

# SENIOR PROGRAM ACTIVITIES FEBRUARY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

## Paul "Cap" Caprioglio Center

5191 N. 6th Street  
Fresno, Ca 93710  
(559) 621-2991

### Program Hours

Monday - Friday  
9:00 AM - 12:00 PM

### Arts and Crafts

### Exercise Classes

### Informational Workshops

### Social Games

## Stay Connected

 [www.fresno.gov/parks](http://www.fresno.gov/parks)

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MON	TUE	WED	THU	FRI
<b>2</b> 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Heart Soap	<b>3</b> 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	<b>4</b> 9:15AM-10:00AM Bingo 10:15AM-11:00AM Online Adventures: Cleopatras Final Secret 11:00AM-12:00PM Senior Input Hour	<b>5</b> 9:15AM-11:00AM Senior's Choice of Movie 10:00AM -11:00AM Fitness Video	<b>6</b> 9:15AM-12:00PM Diamond Art & Weekly Rewind
<b>9</b> 9:15AM-11:00AM Senior Paint Day: Cupcake Painting	<b>10</b> 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	<b>11</b> 9:15AM-10:00AM Bingo 10:15AM-11:45AM Tote Bags	<b>12</b> 9:15AM-11:00AM Indoor Games 10:00AM -11:00AM Fitness Video	<b>13</b> 9:30AM-11:00PM Palentine's Day 9:30AM-12:00PM Diamond Art & Weekly Rewind
<b>16</b> <b>Presidents' Day - Community Centers Closed</b>	<b>17</b> 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	<b>18</b> 9:15AM-10:00AM Bingo 10:15AM-11:45AM Festive Resin Coaster	<b>19</b> 9:15AM-11:00AM Senior's Choice of Movie 10:00AM -11:00AM Fitness Video	<b>20</b> 9:15AM-12:00PM Diamond Art & Weekly Rewind
<b>23</b> 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Calligraphy	<b>24</b> 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	<b>25</b> 9:15AM-10:00AM Bingo 10:15AM-11:45AM Heart Candles Golden Chefs: Strawberry Bites	<b>26</b> 9:15AM-11:00AM Indoor Games 10:00AM -11:00AM Fitness Video	<b>27</b> 9:15AM-12:00PM Diamond Art & Weekly Rewind



# EVENTS

## SENIOR PAINT DAY-VALENTINE CUPCAKE PAINTING-ALL SENIOR SITES

**Date:** Monday, February 9

**Time: 9:15AM-11:00AM**

Join us for a morning of instructed painting!

## PALENTINES DAY-POTLUCK-ALL SENIOR SITES

**Date:** Friday, February 13

**Time: 9:30AM-11:00AM**

Join us in spreading joy by making heartfelt cards for your pals at the center.

## CUPID'S GROOVE SENIOR DANCE-TED WILLS COMMUNITY CENTER

**Date:** Saturday, February 14, 2026

**Time: 1:00PM-4:00PM**

Everyone's invited to celebrate love, friendship, and community on the dance floor.

**HOT MEALS SERVED:  
MONDAY – FRIDAY AT 11:15 AM  
CALL (559) 974-6720 TO RESERVE**


Senior Hot Meals are FREE for anyone 60 years or older. Anyone under 60 can buy a meal for \$7.45. Please note the meals are on a reservation system. You must make a reservation at a senior site of your choice in person or over the phone by 11:30 AM, one day prior to the day you want to eat. You will complete an FMAAA registration form on site the first day of receiving meal. Meals are served for only 30 minutes after the start of the serving time.

## PAUL “CAP” CAPRIOGLIO CENTER

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 (559) 621-7529

**SCAN TO SEE MORE  
EVENTS**



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).