

# Inspiration

5770 W. Gettysburg Ave. Fresno, CA. 93723

## July-Senior Activity Calendar



### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

**Tai Chi w/Pat**  
9:30 AM  
Every Monday & Thursday

**1** 9:15AM-10:00AM  
Wii Games  
10:15AM-11:00AM  
Senior Input Hour

**2** 9:15AM-10:15AM  
Fitness  
9:15AM-10:00AM  
Tech Support  
10:15AM-11:00AM  
Bingo

**3** 9:30 AM-11:00AM  
Patriotic Potluck  
10:15AM-11:00AM  
Red, White & Berry  
Good DIY Dessert

**4** **Closed**  
FOR THE  
**4th OF JULY**

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 691-1058

Program Questions:  
(559) 621-7529

### Senior Hot Meals Inspiration

**Serving time: 11:15 AM**

\*Must reserve meal the day  
before by 11:30 AM\*

### July's Events:

July 3-Patriotic Potluck

July 7-Virtual Travels

July 29-Golden Chefs

### August's Golden Chefs:

**Friday, August 29**

**Banana Bread**

We will be making a healthy  
snack from the cookbook  
provided to us by FMAAA

**\*\*FIRST COME FIRST SERVE\*\***

**\*\*LIMIT OF 24 PARTICIPANTS\*\***

**7** 9:15AM-10:00AM  
Virtual Travel: Unreal  
Wonders  
9:15AM-11:00AM  
Sunflower Painting

**8** 9:15AM-11:00AM  
Seniors Choice of Movie

**9** 9:15AM-10:15AM  
Fitness  
9:15AM-10:00AM  
Tech Support  
10:15AM-11:00AM  
Bingo

**10** 9:15AM-10:00AM  
Trivia  
10:15AM-11:00AM  
Soap Making

**11** 9:30AM - 10:15 AM  
Fitness  
10:15AM-11:00AM  
Diamond Art

**14** 9:15AM-10:00AM  
Pool Competition  
9:15AM-11:00AM  
Firework Flag Painting

**15** 9:15AM-10:00AM  
Wii Games  
10:15AM-11:00AM  
Ceramic Coasters

**16** 9:15AM-10:15AM  
Fitness  
9:15AM-10:00AM  
Tech Support  
10:15AM-11:00AM  
Bingo

**17** 9:15AM-10:00AM  
Sentence Starters  
10:15AM-11:00AM  
Sun Catchers

**18** 9:30AM - 10:15 AM  
Fitness  
10:15AM-11:00AM  
Diamond Art

**21** 9:15AM-10:00AM  
Indoor Games  
9:15AM-11:00AM  
Flag in the Skay Painting

**22** 9:15AM-10:00AM  
Wii Games  
10:15AM-11:00AM  
Garden Rock Painting

**23** 9:15AM-10:15AM  
Fitness  
9:15AM-10:00AM  
Tech Support  
10:15AM-11:00AM  
Bingo

**24** 9:15AM-10:00AM  
Trivia  
10:15AM-11:00AM  
Cross Stitch &  
Embroidery

**25** 9:30AM - 10:15 AM  
Fitness  
10:15AM-11:00AM  
Diamond Art

**28** 9:15AM-10:00AM  
Indoor Games  
9:15AM-11:00AM  
Burst of Stars Painting

**29** 9:15AM-10:00AM  
Wii Games  
10:15AM-11:00AM  
Golden Chefs:  
Italian Grinder Salad

**30** 9:15AM-10:15AM  
Fitness  
9:15AM-10:00AM  
Tech Support  
10:15AM-11:00AM  
Bingo

**31** 9:15AM-10:00AM  
Seniors Choice  
10:15AM-11:00AM  
Resin: Make your own  
writing pen

**All activities are  
approximately  
30-45 min long  
FREE OF CHARGE!**

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*

# Pinedale

7170 N. San Pablo Ave. Fresno, CA. 93650

## July-Senior Activity Calendar



### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

	<b>1</b> 9:15AM-10:00AM Table Topics 10:15AM-11:00AM Bingo	<b>2</b> 9:15AM-10:00AM Diamond Art 10:15 AM-11:00 AM Crafts	<b>3</b> 9:15AM-10:15AM Senior Input Hour 9:30 AM-11:00AM Patriotic Potluck 10:15AM-11:00AM Red, White & Berry Good DIY Dessert	<b>4</b> 
<b>7</b> 9:30AM-10:30AM Fitness 10:15AM-11:00AM Jewlery	<b>8</b> 9:15AM-10:00AM <b>Virtual Travel: Unreal Wonders</b> 10:15AM-11:00AM Bingo	<b>9</b> 9:15AM-10:00AM Trivia 10:15 AM-11:00 AM Walking Trip	<b>10</b> 9:15AM-10:00AM Current Events 10:15 AM-11:00 AM Chess for Beginners	<b>11</b> 9:30AM-10:00AM Shell Decorating 10:15AM-11:00AM Potpourri Sachets
<b>14</b> 9:30AM-10:30AM Fitness 10:15AM-12:00AM Mushroom Maison Jars	<b>15</b> 9:15AM-10:00AM Indoor Game 10:15AM-11:00AM Bingo	<b>16</b> 9:15AM-10:00AM Pool Competition 10:15 AM-11:00 AM Tech Support	<b>17</b> 9:15AM-11:00AM DIY Sunglasses	<b>18</b> 9:30AM-10:00AM Sand Art 10:15AM-11:00AM Sunflower Wreaths
<b>21</b> 9:30AM-10:30AM Fitness 10:15AM-11:00AM Resin Fun	<b>22</b> 9:15AM-10:00AM Charades 10:15AM-11:00AM Bingo	<b>23</b> 9:15AM-10:00AM Karaoke Fun 10:15 AM-11:00 AM Chess for Beginners	<b>24</b> 9:15AM-11:00AM DIY Phone Charm	<b>25</b> 9:15AM-10:00AM DIY Tumbler Cups 9:15AM-11:00AM Senior's Choice of Movie
<b>28</b> 9:30AM-10:30AM Fitness 10:15AM-11:00AM Jewlery	<b>29</b> 9:15AM-10:00AM Indoor Game 10:15AM-11:00AM Bingo	<b>30</b> 9:15AM-10:00AM Trivia 10:15 AM-11:00 AM Walking Trip	<b>31</b> 9:15AM-10:00AM Seniors Choice 10:15 AM-11:00 AM <b>Golden Chefs:</b> <b>Italian Grinder Salads</b>	<b>All activities are approximately 30-45 min long FREE OF CHARGE!</b>

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

**Site:** (559) 974-6720

**Program Questions:**

(559) 621-7529

### Senior Hot Meals Pinedale

**Serving time:** 11:30 AM

\*Must reserve meal the day before by 11:30 AM\*

### July's Events:

July 3-Patriotic Potluck

July 8-Virtual Travels

July 31-Golden Chefs

### August's Golden Chefs:

**Thursday, August 28**  
**Banana Bread**

We will be making a healthy snack from the cookbook provided to us by FMAAA

**\*\*FIRST COME FIRST SERVE\*\***

**\*\*LIMIT OF 24 PARTICIPANTS\*\***

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*



# Paul “Cap” Caprioglio Community Center

5191 N. Sixth St. Fresno, CA 93710



## July-Senior Activity Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOCATION INFORMATION

**1**  
9:30AM-10:30AM  
Fitness  
10:30AM-11:00AM  
Virtual Travel: Unreal Wonders  
11:00AM-12:00PM  
Indoor/Outdoor Games  
& Diamond Art

**2**  
9:15AM-10:00AM  
Bingo  
10:15AM-11:15AM  
Senior Input Hour  
11:15AM-12:00PM  
Crafts

**3**  
9:30AM-10:30AM  
Fitness  
9:30AM-11:00AM  
Patriotic Potluck  
10:15AM-11:00AM  
Red, White & Berry Good  
DIY Dessert

**4**  
**Closed**  
FOR THE  
**4th OF JULY**

**7**  
9:15AM-12:00PM  
Knots & Threads  
11:15AM-12:00PM  
Music & Convo

**8**  
9:30AM-10:30AM  
Fitness  
10:30AM-12:00AM  
Coffee & Canvas

**9**  
9:15AM-10:00AM  
Bingo  
10:15AM-12:00PM  
Golden Chefs:  
Italian Grinder Salad

**10**  
9:30AM-10:30AM  
Fitness  
10:30AM-12:00PM  
Tea Cup Bird Feeders

**11**  
9:30 AM-12:00PM  
Movie Day:  
A Million Miles Away  
Starring: Michael Pena  
Popcorn served!

**14**  
9:15AM-12:00PM  
Knots & Threads  
11:15AM-12:00PM  
Music & Convo

**15**  
9:30AM-10:30AM  
Fitness  
10:30AM-12:00AM  
Indoor/Outdoor Games  
& Diamond Art

**16**  
CLOSED FOR FACILITY  
MAINTENANCE

**17**  
CLOSED FOR FACILITY  
MAINTENANCE

**18**  
CLOSED FOR FACILITY  
MAINTENANCE

**21**  
CLOSED FOR FACILITY  
MAINTENANCE

**22**  
CLOSED FOR FACILITY  
MAINTENANCE

**23**  
CLOSED FOR FACILITY  
MAINTENANCE

**24**  
CLOSED FOR FACILITY  
MAINTENANCE

**25**  
CLOSED FOR FACILITY  
MAINTENANCE

**28**  
CLOSED FOR FACILITY  
MAINTENANCE

**29**  
CLOSED FOR FACILITY  
MAINTENANCE

**30**  
CLOSED FOR FACILITY  
MAINTENANCE

**31**  
9:30AM-10:30AM  
Fitness  
10:30AM-12:00PM  
Coffee & Canvas

**All activities are  
approximately  
30-45 min long  
FREE OF CHARGE!**

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

**Site:** (559) 621-2991

**Program Questions:**

(559) 621-7529

### Fitness

Every Tuesday & Thursday

9:30AM-10:30AM

### July's Events:

July 1-Virtual Travels

July 3-Patriotic Potluck

July 9-Golden Chefs

### August's Golden Chefs:

**Wednesday, August 27**

**Banana Bread**

We will be making a healthy  
snack from the cookbook  
provided to us by FMAAA

**\*\*FIRST COME FIRST SERVE\*\***

**\*\*LIMIT OF 24 PARTICIPANTS\*\***

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*

# Lafayette

1516 E. Princeton Ave. Fresno, CA. 93704

## July-Senior Activity Calendar



### LOCATION INFORMATION


#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

	<b>1</b> 9:15AM-10:00AM 3-D Puzzle 10:15AM-11:00AM Board Games	<b>2</b> 9:30AM-11:00AM Bob Ross Paint Party! <b>Pre-Sketched Canvas Painting</b>	<b>3</b> <b>9:30AM-11:00AM</b> <b>Patriotic Potluck &amp; Patriotic Trivia!</b>	<b>4</b> 
<b>7</b> 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	<b>8</b> 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Board Games	<b>9</b> 9:30AM-11:00AM Bob Ross Paint Party! <i>Canvas, No Glaze Ceramics &amp; Paint by Numbers Available</i>	<b>10</b> 9:30AM-11:00AM D.I.Y. Crafting: Summer Picture Frames	<b>11</b> 9:30AM-10:15AM Bingo <b>10:30AM-11:00AM</b> <b>Senior Input Hour</b>
<b>14</b> 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	<b>15</b> 9:15AM-10:00AM Table Talks 10:15AM-11:00AM Board Games	<b>16</b> <b>9:30AM-11:00AM</b> <b>Senior Golden Chef: No Bake Strawberry Pie</b>	<b>17</b> 9:30AM-11:00AM D.I.Y. Crafting: Personalized Sunglasses	<b>18</b> 9:30AM-10:15AM Bingo 10:30AM-11:00AM YouTube Trivia
<b>21</b> 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	<b>22</b> 9:15AM-10:00AM Jewelry 10:15AM-11:00AM Board Games	<b>23</b> 9:30AM-11:00AM Bob Ross Paint Party! <i>Canvas, No Glaze Ceramics &amp; Paint by Numbers Available</i>	<b>24</b> <b>9:30AM-11:00AM</b> <b>Virtual Travel: Mexico City</b>	<b>25</b> 9:30AM-10:15AM Bingo 10:30AM-11:00AM YouTube Trivia
<b>28</b> 9:30AM-10:15AM Fitness 9:30AM-11:00AM Diamond Art	<b>29</b> 9:15AM-10:00AM D.I.Y. Bird Feeders 10:15AM-11:00AM Board Games	<b>30</b> 9:30AM-11:00AM Bob Ross Paint Party! <i>Canvas, No Glaze Ceramics &amp; Paint by Numbers Available</i>	<b>31</b> 9:30AM-11:00AM D.I.Y. Crafting: Mod Podge Seashells	<b>All activities are approximately 30-45 min long FREE OF CHARGE!</b>

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

**Site:** (559) 621-2934

**Program Questions:**

(559) 621-7529

### Senior Hot Meals

#### Lafayette

**Serving time:** 11:30 AM

\*Must reserve meal the day before by 11:30 AM\*

### Patriotic Potluck!

All Sites

Thursday, July 3

9:30 AM-11:00AM

### Golden Chefs:

#### Mini Strawberry Pies (No Bake)

Wednesday, July 16

9:30AM-11:00AM

### Virtual Travel:

#### Mexico City

Thursday, July 24

9:30AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*



# Ted C. Wills

770 N. San Pablo Ave. Fresno, CA. 93728

## July-Senior Activity Calendar



### LOCATION INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<b>1</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly	<b>2</b> 9:30AM-10:15AM Garden Walk/Games 9:30AM-11:00AM Diamond Art (12x16 Available)	<b>3</b> 9:30AM-11:00AM Patriotic Potluck	<b>4</b> 
<b>7</b> 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Glitter Canvas Creations	<b>8</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly	<b>9</b> 9:30AM-10:15AM Garden Walk/Games 9:30AM-11:00AM Diamond Art (12x16 Available)	<b>10</b> 9:30AM-11:00AM Movie Day!	<b>11</b> 9:30AM-10:30AM KARAOKE! 10:30AM-11:00AM Jewelry
<b>14</b> 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Diwali Garden Lanterns	<b>15</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly 10:15AM-11:15AM Senior Input Hour	<b>16</b> 9:30AM-10:15AM Garden Walk/Games 9:30AM-11:00AM Diamond Art (12x16 Available)	<b>17</b> 9:30AM-11:00AM Senior Golden Chef: Mini Strawberry Pies (No Bake)	<b>18</b> 9:30AM-10:30AM KARAOKE! 10:30AM-11:00AM Board Games
<b>21</b> 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Designer Sunglasses	<b>22</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly	<b>23</b> 9:30AM-10:15AM Garden Walk/Games 9:30AM-11:00AM Diamond Art (12x16 Available)	<b>24</b> 9:30AM-11:00AM Fuse Bead Workshop	<b>25</b> 9:30AM-10:30AM KARAOKE! 10:30AM-11:00AM Jewelry
<b>28</b> 9:30AM-10:15AM Fitness 9:45AM-11:00AM D.I.Y. Crafting: Pebble Stained Glass	<b>29</b> 9:30AM-10:15AM Bingo 10:15AM-11:00AM Tai Chi w/Sly	<b>30</b> 9:30AM-10:15AM Garden Walk/Games 9:30AM-11:00AM Diamond Art (12x16 Available)	<b>31</b> 9:30AM-11:00AM Virtual Travel: Hawaii	<b>All activities are approximately 30-45 min long FREE OF CHARGE!</b>

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 621-6742

Program Questions:

(559) 621-7529

### Senior Hot Meals

Ted Wills

**Serving time:** 11:15 AM

\*Must reserve meal the day before by 11:30 AM\*

### Patriotic Potluck!

All Sites

Thursday, July 3

9:30 AM-11:00AM

### Golden Chefs:

Mini Strawberry Pies

(No Bake)

Thursday, July 17

11:00AM-11:00AM

### Virtual Travel: Hawaii

Thursday, July 31

9:30AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available.

Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*

# The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703

## July-Senior Activity Calendar



### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

#### SATURDAY

	<b>1</b> 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Dream Catchers	<b>2</b> 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	<b>3</b> 10:00AM-10:45AM Bingo <b>9:30AM-11:00 AM</b> <b>Patriotic Potluck!</b>	<b>4</b> 	<b>5</b> 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
<b>7</b> 9:15AM-11:00AM Crochet Club <b>11:00AM-11:45AM</b> <b>Senior Input Hour</b>	<b>8</b> 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting "Under the Sea" Snow Globe	<b>9</b> 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	<b>10</b> 10:00AM-10:45AM Bingo 11:00-11:45 AM Wii Play	<b>11</b> 9:30AM-11:00AM Crochet Club 11:00AM-11:45AM Board Games	<b>12</b> 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
<b>14</b> 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	<b>15</b> 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting: Watermelon Sugar Lip Scrub	<b>16</b> 9:30AM-11:00AM Puzzle Mania <b>11:00AM-1:00PM</b> <b>Senior Golden Chef:</b> <b>Mini Strawberry Pies</b> <b>No Bake</b>	<b>17</b> 10:00AM-10:45AM Bingo 11:00-11:45 AM Wii Play	<b>18</b> 9:30AM-11:00AM Crochet Club 11:00AM-11:45AM Board Games	<b>19</b> 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
<b>21</b> 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	<b>22</b> 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Soap Making	<b>23</b> 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	<b>24</b> 10:00AM-10:45AM Bingo 11:00-11:45 AM Wii Play	<b>25</b> <b>10:00AM-11:30AM</b> <b>Virtual Travel:</b> <b>Mexico City</b>	<b>26</b> 9:30AM-11:00AM Diamond Art 11:00AM-11:45AM YouTube Trivia
<b>28</b> 9:15AM-11:00AM Crochet Club 11:00AM-11:45AM Jewelry	<b>29</b> 9:30AM-10:15AM Fitness 10:30AM-11:30AM D.I.Y. Crafting Iron On Tote Bags	<b>30</b> 9:30AM-11:00AM Puzzle Mania 11:00AM-11:45AM Table Talks	<b>31</b> 10:00AM-10:45AM Bingo 11:00-11:45 AM Wii Play	<b>All activities are approximately 30-45 min long FREE OF CHARGE!</b>	

### Hours & Phone Numbers

Monday-Saturday  
9 AM - 3 PM

**Site:** (559) 267-6670

**Program Questions:**  
(559) 621-7529

### Patriotic Potluck!

All Sites

Thursday, July 3  
9:30 AM-11:00AM

### Golden Chefs:

**Mini Strawberry Pies**  
**(No Bake)**

Wednesday, July 16  
11:00AM-1:00PM

### Virtual Travel:

**Mexico City**

Friday, July 25  
10:00AM-11:30AM

**Activities Available Daily**  
**from 9AM-3PM:**

- Painting
- Diamond Art (12x16)
- Crochet Supplies
- Tablets
- Board Games

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*



# The Link @ Blackstone

1525 N. Blackstone Ave. Fresno, CA 93703



## July-Senior Afternoon Activity Calendar

### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

#### SATURDAY

**1** 1:00PM-2:30PM  
Bob Ross  
Paint Party:  
Watch Bob Ross with us  
while painting your own  
masterpiece!

**2** 1:00PM-2:00PM  
Cornhole  
(Open Play)

**3** 1:00PM-2:00PM  
Minute to  
Win It Games



**5** 12:30PM-2:30PM  
The Link Theatre  
\*Complimentary  
Snacks

### Hours & Phone Numbers

Monday-Saturday  
9 AM - 3 PM

**Site:** (559) 267-6670

**Program Questions:**  
(559) 621-7529

### Closed for Staff Meeting

Tuesday, July 8  
12:30PM-3:00PM  
Sorry for the  
inconvenience!

### Free Technology Assistance:

Monday-Saturday  
9:00AM-3:00PM

### Activities Available Daily from 9AM-3PM:

- Painting
- Diamond Art (12x16)
- Crochet Supplies
- Tablets
- Board Games

**7** 1:00PM-2:30PM  
Documentary:  
"The Life of  
Princess Diana"

**8** 12:30PM-3:00PM  
**Closed for Staff Meeting**

**9** 1:00PM-2:00PM  
Cornhole  
(Open Play)

**10** 1:00PM-2:00PM  
Minute to  
Win It Games

**11** 12:00PM-1:00PM  
Karaoke

**12** 12:30PM-2:30PM  
The Link Theatre  
\*Complimentary  
Snacks

**14** 1:00PM-2:30PM  
Documentary:  
"The Life of  
Princess Diana"

**15** 1:00PM-2:30PM  
Bob Ross  
Paint Party:  
Watch Bob Ross with us  
while painting your own  
masterpiece!

**16** 1:00PM-2:00PM  
Cornhole  
(Open Play)

**17** 1:00PM-2:00PM  
Minute to  
Win It Games

**18** 12:00PM-1:00PM  
Karaoke

**19** 12:30PM-2:30PM  
The Link Theatre  
\*Complimentary  
Snacks

**21** 1:00PM-2:30PM  
Documentary:  
"The Life of  
Princess Diana"

**22** 1:00PM-2:30PM  
Bob Ross  
Paint Party:  
Watch Bob Ross with us  
while painting your own  
masterpiece!

**23** 1:00PM-2:00PM  
Cornhole  
(Open Play)

**24** 1:00PM-2:00PM  
Minute to  
Win It Games

**25** 12:00PM-1:00PM  
Karaoke

**26** 12:30PM-2:30PM  
The Link Theatre  
\*Complimentary  
Snacks

**28** 1:00PM-2:30PM  
Documentary:  
"The Life of  
Princess Diana"

**29** 1:00PM-2:30PM  
**Sequence  
Tournament**

**30** 1:00PM-2:00PM  
Cornhole  
(Open Play)

**31** 1:00PM-2:00PM  
**Leftover Craft  
Bonanza!**

**ALL ACTIVITIES  
ARE FREE OF  
CHARGE!**

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*

# Mosqueda

4670 E. Butler Ave. Fresno, CA. 93702



## July-Senior Activity Calendar

### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

<b>Water Aerobics</b> <b>Monday, Wednesday, &amp; Friday</b> <b>9:30 A.M.</b>	<b>1</b> 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	<b>2</b> 9:30AM-10:30AM Dance Fitness 10:30AM-11:00AM Karaoke	<b>3</b> 9:30AM-10:15AM Tai Chi w/ Art & Sly <b>9:30AM-11:00AM</b> <b>Patriotic Potluck</b>	<b>4</b> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Closed</b>  <small>FOR THE</small>  <b>4th OF JULY</b> </div>
<b>7</b> 9:30AM-10:15AM Diamond Art <b>10:15AM-11:00AM</b> <b>Senior Input Hour</b>	<b>8</b> 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	<b>9</b> 9:30AM-10:30AM Dance Fitness 10:30AM-11:00AM DIY Pillow	<b>10</b> 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	<b>11</b> 9:30AM-10:30AM Seniors' Choice <b>10:30AM-11:00AM</b> <b>Golden Chef:</b> <b>Frito Boats</b>
<b>14</b> 9:30AM-10:15AM Trivia! 10:15AM-11:00AM Diamond Art	<b>15</b> 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	<b>16</b> 9:30AM-10:30AM Dance Fitness 10:30AM-11:00AM Karaoke	<b>17</b> 9:30AM-10:15AM Tai Chi w/ Art & Sly <b>10:15AM-11:00AM</b> <b>Sip &amp; Paint</b>	<b>18</b> 9:30AM-10:30AM Seniors' Choice 10:30AM-11:00AM Tie Dye Bandanas
<b>21</b> 9:30AM-10:15AM Diamond Art <b>10:15AM-11:00AM</b> <b>Virtual Travels:</b> <b>Alaska</b>	<b>22</b> 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	<b>23</b> 9:30AM-10:30AM Dance Fitness 10:30AM-11:00AM Karaoke	<b>24</b> 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	<b>25</b> 9:30AM-11:00 AM Senior's Choice & Leftover Craft Bonanza
<b>28</b> 9:30AM-10:15AM Trivia! 10:15AM-11:00AM Diamond Art	<b>29</b> 9:15AM-10:00AM Bingo 10:30AM-11:00AM Morning Walk	<b>30</b> 9:30AM-10:30AM Dance Fitness 10:30AM-11:00AM Karaoke	<b>31</b> 9:30AM-10:15AM Tai Chi w/ Art & Sly 10:30AM-11:00AM Craft	<b>All activities are approximately 30-45 min long FREE OF CHARGE!</b>

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

**Site:** (559) 417-2341

**Program Questions:**

(559) 621-7529

### Senior Hot Meals

#### Mosqueda

**Serving time:** 11:15 AM

\*Must reserve meal the day before by 11:30 AM\*

### Patriotic Potluck!

All Sites

Thursday, July 3

9:30 AM-11:00AM

### Golden Chef: Frito Boats

Friday, July 11

10:30AM-11:00AM

### Virtual Travels: Alaska

Monday, July 21

10:00AM-11:00AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*



# Mary Ella Brown

1350 E. Annadale Ave. Fresno, CA. 93706



## July-Senior Activity Calendar

### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke	<b>1</b> 9:30AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	<b>2</b> 9:15AM-10:00AM Decoupage <b>10:00AM-11:00AM</b> Senior Input Hour	<b>3</b> 9:15AM-10:00AM Bingo <b>9:30AM-11:00AM</b> Patriotic Potluck	<b>4</b> 
<b>7</b> 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke	<b>8</b> 9:30AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	<b>9</b> 9:15AM-10:00AM Painted Candles <b>10:30AM-11:15AM</b> Golden Chef: Frito Boats	<b>10</b> 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	<b>11</b> 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Seniors Choice
<b>14</b> 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke	<b>15</b> 9:30AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	<b>16</b> 9:15AM-10:00AM Glue Gun Art <b>10:00AM-10:45AM</b> Sip & Paint	<b>17</b> 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	<b>18</b> 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Seniors Choice
<b>21</b> 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke	<b>22</b> 9:30AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	<b>23</b> 9:15AM-10:00AM Iron on Coin Purse <b>10:00AM-10:45AM</b> Virtual Travels: Alaska	<b>24</b> 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	<b>25</b> 9:15AM-10:00AM Dominoes 10:00AM-11:00AM Leftover Craft Bonanza
<b>28</b> 9:15AM-10:30AM Jewelry Making 10:30AM-11:00AM Karaoke	<b>29</b> 9:30AM-11:00AM Fitness 10:30AM-11:00AM Diamond Art	<b>30</b> 9:15AM-10:00AM Mosaic Coasters 10:00AM-10:45AM Seniors Choose to Boogie	<b>31</b> 9:15AM-10:00AM Bingo 10:30AM-11:15AM Fitness	<b>All activities are approximately 30-45 min long FREE OF CHARGE!</b>

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 497-1326

Program Questions:  
(559) 621-7529

### Senior Hot Meals Mary Ella Brown

**Serving time:** 11:30 AM

\*Must reserve meal the day before by 11:30 AM\*

### Patriotic Potluck All Sites

Thursday, July 3

9:30 AM-11:00AM

### Golden Chef: Frito Boats

Wednesday, July 9

10:30AM-11:15AM

### Virtual Travels: Alaska

Wednesday, July 23

10:00AM-10:45AM

Services of an interpreter and additional accommodations such as assistive listening devices can be made available. Requests for accommodations should be made more than five working days but no later than 48 hours prior to the scheduled program/event.\*Scheduled activities subject to change.\*

# Senior Citizens Village

1917 S. Chestnut Ave. Fresno, CA. 93702



## July-Senior Activity Calendar

### LOCATION INFORMATION

#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

**1** 9:15AM-10:00AM  
Morning Walk  
**10:00AM-10:45AM**  
Senior Input Hour  
11:00AM-11:45AM  
Brain Games

**2** 9:30AM-10:15AM  
Senior Stretch  
10:15AM-10:45AM  
Suncatchers  
11:00AM-11:45AM  
Open Rec

**3** **9:30AM-11:00AM**  
**Patriotic Potluck**  
10:00AM-10:45AM  
Bingo

**4** **Closed**  
FOR THE  
**4th OF JULY**

### Hours & Phone Numbers

Monday-Friday

9 AM - 12PM

Site: (559) 538-5232

Program Questions:

(559) 621-7529

### Food Distribution

Senior Citizens Village

Monday 7/7 at 10:30AM

Monday 7/14 at 10:30AM

### Patriotic Potluck

All Sites

Thursday, July 3

9:30 AM-11:00AM

### Golden Chef: Frito Boats

Tuesday, July 8

10:00AM-10:45AM

### Virtual Travels: Alaska

Tuesday, July 22

10:00AM-10:45AM

**7** 9:15AM-10:00AM  
Tai Chi w/ Sly  
10:30AM  
Food Distribution

**8** 9:15AM-10:00AM  
Morning Walk  
**10:00AM-10:45AM**  
Golden Chef: Frito Boats  
11:00AM-11:45AM  
Brain Games

**9** 9:30AM-10:15AM  
Senior Stretch  
10:15AM-10:45AM  
Craft  
11:00AM-11:45AM  
Open Rec

**10** 9:15AM-10:00AM  
Morning Walk  
10:00AM-10:45AM  
Bingo  
11:00AM-11:45AM  
Colorful Creations

**11** 9:15AM-10:00AM  
Bead Work  
10:00AM-10:45AM  
Craft  
11:00AM-11:45AM  
Seniors Choice

**14** 9:15AM-10:00AM  
Tai Chi w/ Sly  
10:30AM  
Food Distribution

**15** 9:15AM-10:00AM  
Morning Walk  
**10:00AM-11:00AM**  
Sip & Paint

**16** 9:30AM-10:15AM  
Senior Stretch  
10:15AM-10:45AM  
Soap Making  
11:00AM-11:45AM  
Open Rec

**17** 9:15AM-10:00AM  
Morning Walk  
10:00AM-10:45AM  
Bingo  
11:00AM-11:45AM  
Colorful Creations

**18** 9:15AM-10:00AM  
Bead Work  
10:00AM-10:45AM  
Craft  
11:00AM-11:45AM  
Seniors Choice

**21** 9:15AM-10:00AM  
Tai Chi w/ Sly  
10:00AM - 10:45AM  
Sand Art  
11:00AM- 11:45AM  
Studio Arts

**22** 9:15AM-10:00AM  
Morning Walk  
**10:00AM-10:45AM**  
Virtual Travels Alaska  
11:00AM-11:45AM  
Brain Games

**23** 9:30AM-10:15AM  
Senior Stretch  
10:15AM-10:45AM  
Craft  
11:00AM-11:45AM  
Open Rec

**24** 9:15AM-10:00AM  
Morning Walk  
10:00AM-10:45AM  
Bingo  
11:00AM-11:45AM  
Colorful Creations

**25** 9:15AM-10:00AM  
Bead Work  
10:00AM-10:45AM  
Craft  
11:00AM-11:45AM  
Seniors Choice

**28** 9:15AM-10:00AM  
Tai Chi w/ Sly  
10:00AM - 10:45AM  
Beaded Keychains  
11:00AM- 11:45AM  
Studio Arts

**29** 9:15AM-10:00AM  
Morning Walk  
10:00AM-10:45AM  
Diamond Art  
11:00AM-11:45AM  
Brain Games

**30** 9:30AM-10:15AM  
Senior Stretch  
10:15AM-10:45AM  
Craft  
11:00AM-11:45AM  
Open Rec

**31** 9:15AM-10:00AM  
Morning Walk  
10:00AM-10:45AM  
Bingo  
11:00AM-11:45AM  
Colorful Creations

**All activities are  
approximately  
30-45 min long  
FREE OF CHARGE!**

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