



SENIOR PROGRAM ACTIVITIES

FEBRUARY 2026

Stay active, stay connected. Designed for seniors. All activities are free of charge.

Inspiration Park

5770 W Gettysburg Ave.
Fresno, CA 93722

(559) 691-1058

Program Hours

Monday - Friday
9:00 AM - 12:00 PM

Arts and Crafts

Exercise Classes

Informational Workshops

Social Games

Stay Connected

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| MON | TUE | WED | THU | FRI |
|---|---|--|---|--|
| 2 9:15AM-11:00AM 2 Hearts Painting & Music & Convo | 3 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Karaoke & Jewelry | 4 9:15AM-10:15AM Fitness 9:15AM-11:00AM Heart Key Chain & Heart Resin | 5 9:15AM-11:00AM Diamond Art Cards & Senior Input Hour 10:15AM-11:00AM Online Adventures Cleopatra's Final Secret | 6 9:30AM - 10:15 AM Fitness & Weekly Rewind 10:15AM-11:00AM Bingo |
| 9 9:15AM-11:00AM Senior Paint Day: Cupcake Painting & Music & Convo | 10 9:15AM-11:00AM Knots & Threads 10:15AM-10:45AM Financial Literacy Presentation | 11 9:15AM-10:15AM Fitness 9:15AM-11:00AM Heart Shape Soap Molds & Festive Pens | 12 9:15AM-11:00AM Diamond Art & Tote Bags | 13 9:30AM - 11:00 AM Palentine's Day 10:15AM-11:00AM Bingo |
| 16 Presidents' Day - Community Centers Closed | 17 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Karaoke & Jewelry | 18 9:15AM-10:15AM Fitness 9:15AM-11:00AM Festive Garden Stakes | 19 9:15AM-11:00AM Diamond Art | 20 9:30AM - 10:15 AM Fitness & Weekly Rewind 10:15AM-11:00AM Bingo |
| 23 9:15AM-11:00AM Love Birds Painting & Music & Convo | 24 9:15AM-11:00AM Knots & Threads 10:15AM-11:00AM Karaoke & Jewelry | 25 9:15AM-10:15AM Fitness 9:15AM-11:00AM Heart Candles | 26 9:15AM-11:00AM Diamond Art Golden Chefs: Strawberry Bites | 27 9:30AM - 10:15 AM Fitness & Weekly Rewind 10:15AM-11:00AM Bingo |



EVENTS

SENIOR PAINT DAY-VALENTINE CUPCAKE PAINTING-ALL SENIOR SITES

Date: Monday, February 9

Time: 9:15AM-11:00AM

Join us for a morning of instructed painting!

PALENTINES DAY-POTLUCK-ALL SENIOR SITES

Date: Friday, February 13

Time: 9:30AM-11:00AM

Join us in spreading joy by making heartfelt cards for your pals at the center.

CUPID'S GROOVE SENIOR DANCE-TED WILLS COMMUNITY CENTER

Date: Saturday, February 14, 2026

Time: 1:00PM-4:00PM

Everyone's invited to celebrate love, friendship, and community on the dance floor.

HOT MEALS SERVED:

MONDAY – FRIDAY AT 11:15 AM

CALL (559) 691-1058 TO RESERVE

Senior Hot Meals are FREE for anyone 60 years or older. Anyone under 60 can buy a meal for \$7.45. Please note the meals are on a reservation system. You must make a reservation at a senior site of your choice in person or over the phone by 11:30 AM, one day prior to the day you want to eat. You will complete an FMAAA registration form on site the first day of receiving meal. Meals are served for only 30 minutes after the start of the serving time.

INSPIRATION PARK



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(559) 621-7529

SCAN TO SEE MORE EVENTS



Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Request for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event. Please contact 621-PLAY (7529).