



Paul "Cap" Caprioglio Center

5191 N. 6th Street
Fresno, Ca 93710
(559) 621-2991

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

www.fresno.gov/parks

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SENIOR PROGRAM ACTIVITIES FEBRUARY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

MON	TUE	WED	THU	FRI
2 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Heart Soap	3 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	4 9:15AM-10:00AM Bingo 10:15AM-11:00AM Online Adventures: Cleopatras Final Secret 11:00AM-12:00PM Senior Input Hour	5 9:15AM-11:00AM Senior's Choice of Movie 10:00AM -11:00AM Fitness Video	6 9:15AM-12:00PM Diamond Art & Weekly Rewind
9 9:15AM-11:00AM Senior Paint Day: Cupcake Painting	10 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	11 9:15AM-10:00AM Bingo 10:15AM-11:45AM Tote Bags	12 9:15AM-11:00AM Indoor Games 10:00AM -11:00AM Fitness Video	13 9:30AM-11:00PM Palentine's Day 9:30AM-12:00PM Diamond Art & Weekly Rewind
16 Presidents' Day - Community Centers Closed	17 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	18 9:15AM-10:00AM Bingo 10:15AM-11:45AM Festive Resin Coaster	19 9:15AM-11:00AM Senior's Choice of Movie 10:00AM -11:00AM Fitness Video	20 9:15AM-12:00PM Diamond Art & Weekly Rewind
23 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Calligraphy	24 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	25 9:15AM-10:00AM Bingo 10:15AM-11:45AM Heart Candles Golden Chefs: Strawberry Bites	26 9:15AM-11:00AM Indoor Games 10:00AM -11:00AM Fitness Video	27 9:15AM-12:00PM Diamond Art & Weekly Rewind



EVENTS

SENIOR PAINT DAY-VALENTINE CUPCAKE PAINTING-ALL SENIOR SITES

Date: Monday, February 9

Time: 9:15AM-11:00AM

Join us for a morning of instructed painting!

PALENTINES DAY-POTLUCK-ALL SENIOR SITES

Date: Friday, February 13

Time: 9:30AM-11:00AM

Join us in spreading joy by making heartfelt cards for your pals at the center.

CUPID'S GROOVE SENIOR DANCE-TED WILLS COMMUNITY CENTER

Date: Saturday, February 14, 2026

Time: 1:00PM-4:00PM

Everyone's invited to celebrate love, friendship, and community on the dance floor.

**HOT MEALS SERVED:
MONDAY – FRIDAY AT 11:15 AM
CALL (559) 974-6720 TO RESERVE**

Senior Hot Meals are FREE for anyone 60 years or older. Anyone under 60 can buy a meal for \$7.45. Please note the meals are on a reservation system. You must make a reservation at a senior site of your choice in person or over the phone by 11:30 AM, one day prior to the day you want to eat. You will complete an FMAAA registration form on site the first day of receiving meal. Meals are served for only 30 minutes after the start of the serving time.

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 (559) 621-7529

**SCAN TO SEE MORE
EVENTS**



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).