

Inspiration

3770 W. Gettysburg Ave. Fresno, Ca 93723



January–Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

Tai Chi w/ Pat Every Monday & Thursday 9:15 AM-10:00 AM

1



2

9:30AM - 10:15 AM
Fitness, Weekly Rewind & **Senior Input Hour 9:15AM-11:00AM Sip & Paint**

5

9:15AM-11:00AM
Painting

6

9:15AM-11:00AM
Knots & Threads & Music & Convo

7

9:15AM-10:15AM
Fitness
9:15AM-11:00AM
Karaoke & Jewelry

8

9:15AM-11:00AM
Diamond Art
9:15AM-10:00AM
Online Adventures: 30 Most Dangerous Animals

9

9:30AM - 10:15 AM
Fitness & Weekly Rewind
10:15AM-11:00AM
Bingo

12

9:15AM-11:00AM
Painting
Spirit Week: Pajama Day

13

9:15AM-11:00AM
Knots & Threads & **Spirit Week: Decades Day**

14

9:15AM-10:15AM
Fitness
9:15AM-11:00AM
Pens & Key Chain Resin
Spirit Week: Team Day

15

9:15AM-11:00AM
Diamond Art
Spirit Week: Flannel Day

16

9:30AM - 10:15 AM
Fitness & Weekly Rewind
Spirit Week: Formal Friday
10:15AM-11:00AM
Bingo

19



20

9:15AM-11:00AM
Knots & Threads & Music & Convo

21

9:15AM-10:15AM
Fitness
9:15AM-11:00AM
Karaoke & Jewelry

22

9:15AM-11:00AM
Diamond Art
Seniors Choice of Movie

23

9:30AM - 10:15 AM
Fitness & Weekly Rewind
10:15AM-11:00AM
Bingo

26

9:15AM-11:00AM
Painting

27

9:15AM-11:00AM
Knots & Threads & Music & Convo

28

9:15AM-10:15AM
Fitness
9:15AM-11:00AM
Trivia & Key Chain Charms

29

9:15AM-11:00AM
Diamond Art
9:30AM-10:30AM
Golden Chefs: Moose Tracks

30

9:30AM - 10:15 AM
Fitness & Weekly Rewind
10:15AM-11:00AM
Bingo

Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 691-1058

Program Questions:
(559) 621-7529

Senior Hot Meals Inspiration

Serving time: 11:15AM

Must reserve meal the day before by 11:30 AM

Senior Input Hour

Friday, January 2

9:15AM-10:15AM

Join in on the conversation to help us serve you better!

NEW ACTIVITY!

Knots & Threads

Every Tuesday

9:15AM-11:00AM

Bingo will be on Friday's & Diamond Art on Thursday's

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Pinedale

7170 N. San Pablo Ave. Fresno, CA. 93650



January–Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!



9:15AM-11:00AM
Diamond Art
& Weekly Rewind

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-2991

Program Questions:
(559) 621-7529

Senior Hot Meals Pinedale

Serving time: 11:15AM

Must reserve meal the day before by 11:30 AM

Senior Input Hour

Tuesday, January 6
9:15AM-10:15AM

Join in on the conversation to help us serve you better!

Monte Carlo Day

Friday, January 9
9:30AM-11:00AM

Play games and win prizes

Golden Chefs Moose Tracks

Monday, January 26
10:15AM-11:00AM

All activities are approximately 30-45 min long FREE OF CHARGE!				
			1	2
				9:15AM-11:00AM Diamond Art & Weekly Rewind
5	6	7	8	9
9:30AM-10:30AM Fitness & Online Adventures: 30 Most Dangerous Animals 9:15AM-11:00AM Paint By Numbers	9:15AM-10:15AM Senior Input Hour 10:15AM-11:00AM Bingo	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Painting	9:15AM-10:00AM Knots & Threads 10:15AM-11:00AM Candles	9:30AM-11:00AM Monte Carlo Day
12	13	14	15	16
9:30AM-10:30AM Fitness 9:15AM-11:00AM Custom Mugs & Sip & Paint Spirit Week: Pajama Day	9:15AM-10:00AM Karaoke 10:15AM-11:00AM Bingo Spirit Week: Decades Day	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Painting Spirit Week: Team Day	9:15AM-10:00AM Jewelry 10:15AM-11:00AM Soap Spirit Week: Flannel Day	9:15AM-11:00AM Diamond Art & Weekly Rewind Spirit Week: Formal Friday
19	20	21	22	23
	9:15AM-10:00AM Indoor Table Games 10:15AM-11:00AM Bingo	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Painting	9:15AM-10:00AM Knots & Threads 10:15AM-11:00AM Resin	9:15AM-11:00AM Diamond Art & Weekly Rewind
26	27	28	29	30
9:30AM-10:30AM Fitness 10:15AM-11:00AM Golden Chefs: Moose Tracks	9:15AM-10:00AM Karaoke 10:15AM-11:00AM Bingo	9:30AM-10:15AM Fitness 9:15 AM-11:00 AM Painting	9:15AM-11:00AM Jewelry 10:15AM-11:00AM Pens	9:15AM-11:00AM Diamond Art & Weekly Rewind

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Paul "Cap" Caprioglio Community Center

7170 N. San Pablo Ave. Fresno, CA. 93650



January-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!



Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 621-2991

Program Questions:
(559) 621-7529

Senior Input Hour

Wednesday, January 7
9:15AM-10:15AM

Join in on the conversation to help us serve you better!

Online Adventures: 30 Most Dangerous Animals

Wednesday, January 7
10:15AM-11:00AM

NEW ACTIVITY! Calligraphy

Monday January 5
10:15AM-12:00AM

			1	2
				9:15AM-12:00PM Diamond Art & Weekly Rewind
5 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Calligraphy	6 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	7 9:15AM-10:00AM Bingo 10:15AM-11:00AM Online Adventures: 30 Most Dangerous Animals 11:00AM-12:00PM Senior Input Hour	8 9:15AM-11:00AM Painting 10:00AM -11:00AM Fitness Video	9 9:15AM-12:00PM Diamond Art & Weekly Rewind
12 9:15AM-10:00AM Jewelry 10:15AM-12:00PM Soap Spirit Week: Pajama Day	13 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Spirit Week: Decades Day	14 9:15AM-10:00AM Bingo 10:15AM-11:45AM Fairy Wand Garden Stakes Spirit Week: Team Day	15 9:15AM-11:00AM Painting 10:00AM -11:00AM Fitness Video Spirit Week: Flannel Day	16 9:15AM-12:00PM Diamond Art & Weekly Rewind Spirit Week: Formal Friday
19 	20 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	21 9:15AM-10:00AM Bingo 10:15AM-11:00PM Financial Literacy Pres.	22 9:15AM-11:00AM Painting 10:00AM -11:00AM Fitness Video	23 9:15AM-12:00PM Diamond Art & Weekly Rewind
26 9:15AM-10:00AM Bingo 10:15AM-11:45AM Mugs	27 9:15AM-12:00PM Knots & Threads 11:15AM-12:00PM Music & Convo	28 9:15AM-10:00AM Bingo 10:15AM-11:45AM Pens & Golden Chefs: Moose Tracks	29 9:15AM-11:00AM Painting 10:00AM -11:00AM Fitness Video	30 9:15AM-12:00PM Diamond Art & Weekly Rewind

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Lafayette

1516 E. Princeton Ave. Fresno, CA. 93704



January–Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**All activities are
FREE OF CHARGE!**



Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-2934

Program Questions:

(559) 621-7529

Senior Hot Meals

Lafayette

Serving time: 11:30 AM

*Must reserve meal the day
before by 11:30 AM*

Virtual Travel: Peru

Wednesday, January 21

9:30AM-11:00AM

Senior Golden Chef:

Easy Guacamole!

Wednesday, January 28



9:30AM-11:00AM

January Birthday

Celebration: Italian Soda

Thursday, January 22

9:30AM-11:00AM

			1 	2 9:30AM-10:15AM Bingo 10:15AM-11:00AM 2026 Goals Round Table
5 9:30AM-10:00AM Fitness 9:30AM-11:00AM Diamond Art	6 9:30AM-10:00AM Trivia Competition 10:00AM-11:00AM Jewelry Crafting	7 9:30AM-10:15AM D.I.Y. Crafting: Decoupage Journals 10:15 AM-11:00 AM Financial Literacy Pres.	8 9:30AM-11:00AM Resin Studio: Earrings & Pens	9 9:30AM-10:15AM Bingo 10:15AM-11:15AM Senior Input Hour
12 9:30AM-10:00AM Fitness 9:30AM-11:00AM Diamond Art Spirit Week: Pajama Day	13 9:30AM-10:00AM Trivia Competition 10:00AM-11:00AM Jewelry Crafting Spirit Week: Decades Day	14 9:30AM-11:00AM D.I.Y. Crafting: Door Hangers Spirit Week: Team Day	15 9:30AM-11:00AM Tie Dye Workshop Spirit Week: Flannel Day	16 9:30AM-10:15AM Bingo 10:15AM-11:15AM Documentary: Unreal History Spirit Week: Formal Friday
19 	20 9:30AM-10:00AM Trivia Competition 10:00AM-11:00AM Jewelry Crafting	21 9:30AM-11:00AM Virtual Travel: Peru	22 9:30AM-10:00AM January Birthday Celebrations! 10:00AM-11:00AM Iron On Workshop	23 9:30AM-10:15AM Bingo 10:15AM-11:00AM Online Adventures: Travel Spain
26 9:30AM-10:00AM Fitness 9:30AM-11:00AM Diamond Art	27 9:30AM-11:00AM The Monthly Make-Up: Crafting/Workshop Make Up	28 9:30AM-11:00AM Senior Golden Chef: Easy Guacamole	29 9:30AM-11:00AM Farkle Workshop: Learn a new dice game with us!	30 9:30AM-10:15AM Bingo 10:15AM-11:00AM Documentary: Amtrack- Yellowstone to Yosemite

Services of an interpreter and additional accommodations such as assistive listening devices can be made available.

Requests for accommodations should be made more than five working days but no later than 48 hours prior to the

scheduled program/event.*Scheduled activities subject to change.*

Ted C. Wills

770 N. San Pablo Ave. Fresno, CA. 93728

January–Senior Activity Calendar



LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**All activities are
FREE OF CHARGE!**

**Tai Chi w/ Sly
Every Tuesday
10:15AM-11:15AM**



9:30AM-10:30AM
Jewelry Crafting
10:00AM-11:00AM
Karaoke

5 9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
DTF Tumblers

6 9:30AM-10:15AM
Bingo
**10:15AM-11:00AM
Financial Literacy Pres.**

7 9:30AM-11:00AM
January Birthday
Celebration!
Italian Sodas &
Diamond Art
New Pieces Available!

8 9:30AM-11:00AM
Movie Day!

9 9:30AM-10:30AM
Resin Workshop

12 9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Candle
Spirit Week: Pajama Day

13 9:30AM-10:15AM
Bingo
10:15AM-11:15AM
Senior Input Hour
Spirit Week: Decades Day

14 9:30AM-11:00AM
Diamond Art
New Pieces Available!
Spirit Week: Team Day

15 9:30AM-11:00AM
Senior Golden Chef:
Easy Guacamole
**Spirit Week:
Flannel Day**

16 9:30AM-10:30AM
Jewelry Crafting
10:00AM-11:00AM
Karaoke
**Spirit Week:
Formal Friday**



20 9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Walking Club

21 9:30AM-11:00AM
Diamond Art
New Pieces Available!

22 9:30AM-11:00AM
Sip & Paint
Theme: Love Birds

23 9:30AM-10:30AM
Iron On Workshop
10:30AM-11:00AM
Online Adventures:
Travel Spain

26 9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Heart Dreamcatchers

27 9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Walking Club

28 9:30AM-11:00AM
Diamond Art
New Pieces Available!
9:30AM-11:00AM
Pool Tournament

29 9:30AM-11:00AM
The Monthly Makeup
10:30AM-11:00AM
Online Adventure:
Unreal History

30 9:30AM-10:30AM
Jewelry Crafting
10:00AM-11:00AM
Karaoke

Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 621-6742

Program Questions:
(559) 621-7529

Senior Hot Meals

Ted Wills

Serving time: 11:15 AM

*Must reserve meal the day
before by 11:30 AM*

Resin Workshop

Friday, January 9
9:30AM-11:00AM

Senior Golden Chef: Easy Guacamole!

Thursday, January 15
9:30AM-11:00AM

Sip & Paint: Love Bird

Thursday, January 22
9:30AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available.
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scheduled program/event.*Scheduled activities subject to change.*

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA. 93703



January–Senior Activity Calendar

LOCATION INFORMATION

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

All activities are FREE OF CHARGE!			1 	2 10:00AM-11:00AM New Years Workshop: Vision Boards <i>Decorate a Vision Board with us!</i>	3 9:30AM-10:30AM Diamond Art (New Small Pieces Available) 11:00AM-11:45AM YouTube Trivia
5 9:30AM-10:15AM Crochet Club 11:00AM-11:45AM Short Story Book Club	6 9:30AM-10:15AM Table Talks 10:30AM-11:15AM D.I.Y. Crafting: Candle Making	7 9:30AM-10:30AM Puzzle Mania 11:00AM-11:45AM Senior Input Hour	8 10:00AM-10:45AM Bingo 11:30AM-12:30PM Diamond Art (New Small Pieces Available)	9 10:00AM-11:00AM: Birthday Celebrations Italian Soda & Jewelry Making	10 9:30AM-10:30AM Diamond Art (New Small Pieces Available) 11:00AM-11:45AM YouTube Trivia
12 9:30AM-10:15AM Crochet Club 11:00AM-11:45AM Short Story Book Club Spirit Week: Pajama Day	13 9:30 AM-10:15AM D.I.Y. Crafting: Decoupage Journals 10:15AM-11:00AM Financial Literacy Pres. Spirit Week: Decades Day	14 9:30AM-10:30AM Puzzle Mania 11:00AM-11:45AM Senior Stretch Spirit Week: Team Day	15 10:00AM-10:45AM Bingo 11:30AM-12:30PM Diamond Art (New Small Pieces Available) Spirit Week: Flannel Day	16 10:00AM-10:45AM Golden Chefs: Easy Guacamole 11:30PM-12:00PM Charades Spirit Week: Formal Friday	17 9:30AM-10:30AM Diamond Art (New Small Pieces Available) 11:00AM-11:45AM YouTube Trivia
19 	20 9:30AM-10:15AM Table Talks 10:30AM-11:15AM D.I.Y. Crafting: Valentine Door Signs	21 9:30AM-10:30AM Puzzle Mania 11:00AM-11:45AM Senior Stretch	22 10:00AM-10:45AM Bingo 11:30AM-12:30PM Diamond Art (New Small Pieces Available)	23 10:00AM-11:00AM Virtual Travel: Peru	24 9:30AM-10:30AM Diamond Art (New Small Pieces Available) 11:00AM-11:45AM YouTube Trivia
26 9:30AM-10:15AM Crochet Club 11:00AM-11:45AM Short Story Book Club	27 9:30AM-10:15AM Table Talks 10:30AM-11:15AM Monthly Makeup: Second chance for past crafts!	28 9:30AM-10:30AM Puzzle Mania 11:00AM-11:45AM Online Adventure: Travel Spain	29 10:00AM-10:45AM Bingo 11:30AM-12:30PM Diamond Art (New Small Pieces Available)	30 10:00AM-10:45AM Card Making Workshop <i>Create Valentine's Cards from scratch with us!</i>	31 9:30AM-10:30AM Diamond Art (New Small Pieces Available) 11:00AM-11:45AM YouTube Trivia

Hours & Phone Numbers

Monday-Saturday

9 AM - 3 PM

Site: (559) 267-6670

Program Questions:
(559) 621-7529

Free Technology Assistance:

Monday-Saturday
9:00AM-3:00PM

Call: (559) 267-6670
for an Appointment!

Senior Golden Chef:

Easy Guacamole!

Friday, January 16
10:00AM-11:30AM

Card Making Workshop

Friday, January 30

10:00AM-11:30AM

*Create Valentine's Cards from
scratch with us!*

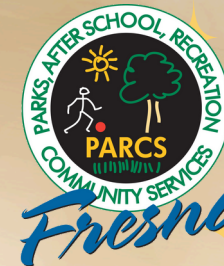
Services of an interpreter and additional accommodations such as assistive listening devices can be made available.

Requests for accommodations should be made more than five working days but no later than 48 hours prior to the

scheduled program/event.*Scheduled activities subject to change.*



The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA. 93703



January–Senior Afternoon Activity Calendar

LOCATION INFORMATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All activities are FREE OF CHARGE!			1 	2 1:00PM-2:00PM Karaoke	3 12:30PM-2:30PM The Link Theatre
5 1:00PM-1:45PM Documentary: Unreal History	6 1:00PM-1:45PM Board & Brew: Learn a new game with us!	7 1:00PM-1:45PM Resin Workshop	8 1:00PM-2:00PM Jewelry Making	9 12:00PM-1:30PM Coffee & Canvas: Love Birds	10 12:30PM-2:30PM The Link Theatre
12 1:00PM-1:45PM Documentary: Explore the Brain	13 12:30PM-3:00PM Closed For Staff Meeting	14 1:00PM-1:45PM Monopoly	15 1:00PM-2:00PM Jewelry Making	16 1:00PM-2:00PM Karaoke	17 12:30PM-2:30PM The Link Theatre
19 	20 1:00PM-1:45PM Board & Brew: Learn a new game with us!	21 1:00PM-1:45PM Air Dry Clay Workshop	22 1:00PM-2:00PM Jewelry Making	23 1:30PM-2:00PM Cornhole (Open Play)	24 12:30PM-2:30PM The Link Theatre
26 1:00PM-1:45PM Documentary: Amtrack: Yellowstone to Yosemite	27 1:00PM-1:45PM Board & Brew: Learn a new game with us!	28 1:00PM-1:45PM Charades	29 1:00PM-2:00PM Jewelry Making	30 1:00PM-2:00PM Karaoke	31 12:30PM-2:30PM The Link Theatre

Hours & Phone Numbers

Monday-Saturday
9 AM - 3 PM

Site: (559) 267-6670

Program Questions:
(559) 621-7529

Closed for Staff Meeting

Tuesday, January 13
12:30PM-3:00PM
Sorry for the
inconvenience!

Daily Center Amenities:

- Refreshments
- Craft Station
- Paint Corner
- 11x16 Diamond Art
- Brain Game Pages
- Board Games
- Crochet Hooks & String
- Tablets

Services of an interpreter and additional accommodations such as assistive listening devices can be made available.

Requests for accommodations should be made more than five working days but no later than 48 hours prior to the

scheduled program/event.*Scheduled activities subject to change.*

Mosqueda

4670 E. Butler Ave. Fresno, CA. 93702



January–Senior Activity Calendar

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOCATION INFORMATION

All activities are approximately 30-45 min long FREE OF CHARGE!					1 	2 9:30AM-10:30AM Fitness 10:15AM-11:00AM Leftover Crafts
5 9:30AM-10:30AM Senior Input Hour 10:15AM-11:00AM DIY Garden Stakes	6 9:30AM-10:30AM Bingo 10:15AM-11:00AM Fitness for All	7 9:30AM-10:30AM Nails Day 10:15AM-11:00AM Karaoke	8 9:00AM-10:00AM Tai Chi w/ Sly 10:00 AM-11:00AM Tai Chi w/ Art 10:15AM-11:00AM Board Games	9 9:30AM-10:30AM Fitness 10:15AM-11:00AM Leftover Crafts		
12 9:30AM-10:30AM Diamond Art 10:15AM-11:00AM Coin Purses Spirit Week: Pajama Day	13 9:30AM-10:30AM Bingo 10:15AM-11:00AM Trivia Spirit Week: Decades Day	14 9:30AM-10:30AM Candle Making 10:15AM-11:00AM Seniors Choice Spirit Week: Team Day	15 9:00AM-10:00AM Tai Chi w/ Sly 10:00 AM-11:00AM Tai Chi w/ Art 9:00AM-12:00PM Spirit Week: Flannel Day	16 9:30AM-10:30AM Fitness 10:15AM-11:00AM Yogurt Bark Spirit Week: Formal Friday		
19 	20 9:30AM-10:30AM Bingo 10:15AM-11:00AM Fitness for All	21 9:30AM-10:30AM Resin Molds 10:15AM-11:00AM Karaoke	22 9:00AM-10:00AM Tai Chi w/ Sly 10:00 AM-11:00AM Tai Chi w/ Art 10:15AM-11:00AM Board Games	23 9:30AM-10:30AM Fitness 10:15AM-11:00AM Online Adventures: Connecticut		
26 9:30AM-10:30AM Diamond Art 10:15AM-11:00AM Sip & Paint	27 9:30AM-10:30AM Bingo 10:15AM-11:00AM Financial Literacy Pres.	28 9:30AM-10:30AM Fitness for All 10:15AM-11:00AM Seniors Choice	29 9:00AM-10:00AM Tai Chi w/ Sly 10:00 AM-11:00AM Tai Chi w/ Art 10:15AM-11:00AM Board Games	30 9:30AM-10:30AM Fitness 10:15AM-11:00AM Golden Chef: Overnight Oats		

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 417-2341

Program Questions:

(559) 621-7529

Senior Hot Meals Mosqueda

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

Yogurt Bark

Friday, January 16

10:15AM-11:00AM

Mosqueda

Online Adventures: Connecticut

Friday, January 23

10:15AM-11:00AM

Mosqueda

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mary Ella Brown

1350 E. Annadale Ave. Fresno, CA. 93706



January–Senior Activity Calendar

LOCATION INFORMATION



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are FREE OF CHARGE!					1			2	9:15AM-10:00AM Dominoes 10:15AM-11:00AM Virtual Bowling
5	9:30AM-10:30AM Jewelry Making 10:15AM-11:00AM Trivia	6	9:15AM-10:00AM Fitness 10:15AM-11:00AM Seniors Choice	7	9:15AM-10:00AM DIY Candles 10:15AM-11:00AM Senior Input Hour	8	9:15AM-10:00AM Bingo 10:15AM-11:00AM Fitness	9	9:15AM-10:00AM Dominoes 10:15AM-11:00AM Leftover Crafts
12	9:30AM-10:30AM Jewelry Making 10:15AM-11:00AM Wheel of Fortune Spirit Week: Pajama Day	13	9:15AM-10:00AM Fitness 10:15AM-11:00AM Seniors Choice Spirit Week: Decades Day	14	9:15AM-10:00AM DIY Resin Molds 10:15AM-11:00AM Yogurt Bark Spirit Week: Team Day	15	9:15AM-10:00AM Bingo 10:15AM-11:00AM Fitness Spirit Week: Flannel Day	16	9:15AM-10:00AM Dominoes 10:15AM-11:00AM Virtual Bowling Spirit Week: Formal Friday
19		20	9:15AM-10:00AM Fitness 10:15AM-11:00AM Financial Literacy Pres.	21	9:15AM-10:00AM DIY Sugar Scrub 10:15AM-11:00AM Online Adventures: Connecticut	22	9:15AM-10:00AM Bingo 10:15AM-11:00AM Fitness	23	9:15AM-10:00AM Dominoes 10:15AM-11:00AM Leftover Crafts
26	9:30AM-10:30AM Jewelry Making 10:15AM-11:00AM Wheel of Fortune	27	9:15AM-10:00AM Fitness 10:15AM-11:00AM Seniors Choice	28	9:15AM-10:00AM DIY Garden Stakes 10:15AM-11:00AM Golden Chef: Overnight Oats	29	9:15AM-10:00AM Bingo 10:15AM-11:00AM Fitness	30	9:15AM-10:00AM Dominoes 10:15AM-11:00AM Virtual Bowling

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 497-1326

Program Questions:

(559) 621-7529

Senior Hot Meals

Mary Ella Brown

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

Yogurt Bark

Wednesday, January 14

10:15AM-11:00AM

Mary Ella Brown

Online Adventures:

Connecticut

Wednesday, January 21

10:15AM-11:00AM

Mary Ella Brown

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Senior Citizens Village

1917 S. Chestnut Ave. Fresno, CA. 93702



January–Senior Activity Calendar

LOCATION INFORMATION



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!		Tai Chi w/ Sly Every Wednesday 9:15AM-10:00AM	1 	2 9:15AM-10:00AM Beadwork 10:15AM-10:45AM Sand Art 11:00AM-11:45AM Seniors Choice
5 9:15AM-10:00AM Fitness 10:30AM Food Giveaway	6 9:15AM-10:00AM Morning Walk 10:15AM-10:45AM Senior Input Hour 11:00AM-11:45AM Board Games	7 10:15AM-10:45AM Watercolors 11:00AM-11:45AM Open Rec	8 9:15AM-10:00AM Morning Stretch 10:15AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	9 9:15AM-10:00AM Beadwork 10:15AM-10:45AM Sand Art 11:00AM-11:45AM Seniors Choice
12 9:15AM-10:00AM Fitness 10:30AM Food Giveaway Spirit Week: Pajama Day	13 9:15AM-10:00AM Morning Walk 10:15AM-10:45AM Yogurt Bark Spirit Week: Decades Day	14 9:15AM-10:15AM Sip & Paint 10:15 AM-11:00AM Financial Literacy Pres. Spirit Week: Team Day	15 9:15AM-10:00AM Morning Stretch 10:15AM-10:45AM Bingo Spirit Week: Flannel Day	16 9:15AM-10:00AM Beadwork 10:15AM-10:45AM Sand Art Spirit Week: Formal Friday
19 	20 9:15AM-10:00AM Morning Walk 10:15AM-10:45AM Online Adventures: Connecticut 11:00AM-11:45AM Board Games	21 10:15AM-10:45AM Glitter Hearts 11:00AM-11:45AM Open Rec	22 9:15AM-10:00AM Morning Stretch 10:15AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	23 9:15AM-10:00AM Beadwork 10:15AM-10:45AM Soap Making 11:00AM-11:45AM Seniors Choice
26 9:15AM-10:00AM Fitness 10:15AM-10:45AM Diamond Art 11:00AM-11:45AM Studio Arts	27 9:15AM-10:00AM Morning Walk 10:15AM-10:45AM Golden Chef: Overnight Oats 11:00AM-11:45AM Board Games	28 10:15AM-10:45AM DIY Candles 11:00AM-11:45AM Open Rec	29 9:15AM-10:00AM Morning Stretch 10:15AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	30 9:15AM-10:00AM Beadwork 10:15AM-10:45AM Valentines Necklace 11:00AM-11:45AM Seniors Choice

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 538-5232

Program Questions:

(559) 621-7529

Food Distribution

Senior Citizens Village

Monday 1/5 at 10:30AM

Monday 1/12 at 10:30AM

Yogurt Bark

Tuesday, January 13

10:15AM-10:45AM

Senior Citizens Village

Sip & Paint

Wednesday, January 14

10:15AM-10:45AM

Senior Citizens Village

Online Adventures: Connecticut

Tuesday, January 20

10:15AM-10:45AM

Senior Citizens Village

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