

Inspiration

5770 W. Gettysburg Ave. Fresno, CA. 93723



August-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

Water Aerobics at Mosqueda every Monday, Wednesday, & Friday 9:30 A.M.

Tai Chi w/Pat 9:30 AM Every Monday & Thursday

1
9:30AM - 10:15 AM
Fitness
10:15AM-11:00AM
Diamond Art

4 9:15AM-10:00AM
Virtual Travel: Matis Tribe
9:15AM-11:00AM
Flower Painting

5 9:30AM-10:30AM
Fish Project
9:15AM-11:00AM
Senior Input Hour

6 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
Tech Support
10:15AM-11:00AM
Bingo

7 9:15AM-10:00AM
DIY Tumbler Cups
10:15AM-11:00AM
Seniors Choice

8 9:30AM - 10:15 AM
Fitness
10:15AM-12:00AM
Buddy Day:
Summer Luau Party

11
9:15AM-11:00AM
Aloha Painting

12 9:30AM-10:30AM
Seniors Choice
10:15AM-11:00AM
Fish Wall Signs

13 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
Tech Support
10:15AM-11:00AM
Bingo

14 9:15AM-10:00AM
Sentence Starters
10:15AM-11:00AM
Beach Soap Bars

15 9:30AM - 10:15 AM
Fitness
9:15AM-11:00AM
Golden Chefs:
Banana Bread Muffins

18
9:15AM-11:00AM
Candle Painting

19 9:30AM-10:30AM
Wii Games
9:15AM-11:00AM
Tropical Tote Bags

20 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
Tech Support
10:15AM-11:00AM
Bingo

21 9:15AM-12:00PM
Buoy Decoration
10:15AM-11:00AM
Seniors Choice
9:30AM-11:00AM
Senior Citizen's Day

22
9:30AM - 10:15 AM
Fitness
9:30AM-11:00AM
Spelling Bee

25
9:15AM-11:00AM
Palm Tree Painting

26 9:30AM-10:30AM
Seniors Choice
9:15AM-11:00AM
Beach Wood Painting

27 9:15AM-10:15AM
Fitness
9:15AM-10:00AM
Tech Support
10:15AM-11:00AM
Bingo

28
9:15AM-10:00AM
Beach Resin
10:15AM-11:00AM
CogniFit

29
9:30 AM - 10:15 AM
Fitness
9:30AM-11:00AM
Spelling Bee
Championship

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 691-1058

Program Questions:
(559) 621-7529

Senior Hot Meals
Inspiration

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

August's Events:

Banana Bread Muffins

Friday, August 15

9:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

****LIMIT 24 PARTICIPANTS****

Spelling Bee

Friday, August 22

9:30 A.M.-11 A.M.

Senior Luau Dance

August 16

Ted C. Wills

1 P.M.-4 P.M.

September's

Golden Chefs: Veggie Bowl

Friday, September 26

9:30 A.M.-11 A.M.

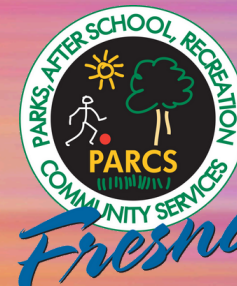
****FIRST COME FIRST SERVE****

****LIMIT 24 PARTICIPANTS****

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Pinedale

7170 N. San Pablo Ave. Fresno, CA. 93650



Fresno

LOCATION INFORMATION

August-Senior Activity Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!					1 9:15AM-10:00AM Wii Fun 10:15AM-11:00AM Charm Bracelets
	Water Aerobics at Mosqueda every Monday, Wednesday, & Friday 9:30 A.M.				
4 9:30AM-10:30AM Fitness 10:15AM-11:00AM Candle Making	5 9:15AM-10:00AM Virtual Travel: Matis Tribe 10:15AM-11:00AM Bingo	6 9:15AM-10:00AM Custom Pens 10:15 AM-11:00 AM CogniFit	7 9:15AM-10:00AM Aloha Painting 10:15AM-11:15AM Senior Input Hour	8 9:30AM-10:00AM Soap Making 10:15AM-11:00AM Custom Sunglasses	
11 9:30AM-10:30AM Fitness 10:15AM-11:00AM Tropical Tote Bags	12 9:15AM-10:00AM Sentence Starters 10:15AM-11:00AM Bingo	13 9:15AM-10:00AM Name Key Chains 10:15 AM-11:00 AM CogniFit	14 9:15AM-10:00AM Jewlery 9:15AM-11:00AM Golden Chefs: Banana Bread Muffins	15 9:30AM-11:00AM Seniors Choice OF Movie	
18 9:30AM-10:30AM Fitness 10:15AM-11:00AM Beach Resin	19 9:15AM-10:00AM Indoor Game 10:15AM-11:00AM Bingo	20 9:15AM-10:00AM Jewlery 10:15 AM-11:00 AM CogniFit	21 9:15AM-11:00AM Flower Painting 10:00AM-11:00AM Summer Social Hour & Senior Citizen's Day	22 9:15AM-10:00AM Beaded Garden Wand 9:30AM-11:00AM Spelling Bee	
25 9:30AM-10:30AM Fitness 10:15AM-11:00AM Luau Wall Signs	26 9:15AM-10:00AM Sentence Starters 10:15AM-11:00AM Bingo	27 9:15AM-10:00AM Tech Support 10:15 AM-11:00 AM CogniFit	28 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Resin	29 9:30 AM - 10:15 AM Fun Friday 9:30AM-11:00AM Spelling Bee Championship	

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 974-6720

Program Questions:

(559) 621-7529

Senior Hot Meals Pinedale

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

August's Events:

Banana Bread Muffins

Thursday, August 14

9:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

****LIMIT 24 PARTICIPANTS****

Senior Luau Dance

August 16

Ted C. Wills

1 P.M.-4 P.M.

Spelling Bee

Friday, August 22

9:30 A.M.-11 A.M.

September's

Golden Chefs: Veggie Bowl

Thursday, September 25

10:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

****LIMIT 24 PARTICIPANTS****

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Paul “Cap” Caprioglio Community Center

5191 N. Sixth St. Fresno, CA 93710



August-Senior Activity Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOCATION INFORMATION

All activities are approximately 30-45 min long FREE OF CHARGE!

Water Aerobics at Mosqueda every Monday, Wednesday, & Friday 9:30 A.M.

Senior Luau Dance August 16 Ted C. Wills 1PM-4PM

1
CLOSED FOR FACILITY MAINTENANCE

4
CLOSED FOR FACILITY MAINTENANCE

5
CLOSED FOR FACILITY MAINTENANCE

6
CLOSED FOR FACILITY MAINTENANCE

7
9:30AM-10:30AM Fitness
10:30AM-12:00PM Painting Techniques

8
9:15AM-10:00AM CogniFit
10:15AM-12:00AM Gardening

11
9:15AM-12:00PM KNOTS & THREADS
11:15AM-12:00PM Music & Convo

12 9:15AM-10:00AM Diamond Art
10:15AM-11:00AM Indoor/Outdoor Games
Virtual Travel: Matis Tribe

13 9:15AM-10:00AM Bingo
10:15AM-11:45AM Golden Chefs: Banana Bread Muffins & Senior Input Hour

14
9:30AM-10:30AM Fitness
10:30AM-12:00PM Painting Techniques

15
9:15AM-10:00AM CogniFit
10:15AM-12:00AM Gardening

18
9:15AM-12:00PM KNOTS & THREADS
11:15AM-12:00PM Music & Convo

19
9:15AM-10:00AM Diamond Art
10:15AM-11:00AM Indoor/Outdoor Games

20 9:15AM-10:00AM Bingo
10:15AM-11:45AM Trivia
11:15AM-12:00PM Beaded Garden Wand

21 9:30AM-10:30AM Fitness
10:30AM-12:00PM Painting Techniques
9:30AM-11:00AM Senior Citizen's Day

22
9:15AM-10:00AM CogniFit
9:30AM-11:00AM Spelling Bee

25
9:15AM-12:00PM KNOTS & THREADS
11:15AM-12:00PM Music & Convo

26
9:15AM-10:00AM Diamond Art
10:15AM-11:00AM Indoor/Outdoor Games

27 9:15AM-10:00AM Bingo
10:15AM-11:45AM Trivia
11:15AM-12:00PM DIY Pens

28
9:30AM-10:30AM Fitness
10:45AM-12:00 Coffee & Canvas

29 9:30AM - 10:15AM Fun Friday
9:30AM-11:00AM Spelling Bee Championship

Hours & Phone Numbers

Monday-Friday
9 AM - 12PM

Site: (559) 621-2991

Program Questions:
(559) 621-7529

August's Events:

Banana Bread Muffins

Wednesday, August 13
10:15 A.M.-11:45 A.M.

****FIRST COME FIRST SERVE****

****LIMIT 24 PARTICIPANTS****

Senior Luau Dance

August 16
Ted C. Wills
1 P.M.-4 P.M.

Spelling Bee

Friday, August 22
9:30 A.M.-11 A.M.

September's

Golden Chefs: Veggie Bowl

Wednesday, September 24
10:15 A.M.-11 A.M.

****FIRST COME FIRST SERVE****

****LIMIT 24 PARTICIPANTS****

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Lafayette

1516 E. Princeton Ave. Fresno, CA. 93704

August-Senior Activity Calendar



LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

4 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

5 9:30AM-11:00AM
D.I.Y. Crafting:
Vinyl Wrap
Tumblers

6 ****9:30-10:15AM**
Community Service
Project
10:15AM-11:00AM
Jewelry

7 **9:30AM-11:00AM**
Cinema &
Cinnamon Rolls
(Movie Day)

8 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
Senior Input Hour
(Bring Fall Craft Ideas!)

11 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

12 9:30AM-11:00AM
D.I.Y. Crafting:
Weaved Coasters

13 9:30AM-11:00AM
Beeswax Candle
Workshop

14 **9:30AM-11:00AM**
Virtual Travel:
Antarctica

15 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
YouTube Trivia

18 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

19 9:30AM-11:00AM
D.I.Y. Crafting:
Shadow Boxes

20 **9:30-11:00AM**
Golden Chefs:
Sushi Rolls

21 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
Board Games

22 **9:30AM-11:00AM**
Spelling Bee
Study! Study!
Bee trophy up for
grabs!

25 9:30AM-10:15AM
Fitness
9:30AM-11:00AM
Diamond Art

26 9:30AM-11:00AM
D.I.Y. Crafting:
Ceramic Vase
Painting

27 9:30AM-11:00AM
Dream Catcher
Workshop

28 9:30AM-10:15AM
Bingo
10:30AM-11:00AM
Board Games

29 **9:30AM-11:00AM**
Spelling Bee
Championship

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-2934

Program Questions:

(559) 621-7529

Senior Hot Meals Lafayette

Serving time: 11:30 AM

*Must reserve meal the day
before by 11:30 AM*

**Community Service Project: Back to School Snack Bags

Wednesday, August 6
9:30AM-10:15AM

*Help us organize and construct
snack bags for the Lafayette
Park After School Kids to
celebrate their return to
school!*

Senior Golden Chef: Sushi Rolls

Wednesday, August 20
9:30AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Ted C. Wills

770 N. San Pablo Ave. Fresno, CA. 93728



August-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

1 9:30AM-10:30AM
KARAOKE!
10:30AM-11:00AM
Board Games

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-6742

Program Questions:

(559) 621-7529

Senior Hot Meals

Ted Wills

Serving time: 11:15 AM

Must reserve meal the day before by 11:30 AM

Movies & Munchies

Thursday, August 7

9:30AM-11:00AM

Senior Golden Chef:

Sushi Rolls

Thursday, August 14

9:30AM-11:00AM

Senior Luau Dance

Saturday, August 16

Ted C. Wills

1PM-4PM

4 9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Clay Mirrors

5 9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
10:15AM-11:00AM
Jewelry

6 9:30AM-10:00AM
Garden Walk
9:30AM-11:00AM
Diamond Art

7 9:30AM-11:00AM
Movies & Munchies

8 9:30AM-10:30AM
KARAOKE!
10:30AM-11:00AM
Board Games

11 9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Designer Cutting Boards

12 9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
**10:15AM-11:15AM
Senior Input Hour**

13 9:30AM-10:00AM
**Community Service
Project**
9:30AM-11:00AM
Diamond Art

14 9:30AM-11:00AM
**Golden Chefs:
Sushi Rolls**

15 9:30AM-10:30AM
KARAOKE!
10:30AM-11:00AM
Board Games

18 9:30AM-10:15AM
Fitness
9:45AM-11:00AM
D.I.Y. Crafting:
Bath Bombs

19 9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
10:15AM-11:00AM
Jewelry

20 9:30AM-10:00AM
Garden Walk
9:30AM-11:00AM
Diamond Art

21 9:30AM-11:00AM
D.I.Y. Candy Gumball
Machines Workshop

22 9:30AM-11:00AM
Spelling Bee
Study! Study!
Bee trophy up for
grabs!

25 9:30AM-10:15AM
Fitness
10:00-11:00AM
D.I.Y. Crafting:
Iron On Tote Bags

26 9:30AM-10:15AM
Bingo
10:15AM-11:00AM
Tai Chi w/Sly
10:15AM-11:00AM
Jewelry

27 9:30AM-10:00AM
D.I.Y. Crafting:
Glass Tumblers
9:30AM-11:00AM
Diamond Art

28 9:30AM-11:00AM
**Virtual Travel:
Antarctica**

29 9:30AM-11:00AM
**Spelling Bee
Championship**

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



August-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

4
9:15AM-11:00AM
Crochet Club
11:00AM-11:45AM
Spelling Bee Practice

5
9:30AM-10:15AM
Fitness
10:30AM-11:30AM
D.I.Y. Crafting
Floral Bookmarks

6
9:30AM-11:00AM
Puzzle Mania
**11:00AM-11:45AM
Senior Input Hour**

7
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Wii Play

8
10:00AM-10:45AM
Crochet Club
11:00AM-11:45AM
Jewelry

9
9:30AM-11:00AM
Diamond Art
11:00AM-11:45AM
YouTube Trivia

11
9:15AM-11:00AM
Crochet Club
11:00AM-11:45AM
Spelling Bee Practice

12
9:30AM-10:15AM
Fitness
10:30AM-11:30AM
D.I.Y. Crafting
Tumblers

13
**9:30-11:00AM
Golden Chefs:
Sushi Rolls**

14
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Wii Play

15
**10:00-11:30AM
Virtual Travel:
Lebanon**

16
9:30AM-11:00AM
Diamond Art
11:00AM-11:45AM
YouTube Trivia

18
9:15AM-11:00AM
Crochet Club
11:00AM-11:45AM
Spelling Bee Practice

19
9:30AM-10:15AM
Fitness
10:30AM-11:30AM
D.I.Y. Crafting
Enchanted Forest Biome

20
9:30AM-11:00AM
Puzzle Mania
11:00AM-11:45AM
Table Talks

21
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Wii Play

22
**9:30AM-11:00AM
Spelling Bee**
Study! Study!
Bee trophy up for grabs!

23
9:30AM-11:00AM
Diamond Art
11:00AM-11:45AM
YouTube Trivia

25
9:15AM-11:00AM
Crochet Club
11:00AM-11:45AM
Jewelry

26
9:30AM-10:15AM
Fitness
10:30AM-11:30AM
D.I.Y. Crafting
Beaded Pens

27
9:30AM-11:00AM
Puzzle Mania
11:00AM-11:45AM
Table Talks

28
10:00AM-10:45AM
Bingo
11:00AM-11:45AM
Wii Play

29
**9:30AM-11:00AM
Spelling Bee
Championship**

30
9:30AM-11:00AM
Diamond Art
11:00AM-11:45AM
YouTube Trivia

Hours & Phone Numbers

Monday-Saturday
9 AM - 3 PM

Site: (559) 267-6670

Program Questions:
(559) 621-7529

Golden Chefs: Sushi Rolls

Wednesday, August 13
9:30AM-11:00AM
No Registration
Required!

Virtual Travel: Lebanon

Friday, August 15
10:00AM-11:30AM
No Registration Required!

Activities Available Daily from 9AM-3PM:

- Painting
- Diamond Art (12x16)
- Crochet Supplies
- Tablets
- Board Games

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



August-Senior Afternoon Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**ALL ACTIVITIES
ARE FREE OF
CHARGE!**

1

1:00PM-2:00PM
Karaoke

2

12:30PM-2:30PM
Movie & Popcorn

Hours & Phone Numbers

Monday-Saturday
9 AM - 3 PM

Site: (559) 267-6670

Program Questions:

(559) 621-7529

Closed for Staff Meeting

Tuesday, August 5
12:30PM-3:00PM
Sorry for the inconvenience!

Tie Dye Workshop

Friday, August 21
1:00PM-3:00PM
No Registration
Required

Free Technology Assistance:

Monday-Saturday
9:00AM-3:00PM
Call: (559) 267-6670
for an Appointment!

4

1:00PM-2:30PM
Documentary:
The Big Blue -Ocean
Stories from Down
Under- Ep. 1

5

12:30PM-3:00PM
Closed for
Staff Meeting

6

1:00PM-2:00PM
Cornhole
(Open Play)

7

1:00PM-2:00PM
Science Day

8

1:00PM-2:00PM
Karaoke

9

12:30PM-2:30PM
Movie & Popcorn

11

1:00PM-2:30PM
Documentary:
The Big Blue -Ocean
Stories from Down
Under- Ep. 2

12

1:00PM-2:30PM
Bob Ross Paint
Party

13

1:00PM-2:00PM
Cornhole
(Open Play)

14

1:00PM-2:00PM
Escape Room

15

1:00PM-2:00PM
Karaoke

16

12:30PM-2:30PM
Movie & Popcorn

18

1:00PM-2:30PM
Documentary:
The Big Blue -Ocean
Stories from Down
Under- Ep. 3

19

1:00PM-2:30PM
Bob Ross Paint
Party

20

1:00PM-2:00PM
Cornhole
(Open Play)

21

1:00PM-2:00PM
Tie Dye Workshop

22

1:00PM-2:00PM
Karaoke

23

12:30PM-2:30PM
Movie & Popcorn

25

1:00PM-2:30PM
Documentary:
The Big Blue -Ocean
Stories from Down
Under- Ep. 4

26

1:00PM-2:30PM
Bob Ross Paint
Party

27

1:00PM-2:00PM
Cornhole
(Open Play)

28

1:00PM-2:00PM
Leftover Craft
Bonanza

29

1:00PM-2:00PM
Karaoke

30

12:30PM-2:30PM
Movie & Popcorn

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mosqueda

4670 E. Butler Ave. Fresno, CA. 93702



August-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

Water Aerobics
Monday, Wednesday,
& Friday
9:30 A.M.

Senior Luau Dance
August 16
Ted C. Wills
1PM-4PM

1
9:30AM-10:30AM
Seniors Choice
10:30AM-11:00AM
Board Games

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 417-2341

Program Questions:
(559) 621-7529

Senior Hot Meals Mosqueda

Serving time: 11:15 AM

*Must reserve meal the day
before by 11:30 AM*

Golden Chef:
Raspberry & Cream
Friday, August 15
10:30AM- 11:00AM

Senior Citizens Day
Thursday, August 21
10:30AM-11:00AM

Virtual Travels: Texas
Monday, August 25
10:30AM-11:00AM

4
9:30AM-10:15AM
Diamond Art
10:15AM-11:00AM
Senior Input Hour

5
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

6
9:30AM-10:30AM
Dance Fitness
10:30AM-11:00AM
Karaoke

7
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

8
9:30AM-10:30AM
Seniors Choice
10:30AM-11:00AM
Karaoke Competition

11
9:30AM-10:15AM
Diamond Art
10:15AM-11:00AM
Trivia

12
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

13
9:30AM-10:30AM
Resin Molds
10:30AM-11:00AM
Karaoke

14
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

15
9:30AM-10:30AM
Seniors Choice
10:30AM-11:00AM
Golden Chef:
Raspberry & Cream

18
9:30AM-10:15AM
Jewelry Making
10:15AM-11:00AM
Board Games

19
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Insulin Resistance
Presentation

20
9:30AM-10:30AM
Dance Fitness
10:30AM-11:00AM
Karaoke

21
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Sr. Citizens Day

22
9:15AM-10:00AM
Seniors Choice
9:30AM-11:00AM
Spelling Bee

25
9:30AM-10:30AM
Diamond Art
10:30AM-11:00AM
Virtual Travels: Texas

26
9:15AM-10:00AM
Bingo
10:30AM-11:00AM
Morning Walk

27
9:30AM-10:30AM
Dance Fitness
10:30AM-11:00AM
Karaoke

28
9:30AM-10:15AM
Tai Chi w/ Art & Sly
10:30AM-11:00AM
Craft

29
9:15AM-10:00AM
Seniors Choice
9:30AM-11:00AM
Spelling Bee
Championship

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.*Scheduled activities subject to change.*

Mary Ella Brown

1350 E. Annadale Ave. Fresno, CA. 93706



LOCATION INFORMATION

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 497-1326

Program Questions:
(559) 621-7529

Senior Hot Meals Mary Ella Brown

Serving time: 11:30 AM

Must reserve meal the day before by 11:30 AM

Golden Chef: Raspberry & Cream

Wednesday, August 13
10:30AM- 11:00AM

Senior Citizens Day

Thursday, August 21
10:30AM-11:00AM

Virtual Travels: Texas

Wednesday, August 27
10:00AM-11:00AM

August-Senior Activity Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

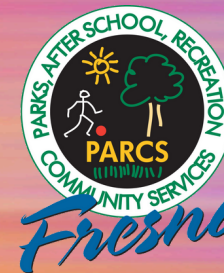
FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!		Water Aerobics at Mosqueda every Monday, Wednesday, & Friday 9:30 A.M.		Senior Luau Dance August 16 Ted C. Wills 1PM-4PM		1 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Seniors Choice	
4 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke		5 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art		6 9:15AM-10:00AM Beaded Pens 10:00AM-11:00AM Senior Input Hour		7 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	
11 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke		12 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art		13 9:15AM-10:00AM Painting Candles 10:30AM-11:00AM Golden Chef: Raspberry & Cream		14 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	
18 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke		19 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art		20 9:15AM-10:00AM Heart Box Painting 10:00AM-11:00AM Seniors Choose to Boogie		21 9:15AM-10:00AM Bingo 10:30AM-11:00AM Fitness & Sr. Citizens Day	
25 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke		26 9:15AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art		27 9:15AM-10:00AM DIY Gnomes 10:00AM-11:00AM Virtual Travels: Texas		28 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	
						22 9:15AM-10:00AM Dominoes 9:30AM-11:00AM Spelling Bee	
						29 9:15AM-10:00AM Dominoes 9:30AM-11:00AM Spelling Bee Championship	

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Senior Citizens Village

1917 S. Chestnut Ave. Fresno, CA. 93702



August-Senior Activity Calendar

LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All activities are approximately 30-45 min long FREE OF CHARGE!

Water Aerobics at Mosqueda every Monday, Wednesday, & Friday 9:30 A.M.

Senior Luau Dance August 16 Ted C. Wills 1PM-4PM

1 9:15AM-10:00AM Bead Work
10:00AM-10:45AM Diamond Art
11:00AM-11:45AM Seniors Choice

4 9:15AM-10:00AM Tai Chi w/ Sly
10:30AM Food Distribution

5 9:15AM-10:00AM Morning Walk
10:15AM-11:00AM Senior Input Hour
11:00AM-11:45AM Brain Games

6 9:30AM-10:15AM Senior Stretch
10:15AM-10:45AM Magnets
11:00AM-11:45AM Open Rec

7 9:15AM-10:00AM Morning Walk
10:00AM-10:45AM Bingo
11:00AM-11:45AM Colorful Creations

8 9:15AM-10:00AM Bead Work
10:00AM-10:45AM Watercolor Painting
11:00AM-11:45AM Seniors Choice

11 9:15AM-10:00AM Tai Chi w/ Sly
10:30AM Food Distribution

12 9:15AM-10:00AM Morning Walk
10:15AM-11:00AM Golden Chef: Raspberry & Cream

13 9:30AM-10:15AM Senior Stretch
10:15AM-10:45AM Tie Dye
11:00AM-11:45AM Open Rec

14 9:15AM-10:00AM Morning Walk
10:00AM-10:45AM Bingo
11:00AM-11:45AM Colorful Creations

15 9:15AM-10:00AM Bead Work
10:00AM-10:45AM Craft
11:00AM-11:45AM Seniors Choice

18 9:15AM-10:00AM Tai Chi w/ Sly
10:00AM - 10:45AM Soap Making
11:00AM- 11:45AM Studio Arts

19 9:15AM-10:00AM Morning Walk
10:15AM-11:00AM Diamond Art
11:00AM-11:45AM Brain Games

20 9:30AM-10:15AM Senior Stretch
10:15AM-10:45AM Craft
11:00AM-11:45AM Open Rec

21 9:15AM-10:00AM Morning Walk
10:00AM-10:45AM Bingo
10:30AM-11:00AM Senior Citizens Day

22 9:15AM-10:00AM Mosaic Coasters
9:30AM-11:00AM Spelling Bee

25 9:15AM-10:00AM Tai Chi w/ Sly
10:00AM - 10:45AM Diamond Art
11:00AM- 11:45AM Studio Arts

26 9:15AM-10:00AM Morning Walk
10:15AM-11:00AM Virtual Travels: Texas
11:00AM-11:45AM Brain Games

27 9:30AM-10:15AM Senior Stretch
10:15AM-10:45AM Craft
11:00AM-11:45AM Open Rec

28 9:15AM-10:00AM Morning Walk
10:00AM-10:45AM Bingo
11:00AM-11:45AM Colorful Creations

29 9:15AM-10:00AM Diamond Art
9:30AM-11:00AM Spelling Bee Championship

Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 538-5232

Program Questions:

(559) 621-7529

Food Distribution

Senior Citizens Village

Monday 8/4 at 10:30AM

Monday 8/11 at 10:30AM

Golden Chef:

Raspberry & Cream

Tuesday, August 12

10:15AM- 11:00AM

Senior Citizens Day

Thursday, August 21

10:30AM-11:00AM

Virtual Travels: Texas

Tuesday, August 26

10:15AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available.

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scheduled program/event.*Scheduled activities subject to change.*