

Inspiration

5770 W. Gettysburg Ave. Fresno, CA. 93723



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

**Tai Chi w/Pat
9:30 AM
Every Monday & Thursday**

1 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
Tech Support
10:15AM-11:00AM
Bingo

2 9:15AM-10:00AM
Online Adventures: Most Haunted Houses on Earth
10:15AM-11:00AM
Wii Games & **Senior Input Hour**

3 9:30AM - 10:15 AM
Fitness
10:15AM-11:00AM
Diamond Art: Halloween Coasters

6 9:15AM-11:00AM
Cat in the Moonlight Painting

7 9:30AM-11:00AM
Fall Tumbler with Straw

8 9:15AM-10:15AM
Fitness
**9:15AM-10:00AM
Zoo Mobile**
10:15AM-11:00AM
Bingo

9 9:15AM-10:00AM
Online Trivia
10:15AM-11:00AM
Wii Games

10 9:30AM - 10:15 AM
Fitness
10:15AM-11:00AM
Diamond Art: Hanging Sign

13 9:15AM-11:00AM
Happy Pumpkin Painting

14 10:15AM-11:00AM
DIY Spooky Pens

15 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
CogniFit
10:15AM-11:00AM
Bingo

16 9:15AM-10:00AM
Online Trivia
10:15AM-11:00AM
Wii Games

17 9:30AM - 10:15 AM
Fitness
10:15AM-11:00AM
Diamond Art: Spooky Key Chains

20 9:15AM-11:00AM
Haunted House Painting

21 10:15AM-11:00AM
Wood Craft Painting

22 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
Tech Support
10:15AM-11:00AM
Bingo

23 9:15AM-10:00AM
Online Trivia
10:15AM-11:00AM
Wii Games

24 9:30AM - 10:15 AM
Fitness
10:15AM-11:00AM
Spooky Garden Stakes

27 9:15AM-11:00AM
Witch Painting

28 10:15AM-11:00AM
Spooky Soap

29 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
CogniFit
10:15AM-11:00AM
Bingo

30 9:15AM-10:00AM
Skull coloring projects
**10:15AM-11:00AM
Golden Chefs:
Cookie Witch Hats**

3 **9:30AM-12:00PM
Senior Boo Bash & Potluck**
**9:15AM-10:00AM
Spooky Trail Mix**

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 691-1058

Program Questions:
(559) 621-7529

Senior Hot Meals Inspiration

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

Octobers Golden Chefs:

Cookie Witch Hats

Thursday, October 30
10:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

Senior Boo Bash & Potluck

Friday October 31

9:30AM-12:00PM

Enjoy a potluck with other seniors & make your own Spooky Trail Mix

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Pinedale

7170 N. San Pablo Ave. Fresno, CA. 93650



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!		1 9:30AM-10:15AM Fitness 10:15AM-11:00AM Pumpkin Painting	2 9:15 AM-10:00 AM Online Adventures: Most Haunted Houses on Earth 9:15 AM-11:00 AM Resin & Senior Input Hour	3 9:15AM-11:00AM Seniors Choice
6 9:40AM-10:25AM Fitness 10:15AM-11:00AM Custom Witch Hats	7 9:15AM-10:00AM Zoo Mobile 10:15AM-11:00AM Bingo	8 9:30AM-10:15AM Fitness 10:15AM-11:00AM Jewlery	9 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM DIY Spooky Pens	10 9:15AM-11:00AM Seniors Choice of Movie
13 9:40AM-10:25AM Fitness 10:15AM-11:00AM Football Hanging Sign	14 9:15AM-10:00AM Jewlery 10:15AM-11:00AM Bingo	15 9:30AM-10:15AM Fitness 10:15AM-11:00AM Cat Painting	16 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM DIY Tumbler	17 9:15AM-11:00AM Seniors Choice
20 9:40AM-10:25AM Fitness 10:15AM-11:00AM Pumpkin Sign	21 9:15AM-10:00AM Online Trivia 10:15AM-11:00AM Bingo	22 9:30AM-10:15AM Fitness 10:15AM-11:00AM Jewlery	23 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM Spooky Garden Wands	24 9:15AM-11:00AM Seniors Choice of Movie
27 9:40AM-10:25AM Fitness 10:15AM-11:00AM Pumpkin Picture Frames	28 9:15AM-10:00AM Jewlery 10:15AM-11:00AM Bingo	29 9:15AM-10:00AM Golden Chefs: Cookie Witch Hats 10:15AM-11:00AM Haunted House Painting	30 9:15-11:00 Personal Pizza	31 9:30AM-12:00PM Senior Boo Bash & Potluck 9:15AM-10:00AM Spooky Trail Mix

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 974-6720

Program Questions:
(559) 621-7529

Senior Hot Meals Pinedale

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

Octobers Golden Chefs:

Cookie Witch Hats

Wednesday, October 29
9:15 A.M.-10 A.M.

****FIRST COME FIRST SERVE****

Senior Boo Bash & Potluck

Friday October 31

9:15AM-12:00PM

Enjoy a potluck with other seniors & make your own Spooky Trail Mix

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Paul "Cap" Caprioglio Community Center

5191 N. Sixth St. Fresno, CA 93710



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 974-6720

Program Questions:

(559) 621-7529

Octobers Golden Chefs:

Cookie Witch Hats

Wednesday, October 29

10:15 A.M.-11:45 A.M.

****FIRST COME FIRST SERVE****

Online Adventures

Wednesday October 1

9:15AM-10:00AM

Enjoy a potluck with other

seniors & make your own

Spooky Trail Mix

Senior Boo Bash & Potluck

Friday October 31

9:30AM-12:00PM

Enjoy a potluck with other

seniors & make your own

Spooky Trail Mix

All activities are approximately 30-45 min long FREE OF CHARGE!

1
9:15 AM-10:00 AM
Bingo
10:15AM-11:00AM
Online Adventures: Most Haunted Houses on Earth
11:15AM-12:00PM
Spooky Pens & **Senior Input Hour**

2
9:30AM-10:30AM
Fitness Video
10:30AM-12:00PM
Painting Techniques

3
9:15AM-10:00AM
Online Trivia
10:15M-12:00AM
Seniors Choice

6
9:15AM-12:00PM
KNOTS & THREADS
11:15AM-12:00PM
Music & Convo

7
9:15AM-10:00AM
Diamond Art
10:15AM-11:00AM
DIY Tumbler

8
9:15AM-10:00AM
Bingo
10:15AM-11:45AM
Spooky Ghost

9
9:30AM-10:30AM
Fitness Video
10:30AM-12:00PM
Painting Techniques

10
9:15AM-10:00AM
CogniFit
10:15AM-12:00AM
Seniors Choice

13
9:15AM-12:00PM
KNOTS & THREADS
11:15AM-12:00PM
Music & Convo

14
9:15AM-10:00AM
Jewelry
10:15AM-11:00AM
DIY Coffee Cups

15
9:15AM-10:00AM
Bingo
10:15AM-11:45AM
Iron On Tote Bags

16
9:30AM-10:30AM
Fitness Video
10:30AM-12:00PM
Painting Techniques

17
9:15AM-10:00AM
Online Trivia
10:15AM-12:00AM
Seniors Choice

20
9:15AM-12:00PM
KNOTS & THREADS
11:15AM-12:00PM
Music & Convo

21
9:15AM-10:00AM
Diamond Art
10:15AM-11:00AM
Indoor Fun

22
9:15AM-10:00AM
Bingo
10:15AM-11:45AM
Spooky Soap Molds
& **Zoo Mobile**

23
9:30AM-10:30AM
Fitness Video
10:30AM-12:00PM
Painting Techniques

24
9:15AM-10:00AM
CogniFit
10:15AM-12:00AM
Seniors Choice

27
9:15AM-12:00PM
KNOTS & THREADS
11:15AM-12:00PM
Music & Convo

28
9:15AM-10:00AM
Jewelry
10:15AM-11:00AM
Indoor Fun

29
9:15AM-10:00AM
Bingo
10:15AM-11:45AM
Golden Chefs: Cookie Witch Hats

30
9:30AM-10:30AM
Fitness Video
10:30AM-12:00PM
Canvas & Coffee

31
9:15AM-12:00PM
Senior Boo Bash & Potluck
9:15AM-10:00AM
Spooky Trail Mix

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Lafayette

1516 E. Princeton Ave. Fresno, CA. 93704



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

1 9:30AM-10:00AM
Zoo Mobile Visit
10:00AM-11:00AM
SENIOR SPORTS
via SWITCH

2 9:30AM-10:15AM
D.I.Y. Crafting:
Design your own Mug
10:15AM-11:00AM
Breast Cancer Awareness
Month Recognition

3 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
YouTube Trivia

6 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

7 9:30AM-10:15AM
Walking Club
10:15AM-11:00AM
Jewelry

8 9:30AM-11:00AM
Air Dry Clay
Workshop:
Ghost Lanterns

9 9:30AM-11:00AM
D.I.Y. Crafting:
Fall Wreath

10 9:30AM-10:15AM
Bingo
10:30AM-11:30AM
Senior Input Hour

13 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

14 9:30AM-10:15AM
Documentary Day:
Fresno: A City Reborn 1968
by Victor Gruen Associates
10:15AM-11:00AM
Jewelry

15 **9:30-11:00AM**
Senior Golden Chefs:
Pinwheels

16 9:30AM-11:00AM
D.I.Y. Crafting:
Trapped Skeleton
Candle Making

17 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
YouTube Trivia

20 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

21 9:30AM-10:15AM
Walking Club
10:15AM-11:00AM
Jewelry

22 9:30AM-11:00AM
Virtual Travel:
Germany

23 9:30AM-11:00AM
D.I.Y. Crafting:
Real Pumpkin
Decoupage & Painting

24 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
YouTube Trivia

27 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

28 **9:30AM-10:00AM**
Service Project: Boo Bags
for After School Kids!
10:30AM-11:00AM
Online (Haunted)
Adventures!

29 9:30AM-11:00AM
Air Dry Clay
Workshop:
Fall Trinket Trays

30 9:30AM-11:00AM
D.I.Y. Crafting:
Charcuterie
Pumpkins

31 **9:30AM-12:00PM**
Senior Boo Bash:
Potluck, Spooky Trail
Mix, & Bingo

Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 621-2934

Program Questions:
(559) 621-7529

Senior Hot Meals Lafayette

Serving time: 11:30 AM

*Must reserve meal the day
before by 11:30 AM*

Senior Golden Chef: Pinwheels

Wednesday, October 15
9:30AM-11:00AM
No Registration Required!

Monster Mash Senior Dance

Saturday, October 18
1:00PM-4:00PM
Location: Mosqueda
Community Center

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Ted C. Wills

770 N. San Pablo Ave. Fresno, CA. 93728



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

1
9:30AM-11:00AM
Diamond Art & Jewelry

2
9:30AM-10:15AM
Service Project:
Boo Bags for
After School Kids!
10:15AM-11:00AM
Speed Friending

3
9:30AM-10:00AM
1960's Throwback Trivia
10:00AM-11:00AM
Karaoke

Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 621-6742

Program Questions:
(559) 621-7529

Senior Hot Meals Ted Wills

Serving time: 11:15 AM
Must reserve meal the day before by 11:30 AM

Spooktacular Spirit Week

October 27th-31st
Best dressed wins a prize!
Monday: Hat Day
Tuesday: Throwback Day
Wednesday: Sports Day
Thursday: Pajama Day
Friday: Halloween Costumes

Monster Mash Senior Dance

Saturday, October 18
1:00PM-4:00PM
Location: Mosqueda Community Center

6
9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Fall-o-ween Door Signs

7
9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
10:15AM-11:15AM
Walking Club

8
9:30AM-11:00AM
Diamond Art & Jewelry

9
9:30AM-11:00AM
Movie Day:
Group Choice

10
9:30AM-10:30AM
Resin Workshop
10:30AM-11:00AM
Table Talks

13
9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Spooky Candles

14
9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
10:15AM-11:15AM
Senior Input Hour

15
9:30AM-11:00AM
Diamond Art & Jewelry

16
9:30-11:00AM
Senior Golden Chefs:
Single Serve
Pinwheels

17
9:30AM-10:00AM
Halloween Trivia Day!
10:00AM-11:00AM
Karaoke

20
9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Pumpkin Decoupage
and Painting

21
9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
10:15AM-11:15AM
Walking Club

22
9:30AM-11:00AM
Diamond Art & Jewelry

23
9:30AM-11:00AM
Bleach Tie Dye
Bonanza!

24
9:30AM-10:30AM
Iron On Workshop
10:30AM-11:00AM
Table Talks

27
9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting: Wine Glass
****Dress Up Theme:**
Hat Day!**

28
9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
****Dress Up Theme:**
Throwback Tuesday**

29
9:30AM-11:00AM
Diamond Art & Jewelry
****Dress Up Theme:**
Sports Day!**

30
9:30AM-10:30AM
Charcuterie Pumpkin
10:15AM-11:00AM
Online Adventures
"Haunted America"
****Dress Up Theme:**
Pajama Day**

31
9:30AM-12:00PM
Senior Boo Bash:
Potluck, Spooky Trail
Mix & Karaoke
****Dress Up Theme:**
Halloween Costumes**

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

All activities are approximately 30-45 min long FREE OF CHARGE!		1 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	2 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	3 9:30AM-11:00AM Crochet Club 11:00AM-11:45AM Air Dry Clay Creations	4 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
6 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	7 9:30AM-10:00AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Acrylic Lamps	8 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Senior Input Hour	9 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	10 9:30AM-11:00AM Crochet Club 11:00AM-11:45AM Air Dry Clay Creations	11 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
13 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	14 9:30AM-10:00AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Fall-o-ween Printed Taper Candles	15 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	16 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	17 9:30-11:00AM Senior Golden Chefs: Single Serve Pinwheels	18 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
20 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	21 9:30AM-10:00AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Mini Cheesecloth Ghosts	22 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	23 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	24 10:00AM-11:30AM Virtual Travel: Germany	25 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
27 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	28 9:30AM-10:00AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Pressed Flower Pumpkins	29 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	30 10:00AM-11:00AM Bingo 11:30AM-12:30PM Online Adventures Most Haunted Places in America	31 9:30AM-12:00PM Senior Boo Bash: Potluck, Spooky Trail Mix and Karaoke!	

Hours & Phone Numbers

Monday-Saturday

9 AM - 3 PM

Site: (559) 267-6670

Program Questions:

(559) 621-7529

Free Technology

Assistance:

Monday-Saturday

9:00AM-3:00PM

Call: (559) 267-6670

for an Appointment!

Virtual Travel:

Transylvania

Friday, October 24

10:00AM-11:30AM

Activities Available Daily from 9AM-3PM:

- Painting
- Diamond Art (12x16)
- Crochet Supplies
- Tablets
- Board Games

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



October-Senior Afternoon Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1 1:00PM-2:00PM Cornhole (Open Play)	2 1:00PM-2:00PM Charades	3 1:00PM-2:15PM Karaoke	4 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
6 1:00PM-2:30PM Documentary: Health & Wellness	7 1:00PM-2:00PM Candle Workshop: Trapped Skeleton Candle	8 1:00PM-2:00PM Cornhole (Open Play)	9 1:00PM-2:00PM Charades	10 1:00PM-2:15PM Karaoke Competition!	11 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
13 1:00PM-2:30PM Documentary: Themed: Nature	14 12:30PM-3:00PM Closed for Staff Meeting	15 1:00PM-2:00PM Cornhole (Open Play)	16 1:00PM-2:00PM Charades	17 1:00PM-2:15PM Karaoke	18 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
20 1:00PM-2:30PM Documentary: Theme: Nature	21 1:00PM-2:00PM D.I.Y. Holiday Decor: Spooky Bead-able Pens	22 1:00PM-2:00PM Cornhole (Open Play)	23 1:00PM-2:00PM Charades	24 1:00PM-2:15PM Karaoke	25 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
27 1:00PM-2:30PM Documentary: The History of Halloween	28 1:00PM-2:30PM Science Hour: Vampire Slime	29 1:00PM-2:00PM Cornhole (Open Play)	30 1:00PM-2:00PM Charades	31 1:00PM-2:30PM Cookie Decorating & Halloween Themed Crafts	ALL ACTIVITIES ARE FREE OF CHARGE!

Hours & Phone Numbers

Monday-Saturday

9 AM - 3 PM

Site: (559) 267-6670

Program Questions:
(559) 621-7529

Closed for Staff Meeting

Tuesday, October 14
12:30PM-3:00PM

Sorry for the
inconvenience!

Monster Mash Senior Dance

Saturday, October 18

1:00PM-4:00PM

Location: Mosqueda
Community Center

Cookie Decorating & Halloween Themed Crafts

Friday, October 31

1:00PM-2:30PM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mosqueda

4670 E. Butler Ave. Fresno, CA. 93702



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

1
9:30AM-10:30AM
Fitness for All
10:30AM-11:00AM
Karaoke

2
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

3
9:30AM-10:30AM
Fitness
10:30AM-11:00AM
Seniors Choice

6
9:15AM-10:00AM
Diamond Art
10:00AM-11:00AM
Senior Input Hour

7
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

8
9:30AM-10:30AM
Fitness for All
10:30AM-11:00AM
Karaoke

9
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

10
9:30AM-10:30AM
Fitness
10:30AM-11:00AM
Golden Chefs:
Brownie Batter

13
9:15AM-10:00AM
Diamond Art
10:30AM-11:00AM
Painting

14
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

15
9:30AM-10:30AM
Fitness for All
10:30AM-11:00AM
Karaoke

16
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

17
9:30AM-10:30AM
Fitness
10:30AM-11:00AM
Online Adventures:
Arkansas

20
9:15AM-10:00AM
Diamond Art
10:30AM-11:00AM
Trivia

21
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

22
9:30AM-10:30AM
Fitness for All
10:30AM-11:00AM
Karaoke

23
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

24
9:30AM-10:30AM
Fitness
10:30AM-11:00AM
Chocolate Covered
Pretzels

27
9:15AM-10:00AM
Diamond Art
10:30AM-11:00AM
Painting

28
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

29
9:30AM-10:30AM
Fitness for All
10:30AM-11:00AM
Karaoke

30
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Boo Bags

31
9:30AM-12:00PM
Boo Bash Potluck &
DIY Spooky Trail Mix

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 417-2341

Program Questions:

(559) 621-7529

Senior Hot Meals

Mosqueda

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

Senior Input Hour

Monday, October 6

10:00AM-11:00AM

Golden Chefs:

Brownie Batter

Friday, October 10

10:30AM-11:00AM

Monster Mash

Senior Dance

Saturday, October 18

1:00PM-4:00PM

Mosqueda

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mary Ella Brown

1350 E. Annadale Ave. Fresno, CA. 93706



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!		1 9:15AM-10:00AM Fall Painting 10:00AM-11:00AM Senior Input Hour	2 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	3 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Seniors Choice
	6 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	7 9:15AM-10:30AM Fitness 10:30AM-11:00AM Diamond Art	8 9:15AM-10:00AM DIY Door Signs 10:00AM-10:45AM Karaoke	10 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Virtual Bowling
	13 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	14 9:15AM-10:30AM Fitness 10:30AM-11:00AM Trivia	15 9:15AM-10:00AM Pumpkin Painting 10:00AM-10:45AM Golden Chef: Brownie Batter	17 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Seniors Choice
	20 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	21 9:15AM-10:30AM Fitness 10:30AM-11:00AM Diamond Art	22 9:15AM-10:00AM DIY Haunted House 10:00AM-10:45AM Online Adventures: Arkansas	24 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Virtual Bowling
	27 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	28 9:15AM-10:30AM Fitness 10:30AM-11:00AM Boo Bags	29 9:15AM-10:00AM Fall Picture Frames 10:00AM-10:45AM Chocolate Covered Pretzels	31 9:30AM-12:00PM Boo Bash Potluck & DIY Spooky Trail Mix

Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 497-1326

Program Questions:
(559) 621-7529

Senior Hot Meals Mary Ella Brown

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

Zoo Mobile Visit

Thursday, October 9
10:30AM-11:00AM

Golden Chef: Brownie Batter

Wednesday, October 15
10:30AM-11:00AM

Monster Mash Senior Dance

Saturday, October 18
1:00PM-4:00PM
Mosqueda

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Senior Citizens Village

1917 S. Chestnut Ave. Fresno, CA. 93702



October-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

1 9:30AM-10:15AM
Fitness
10:15AM-10:45AM
Watercolor
11:00AM-11:45AM
Open Rec

2 9:15AM-10:00AM
Morning Walk
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Colorful Creations

3 9:15AM-10:00AM
Bead Work
10:00AM-10:45AM
Holiday Door Decoration
11:00AM-11:45AM
Seniors Choice

6 9:15AM-10:00AM
Tai Chi w/ Sly
10:30AM
Food Distribution

7 9:15AM-10:00AM
Morning Walk
**10:00AM-11:00AM
Senior Input Hour**
11:00AM-11:45AM
Brain Games

8 9:30AM-10:15AM
Fitness
10:15AM-10:45AM
Keychains
11:00AM-11:45AM
Open Rec

9 9:15AM-10:00AM
Morning Walk
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Colorful Creations

10 9:15AM-10:00AM
Bead Work
10:00AM-10:45AM
Suncatchers
11:00AM-11:45AM
Seniors Choice

13 9:15AM-10:00AM
Tai Chi w/ Sly
10:30AM
Food Distribution

14 9:15AM-10:00AM
Morning Walk
**10:00AM-11:00AM
Golden Chef:
Brownie Batter**

15 9:30AM-10:15AM
Fitness
**10:30AM-11:30AM
Zoo Mobile**

16 9:15AM-10:00AM
Morning Walk
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Colorful Creations

17 9:15AM-10:00AM
Bead Work
10:00AM-10:45AM
Craft
11:00AM-11:45AM
Seniors Choice

20 9:15AM-10:00AM
Tai Chi w/ Sly
10:00AM - 10:45AM
DIY Pens
11:00AM- 11:45AM
Studio Arts

21 9:15AM-10:00AM
Morning Walk
**10:00AM-11:00AM
Online Adventures:
Arkansas**

22 9:30AM-10:15AM
Fitness
10:15AM-10:45AM
Ceramics Piroject
11:00AM-11:45AM
Open Rec

23 9:15AM-10:00AM
Morning Walk
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Colorful Creations

24 9:15AM-10:00AM
Bead Work
10:00AM-10:45AM
Craft
11:00AM-11:45AM
Seniors Choice

27 9:15AM-10:00AM
Tai Chi w/ Sly
10:00AM - 10:45AM
Diamond Art
11:00AM- 11:45AM
Studio Arts

28 9:15AM-10:00AM
Morning Walk
**10:00AM-11:00AM
Chocolate Covered
Pretzels**

29 9:30AM-10:15AM
Fitness
10:15AM-10:45AM
Craft
**11:00AM-11:45AM
Boo Bags**

30 9:15AM-10:00AM
Morning Walk
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Colorful Creations

31
**9:30AM-12:00PM
Boo Bash Potluck &
DIY Spooky Trail Mix**

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 538-5232

Program Questions:

(559) 621-7529

Food Distribution

Senior Citizens Village

Monday 5/5 at 10:30AM

Monday 5/12 at 10:30AM

Senior Input Hour

Tuesday, October 7

10:00AM-11:00AM

Zoo Mobile

Wednesday, October 15

10:30AM-11:30AM

Monster Mash

Senior Dance

Saturday, October 18

1:00PM-4:00PM

Mosqueda

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