

Inspiration

5770 W. Gettysburg Ave. Fresno, CA. 93723



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 691-1058

Program Questions:

(559) 621-7529

Senior Hot Meals Inspiration

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

September's Events:

Online Adventures:

Strangest Roads

Thursday Sept. 4

9:15AM-10:00AM

Grandparents Appreciation

Friday Sept. 5

9:30AM-11:00AM

Golden Chefs: Veggie Bowls

Friday Sept. 26

9:15 A.M.-11:00 A.M.

October Golden Chefs:

Cookie Witch Hats

Friday, October 24

10:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

1 We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:15AM-11:00AM Fall Wood Craft 9:15AM-11:00AM Senior Input Hour	3 9:15AM-10:15AM Fitness 9:15AM-10:00AM Twin Day 10:15AM-11:00AM Bingo	4 9:15AM-10:00AM Online Adventures: Strangest Roads in the World 10:15AM-11:00AM Wii Games	5 9:30AM - 11:00 AM Grandparents Appreciation 10:15AM-11:00AM Diamond Art: Fall Suncatcher
8 9:15AM-11:00AM Fall Road Painting	9 10:15AM-11:00AM Sunflower Wall Decor	10 9:15AM-10:15AM Fitness 9:15AM-10:00AM Tech Support 10:15AM-11:00AM Bingo	11 9:15AM-10:00AM Shrinky Dinks 10:15AM-11:00AM Fall Soap Bars	12 9:30AM - 10:15 AM Fitness 10:15AM-11:00AM Diamond Art
15 9:15AM-11:00AM Night Tree Painting	16 9:15AM-11:00AM Fall Table Center Piece	17 9:15AM-10:15AM Fitness 9:15AM-10:00AM Tech Support 10:15AM-11:00AM Bingo	18 9:15AM-10:00AM CogniFit 10:15AM-11:00AM Wii Games	19 9:30AM - 10:15 AM Fitness 10:15AM-11:00AM Diamond Art: Leaf Key Chain
22 9:15AM-11:00AM Heart leaf Painting	23 9:15AM-11:00AM Mason Jar Wall Decor	24 9:15AM-10:15AM Fitness 9:15AM-10:00AM Tech Support 10:15AM-11:00AM Bingo	25 10:15AM-11:00AM Fall Resin	26 9:30AM - 10:15 AM Fitness 9:15AM-11:00AM Golden Chefs: Veggie Bowls **FIRST COME FIRST SERVE**
29 9:15AM-11:00AM Leafless Tree Painting	30 10:15AM-11:00AM Fall Gnome Door Hanger			All activities are approximately 30-45 min long FREE OF CHARGE!

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Pinedale

7170 N. San Pablo Ave. Fresno, CA. 93650



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:15AM-10:00AM Online Adventures: Strangest Roads in the World 10:15AM-11:00AM Bingo	3 9:30AM-10:15AM Fitness 10:15 AM-11:00 AM Fall Resin	4 9:15AM-10:15AM Senior Input Hour 9:15AM-11:00AM Fall Road Painting	5 9:30AM - 11:00 AM Grandparents Appreciation 10:15AM-11:00AM Diamond Art:
8 9:40AM-10:25AM Fitness 10:15AM-11:00AM Fall Table Center Piece	9 9:15AM-10:00AM Indoor/Table Games 10:15AM-11:00AM Bingo	10 9:30AM-10:15AM Fitness 10:15 AM-11:00 AM Jewelry	11 9:15AM-11:00AM Heart leaf Painting	12 9:15AM-11:00AM Diamond Art
15 9:40AM-10:25AM Fitness 10:15AM-11:00AM Mason Jar Wall Decor	16 9:45AM-10:30AM Personal Safety & Emergency Procedures 10:30AM-11:00AM Bingo	17 9:30AM-10:15AM Fitness 10:15 AM-11:00 AM Tech Support	18 9:15AM-11:00AM Candle Lamp Painting	19 9:15AM-11:00AM DIY Charm Pens
22 9:40AM-10:25AM Fitness 10:15AM-11:00AM Fall Gnome Door Hanger	23 9:15AM-10:00AM Indoor/Table Games 10:15AM-11:00AM Bingo	24 9:30AM-10:15AM Fitness 10:15 AM-11:00 AM Jewelry	25 9:15AM-11:00AM Golden Chefs: Veggie Bowls **FIRST COME FIRST SERVE**	26 9:15AM-11:00AM Diamond Art
29 9:40AM-10:25AM Fitness 10:15AM-11:00AM Custom Coffee Tumbler	30 9:15AM-10:00AM Sentence Starters 10:15AM-11:00AM Bingo			All activities are approximately 30-45 min long FREE OF CHARGE!

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 974-6720

Program Questions:

(559) 621-7529

Senior Hot Meals

Pinedale

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

September's Events:

Online Adventures:

Strangest Roads

Tuesday Sept. 2

9:15AM-10:00AM

Grandparents Appreciation

Friday Sept. 5

9:30AM-11:00AM

Golden Chefs: Veggie Bowls

Thursday Sept. 25

9:15 A.M.-11:00 A.M.

October Golden Chefs:

Cookie Witch Hats

Thursday, October 23

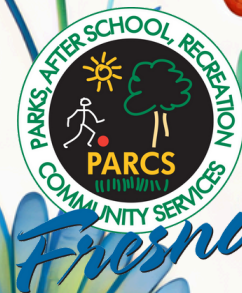
10:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Paul “Cap” Caprioglio Community Center

5191 N. Sixth St. Fresno, CA 93710



September-Senior Activity Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOCATION INFORMATION

1 We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 10:15AM-10:00AM Online Adventures: Strangest Roads in the world 10:15AM-11:45AM Diamond Art	3 9:15AM-10:00AM Bingo 10:15AM-11:45AM Senior Input Hour 11:15AM-12:00PM Crafts	4 9:30AM-10:30AM Fitness 10:30AM-12:00PM Painting Techniques	5 9:30AM - 11:00 AM Grandparents Appreciation 11:15AM-12:00PM Diamond Art
8 9:15AM-12:00PM KNOTS & THREADS 11:15AM-12:00PM Music & Convo	9 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM Indoor/Outdoor Games	10 9:15AM-10:00AM Bingo 10:15AM-11:45AM Crafts	11 9:30AM-10:30AM Fitness 10:30AM-12:00PM Painting Techniques	12 9:15AM-10:00AM CogniFit 10:15AM-12:00AM Gardening
15 9:15AM-12:00PM KNOTS & THREADS 11:15AM-12:00PM Music & Convo	16 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM Indoor/Outdoor Games	17 9:15AM-10:00AM Bingo 10:15AM-11:45AM Crafts	18 9:30AM-10:30AM Fitness 10:30AM-12:00PM Painting Techniques	19 9:15AM-10:00AM CogniFit 10:15AM-12:00AM Gardening
22 9:15AM-12:00PM KNOTS & THREADS 11:15AM-12:00PM Music & Convo	23 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM Indoor/Outdoor Games	24 9:15AM-10:00AM Bingo 10:15AM-11:45AM Golden Chefs: Veggie Bowls **FIRST COME FIRST SERVE**	25 9:30AM-10:30AM Fitness 10:45AM-12:00 Coffee & Canvas	26 9:15AM-10:00AM CogniFit 10:15AM-12:00AM Gardening
29 9:15AM-12:00PM KNOTS & THREADS 11:15AM-12:00PM Music & Convo	30 9:15AM-10:00AM Diamond Art 10:15AM-11:00AM Indoor/Outdoor Games			All activities are approximately 30-45 min long FREE OF CHARGE!

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-2991

Program Questions:

(559) 621-7529

September's Events:

Online Adventures:
Strangest Roads

Tuesday Sept. 2

9:15AM-10:00AM

Grandparents Appreciation

Friday Sept. 5

9:30AM-11:00AM

Golden Chefs: Veggie Bowls

Wednesday Sept. 24

9:15 A.M.-11:00 A.M.

October Golden Chefs:

Cookie Witch Hats

Wednesday, October 22

10:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Lafayette

1516 E. Princeton Ave. Fresno, CA. 93704



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-2934

Program Questions:
(559) 621-7529

Senior Hot Meals

Lafayette

Serving time: 11:30 AM

*Must reserve meal the day
before by 11:30 AM*

Spa Day

Tuesday, September 2

9:30 AM-11:00AM

Grandparents

Appreciation Day

Friday, September 5


9:30 AM-11:00AM

Senior Golden Chef:

Enchilada Casserole

Tuesday, September 16

9:30AM-11:00AM

1  We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:30-11:00AM Treat Yo' Self Spa Day	3 9:30AM-11:00AM Workshop Wednesdays: Bleach Tie Dye	4 9:30AM-10:15AM Fitness 10:15AM-11:00AM D.I.Y. Crafting: Phone Charms	5 9:30AM - 11:00 AM Grandparents Appreciation Day! (Bingo, Cake & Ice Cream)
8 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	9 9:30-10:30AM Paint & Pass 10:30AM-11:00AM Table Talks	10 9:30AM-11:00AM Workshop Wednesdays: Candle Making	11 9:30AM-10:15AM Fitness 10:15AM-11:00AM D.I.Y. Crafting: Personalized Travel Hygiene Bags	12 9:30AM-10:15AM Bingo 10:30AM-11:30AM Senior Input Hour
15 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	16 9:30-11:00AM Senior Golden Chefs: Single Serve Enchilada Casserole	17 9:30AM-11:00AM Workshop Wednesdays: Fall Doormats	18 9:30AM-10:15AM Fitness 10:15AM-11:00AM D.I.Y. Crafting: Beadable Pens	19 9:30AM-10:15AM Bingo 10:30AM-11:00AM YouTube Trivia
22 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	23 9:30-11:00AM Virtual Travel: Tokyo, Japan	24 9:30AM-11:00AM Workshop Wednesdays: Spackle Painting	25 9:30AM-10:15AM Fitness 10:15AM-11:00AM D.I.Y. Crafting: Fall Door Signs	26 9:30AM-10:15AM Bingo 10:30AM-11:00AM YouTube Trivia
29 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	30 9:30-10:00AM Online Adventures: 15 Dangerous Plane Take Offs and Landings 10:00AM-11:00AM Leftover Craft Bonanza			All activities are approximately 30-45 min long FREE OF CHARGE!

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Ted C. Wills

770 N. San Pablo Ave. Fresno, CA. 93728



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly 10:15AM-11:00AM Walking Club	3 9:30AM-11:00AM Diamond Art & Jewelry	4 9:30AM-11:00AM Movie Day! Showing: "Uncle Buck"	5 9:30AM-11:00AM Grandparents Appreciation Day (Karaoke, Cake & Ice Cream)
8 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Epoxy Resin	9 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly 10:15AM-11:00AM Walking Club	10 9:30AM-11:00AM Diamond Art & Jewelry 10:00AM-11:00AM Bead-able Pens	11 9:30AM-11:00AM Paint & Pass!	12 9:30AM-10:30AM Succulent Workshop 10:30AM-11:00AM Speed Friending
15 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Bamboo Serving Trays	16 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly 10:15AM-11:15AM Senior Input Hour	17 9:30AM-11:00AM Diamond Art & Jewelry	18 9:30-11:00AM Senior Golden Chefs: Single Serve Enchilada Casserole POOL TABLES CLOSED	19 9:30AM-10:00AM Zoo Mobile POOL TABLES CLOSED 10:00AM-11:00AM Karaoke
22 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Fall Centerpieces	23 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly 10:15AM-11:00AM Walking Club	24 9:30AM-11:00AM Diamond Art & Jewelry 10:00AM-11:00AM Keychains	25 9:30AM-11:00AM Virtual Travel: Tokyo, Japan	26 9:30AM-11:00AM Fuse Beads 10:00AM-11:00AM Online Adventures: Wonders of Hawaii
29 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: D.I.Y. Doormats	30 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly 10:15AM-11:00AM Walking Club			All activities are approximately 30-45 min long FREE OF CHARGE!

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-6742

Program Questions:

(559) 621-7529

Senior Hot Meals

Ted Wills

Serving time: 11:15 AM

*Must reserve meal the day
before by 11:30 AM*

Grandparents

Appreciation Day

Friday, September 5

9:30 AM-11:00AM

Senior Golden Chef:

Enchilada Casserole

Thursday, September 18

9:30AM-11:00AM

Zoo Mobile

Friday, September 19

9:30 AM-10:00AM

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Hours & Phone Numbers

Monday-Saturday

9 AM - 3 PM

Site: (559) 267-6670

Program Questions:
(559) 621-7529

Senior Golden Chef: Enchilada Casserole

Wednesday, September 17

9:30AM-11:00AM

No Registration
Required!

Free Technology Assistance:

Monday-Saturday

9:00AM-3:00PM

Call: (559) 267-6670
for an Appointment!

Virtual Travel: Antarctica

Friday, September 26

10:00AM-11:30AM

No Registration Required!

1 We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting: Personalized Coffee Cups	3 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	4 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	5 9:30AM-11:00AM Grandparents Appreciation Day (Cake & Ice Cream) 10:00AM-10:45AM Crochet Club	6 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
8 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	9 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting: Blinged Motel Keychains	10 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Senior Input Hour	11 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	12 10:00AM-10:45AM Crochet Club 11:00AM-11:45AM Cornhole Competition	13 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
15 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	16 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting: Phone Charms	17 9:30AM-11:00AM Senior Golden Chefs: Single Serve Enchilada Casserole	18 10:00AM-11:00AM Bingo 11:30AM-12:30PM Instructional Painting	19 9:30AM-11:00AM Spa Day!	20 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
22 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	23 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting: Fall Doormats	24 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	25 10:00AM-11:00AM Bingo 11:00AM-11:45AM ZOO MOBILE	26 10:00-11:30AM Virtual Travel: Antarctica	27 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
29 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	30 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting: Fall Scented Centerpieces				All activities are approximately 30-45 min long FREE OF CHARGE!

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



September-Senior Afternoon Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 ★ ★ ★ ★ ★ We'll Be Closed IN OBSERVANCE OF LABOR DAY	2 12:30PM-3:00PM Closed for Staff Meeting	3 12:30PM-2:00PM Cornhole	4 1:00PM-2:00PM Guided Meditation	5 1:00PM-2:00PM Karaoke	6 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
8 1:00PM-2:30PM Documentary: "Your Brain: Deception Perception"	9 12:30PM-2:00PM Board Games	10 12:30PM-2:00PM Cornhole	11 1:00PM-2:00PM Science Day	12 1:00PM-2:00PM Karaoke	13 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
15 1:00PM-2:30PM Documentary: "The Incredible Wildlife of Hidden Forests"	16 12:30PM-2:00PM Board Games	17 12:30PM-2:00PM Cornhole	18 1:00PM-2:00PM Charades	19 1:00PM-2:00PM Karaoke	20 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
22 1:00PM-2:30PM Documentary: "The Seven Wonders of the World"	23 12:30PM-2:00PM Board Games	24 12:30PM-2:00PM Cornhole	25 1:00PM-2:00PM Online Adventures: Top 10 Mexican Resorts	26 1:00PM-2:00PM Karaoke	27 12:30PM-2:30PM The Link Theatre *Complimentary Snacks
29 1:00PM-2:30PM Documentary: "How Bread Built Civilization"	30 12:30PM-2:00PM Board Games				ALL ACTIVITIES ARE FREE OF CHARGE!

Hours & Phone Numbers

Monday-Saturday

9 AM - 3 PM

Site: (559) 267-6670

Program Questions:

(559) 621-7529

Closed for Staff Meeting

Tuesday, September 2nd

12:30PM-3:00PM

Sorry for the inconvenience!

Guided Meditation

Thursday, September 4

1:00PM-2:00PM

Activities Available Daily from 9AM-3PM:

- Painting
- Diamond Art (12x16)
- Crochet Supplies
- Tablets
- Board Games

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mosqueda

4670 E. Butler Ave. Fresno, CA. 93702



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 417-2341

Program Questions:

(559) 621-7529

Senior Hot Meals

Mosqueda

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

Senior Input Hour

Monday, September 8

10:15AM-11:00AM

Golden Chef:

Italian Grinder Salad

Friday, September 19

10:30AM-11:00AM

Online Adventures:

Arizona

Friday, September 26

10:30AM-11:00AM

1  We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	3 9:30AM-10:30AM Fitness For All 10:30AM-11:00AM Karaoke	4 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	5 9:30AM-10:15AM Fitness 9:30AM - 11:00 AM Grandparents Appreciation
8 9:30AM-10:15AM Diamond Art 10:15AM-11:00AM Senior Input Hour	9 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	10 9:30AM-10:30AM Sip & Paint 10:30AM-11:00AM Karaoke	11 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	12 9:30AM-10:15AM Fitness 10:30AM-11:00AM Trivia
15 9:30AM-10:15AM Diamond Art 10:15AM-11:00AM Jewelry Making	16 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	17 9:30AM-10:30AM Fitness For All 10:30AM-11:00AM Resin Craft	18 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	19 9:30AM-10:15AM Fitness 10:30AM-11:00AM Golden Chef: Italian Grinder Salad
22 9:30AM-10:15AM Diamond Art 10:15AM-11:00AM Nat'l Ice Cream Cone Day	23 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	24 9:30AM-10:30AM Fitness For All 10:30AM-11:00AM Karaoke	25 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	26 9:30AM-10:15AM Fitness 10:30AM-11:00AM Online Adventures: Arizona
29 9:30AM-10:15AM Diamond Art 10:15AM-11:00AM Jewelry Making	30 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk			All activities are approximately 30-45 min long FREE OF CHARGE!

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mary Ella Brown

1350 E. Annadale Ave. Fresno, CA. 93706



September-Senior Activity Calendar

LOCATION INFORMATION


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1  We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	3 9:15AM-10:00AM Resin Molds 10:30AM-11:00AM Senior Input Hour	4 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	5 9:15AM-10:00AM Dominoes 9:30AM - 11:00 AM Grandparents Appreciation
8 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	9 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	10 9:15AM-10:00AM Mini Sewing 10:30AM-11:00AM Sip & Paint	11 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	12 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Virtual Bowling
15 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	16 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	17 9:15AM-10:00AM DIY Brush 10:30AM-11:00AM Golden Chef: Italian Grinder Salad	18 9:15AM-10:00AM Bingo 10:30AM-11:15AM Insulin Resistance Presentation	19 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Seniors Choice
22 9:15AM-10:30AM Jewelry Making 10:15AM-11:00AM Nat'l Ice Cream Cone Day	23 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	24 9:15AM-10:00AM Soap Making 10:30AM-11:00AM Online Adventures: Arizona	25 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	26 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Virtual Bowling
29 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Wheel of Fortune	30 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art			All activities are approximately 30-45 min long FREE OF CHARGE!

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 497-1326

Program Questions:

(559) 621-7529

Senior Hot Meals

Mary Ella Brown

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

Senior Input Hour

Wednesday, September 3

10:30AM- 11:00AM

Golden Chef:

Italian Grinder Salad

Wednesday, September 17

10:30AM- 11:00AM

Online Adventures:

Arizona

Wednesday, September 24

10:30AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Senior Citizens Village

1917 S. Chestnut Ave. Fresno, CA. 93702



September-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 538-5232

Program Questions:

(559) 621-7529

Food Distribution

Senior Citizens Village

Friday 9/5 at 10:30AM

Monday 9/8 at 10:30AM

Golden Chef:

Italian Grinder Salad

Tuesday, September 16

10:00AM-11:00AM

Online Adventures:

Arizona

Tuesday, September 23

10:00AM- 10:45AM

Sip & Paint

Tuesday, September 30

10:00AM-10:45AM

1  We'll Be Closed <small>IN OBSERVANCE OF LABOR DAY</small>	2 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Diamond Art 11:00AM-11:45AM Brain Games	3 9:30AM-10:15AM Fitness 10:15AM-10:45AM Craft- DIY Pens 11:00AM-11:45AM Open Rec	4 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	5 9:30AM - 11:00 AM Grandparents Appreciation 10:30AM Food Distribution
8 9:15AM-10:00AM Tai Chi w/ Sly 10:30AM Food Distribution	9 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Senior Input Hour 11:00AM-11:45AM Brain Games	10 9:30AM-10:15AM Fitness 10:15AM-10:45AM Candle Making 11:00AM-11:45AM Open Rec	11 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	12 9:15AM-10:00AM Bead Work 10:00AM-10:45AM Sand Art 11:00AM-11:45AM Seniors Choice
15 9:15AM-10:00AM Tai Chi w/ Sly 10:00AM - 10:45AM 3D Flower Decorating 11:00AM- 11:45AM Studio Arts	16 9:15AM-10:00AM Morning Walk 10:00AM-11:00AM Golden Chef: Italian Grinder Salad	17 9:30AM-10:15AM Fitness 10:15AM-10:45AM Wood Beads Beadwork 11:00AM-11:45AM Open Rec	18 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	19 9:15AM-10:00AM Bead Work 10:00AM-10:45AM DIY Magnets 11:00AM-11:45AM Seniors Choice
22 9:15AM-10:00AM Tai Chi w/ Sly 10:15AM-11:00AM Nat'l Ice Cream Cone Day	23 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Online Adventures: Arizona 11:00AM-11:45AM Brain Games	24 9:30AM-10:15AM Fitness 10:15AM-10:45AM DIY Keychains 11:00AM-11:45AM Open Rec	25 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Bingo 11:00AM-11:45AM Colorful Creations	26 9:15AM-10:00AM Bead Work 10:00AM-10:45AM Watercolors 11:00AM-11:45AM Seniors Choice
29 9:15AM-10:00AM Tai Chi w/ Sly 10:00AM - 10:45AM Rock Painting 11:00AM- 11:45AM Studio Arts	30 9:15AM-10:00AM Morning Walk 10:00AM-10:45AM Sip & Paint 11:00AM-11:45AM Brain Games			All activities are approximately 30-45 min long FREE OF CHARGE!

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*