

5191 N. 6th Street  
Fresno, Ca 93710

**(559) 621-2991**

### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

### Arts and Crafts

### Exercise Classes

### Informational Workshops

### Social Games

### Stay Connected

[www.fresno.gov/parks](http://www.fresno.gov/parks)

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MON	TUE	WED	THU	FRI
<p><b>2</b></p> <p>9:15AM-10:00AM Jewelry</p> <p>10:15AM-12:00PM Calligraphy</p>	<p><b>3</b></p> <p>9:15AM-12:00PM Knots &amp; Threads</p> <p>10:15AM-12:00PM Mind's Eye Art Painting</p>	<p><b>4</b></p> <p>9:15AM-10:00AM Bingo</p> <p>10:15AM-11:15AM Senior Input Chat</p> <p>10:15AM-12:00PM Custom Masks</p> <p>Online Adventures: Lost Treasures of Arabia</p>	<p><b>5</b></p> <p>9:15AM-11:00AM Seniors Choice of Movie</p> <p>11:15AM-12:00PM Fitness Video</p>	<p><b>6</b></p> <p>9:15AM-12:00PM Diamond Art &amp; Weekly Rewind</p>
<p><b>9</b></p> <p>9:15AM-10:00AM Jewelry</p> <p>10:15AM-12:00PM DIY Kite Decorating</p>	<p><b>10</b></p> <p>9:15AM-12:00PM Knots &amp; Threads</p> <p>10:15AM-12:00PM Mind's Eye Art Painting</p>	<p><b>11</b></p> <p>9:15AM-10:00AM Bingo</p> <p>10:15AM-12:00PM Lucky Tote Bags</p>	<p><b>12</b></p> <p>9:15AM-11:00AM Indoor Games</p> <p>11:15AM-12:00PM Fitness Video</p>	<p><b>13</b></p> <p>9:15AM-12:00PM Diamond Art &amp; Weekly Rewind</p>
<p><b>16</b></p> <p>9:15AM-10:00AM Jewelry</p> <p>10:15AM-12:00PM Calligraphy</p>	<p><b>17</b></p> <p>9:30AM-10:30AM Pot O' Gold Hunt &amp; Shamrock Shakes</p>	<p><b>18</b></p> <p>9:15AM-10:00AM Bingo</p> <p>10:15AM-12:00PM Festive Wreath</p>	<p><b>19</b></p> <p>9:15AM-11:00AM Seniors Choice of Movie</p> <p>11:15AM-12:00PM Fitness Video</p>	<p><b>20</b></p> <p>9:15AM-12:00PM Diamond Art &amp; Weekly Rewind</p>
<p><b>23</b></p> <p>9:15AM-10:00AM Jewelry</p> <p>10:15AM-12:00PM Rock Painting</p>	<p><b>24</b></p> <p>9:15AM-10:00AM Mind's Eye Art Painting</p> <p>10:00AM-10:45AM Pedestrian Safety Presentation</p>	<p><b>25</b></p> <p>9:15AM-10:00AM Bingo</p> <p>10:15AM-12:00PM DIY Pens &amp; Golden Chefs Shrimp Cocktail</p>	<p><b>26</b></p> <p>9:15AM-11:00AM Indoor Games</p> <p>11:15AM-12:00PM Fitness Video</p>	<p><b>27</b></p> <p>9:15AM-12:00PM Diamond Art &amp; Weekly Rewind</p>
<p><b>30</b></p> <p>9:15AM-10:00AM Jewelry</p> <p>10:15AM-12:00PM Calligraphy</p>	<p><b>31</b></p> <p>9:15AM-12:00PM Knots &amp; Threads</p> <p>10:15AM-12:00PM Mind's Eye Art Painting</p>			



# EVENTS

## POT O' GOLD HUNT-ALL SENIOR SITES

**Date:** Tuesday, March 17

**Time:** 9:30AM-10:30AM

Join us for a festive adventure as we search for shiny gold coins hidden throughout the center!

## PEDESTRIAN SAFETY PRESENTATION-CAP CENTER

**Date:** Tuesday, March 24

**Time:** 10:00AM-10:45AM

Learn pedestrian safety tips from our Office of Traffic Safety Team.

## GOLDEN CHEFS: SHRIMP COCKTAIL-CAP CENTER

**Date:** Wednesday, March 25

**Time:** 10:15AM- 12:00PM

Learn how to make a healthy snack using shrimp!

## PAUL "CAP" CAPRIOGGIO CENTER

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 (559) 621-7529



**SCAN TO  
SEE MORE  
EVENTS**



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).