

Tsab Ntawv Xov Xwm Kev Pabcuam Thaum Muaj Xwm Ceev

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Tsev Neeg Txoj Kev Npaj Sib Txuas Lus: Npaj Thaum Muaj Xwm Ceev!

Koj yuav ua li cas yog tias muaj kev puas tsuaj ntuj tshwm sim hauv koj lub nroog, thiab koj yuav tsum mus cuag koj tsev neeg? Yuav ua li cas yog tias koj niam, nyob rau lwm lub xeev, muaj xwm txheej ceev thiab xav tau koj kev pab? Yog tias koj tus menyuam kawm ntawv qib siab, ncav tes rau kev taw qhia tom qab hluav taws kub lossis kev sib tsoo? Koj puas npaj txhij? Koj puas muaj txhua tus neeg cov ntaub ntawv tiv tauj? Koj puas tau tham txog txoj kev npaj ua yog tias ib tug neeg hauv tsev neeg xav tau kev pab tam sim ntawd? Koj puas muaj kev npaj qhia rau sawv daws paub tias koj nyob zoo?

Muaj ntau cov lus nug los tham txog kev npaj rau cov xwm txheej no. Nov yog ob peb lub tswv yim thiab cov peev txheej ntawm yuav ua li cas koj tuaj yeem raug ceeb toom, ua kom muaj zog thiab ua kom txhua tus neeg hauv tsev neeg koom nrog hauv koj Tsev Neeg Txoj Kev Pabcuam Xwm Ceev.

3 Cov kauj ruam:

Sau, Qhia thiab xyau! [Tsim Koj Tsev Neeg Txoj Kev Npaj Sib Txuas Lus Kub Kub](#)

Los ntawm FEMA: "Kev sib txuas lus, xws li xov tooj ntawm tes thiab khoos phis tawj, tuaj yeem ntseeg tsis tau thaum muaj kev puas tsuaj, thiab hluav taws xob tuaj yeem cuam tshuam. Kev npaj ua ntej yuav pab xyuas kom txhua tus tswvcuab hauv koj tsev neeg-xws li menyuam yaus thiab cov neeg xiam oob khab thiab lwm tus uas muaj kev nkag tau thiab ua haujlwm tau zoo, nrog rau cov neeg saib xyuas sab nraud-paub txog kev sib cuag thiab qhov twg los ntsib thaum muaj xwm txheej ceev. "

Kev sib sau ua ke hnub so yog lub sijhawm zoo tshaj plaws los sau cov ntaub ntawv koj xav tau los tsim kom muaj Kev Pabcuam Tsev Neeg Thaum Muaj Xwm Ceev.

Xav tau ib tug template? Nov yog daim ntawv qhia FEMA thiab cov lus qhia los coj koj: [Family Emergency Plan \(PDF\) - Ready.gov](#)

Tsab ntawv xov xwm no yog muab los ntawm Lub Nroog Fresno rau lub hom phiaj ntawm kev pab npaj thaum muaj xwm txheej ceev hauv zej zog.

Txhawm rau muab tswv yim los yog nug hu rau:

Kathleen.henry@fresno.gov Yog xav paub ntiv cov cuab yeej Npaj Kho Mob Kub Ceev, mus rau: www.fresno.gov/prepare



Butter koj biscuits, tsis yog koj hlavv!

Lub hlis no, ntau tsev neeg yuav ci thiab ua zaub mov tshwj xeeb los ua kev zoo siab. Qee zaum qhov ntawd tuaj yeem txhais tau tias muaj xwm txheej kub hnyab tau tshwm sim, tshwj xeeb tshaj yog rau tes thiab caj npab.

Nco ntsoov koj qhov kev pab thawj zaug: khiav dej txias tshaj qhov kub hnyab li 15 feeb thiab npog nrog cov ntaub qhwv kom cov khib nyiab thiab cov kab mob tawm. Yog hlww los yog hlww tshwm sim, nrhiav kev kho mob.

Tsis txhob muab butter, mayo los yog mustard rau ntawm qhov txhab, qhov no yuav qhia tau cov kab mob thiab kis mus rau thaj chaw - yog li, tsis muaj cov tshuaj tsw qab rau qhov kub hnyab!



Npaj muab khoom plig rau koj cov phooj ywg thiab cov neeg koj hlub thaum lub caij ntuj sov so?

Nov yog qee qhov khoom plig zoo ntawm Kev Nyab Xeeb / Kev Npaj Thaum Muaj Xwm Ceev lawv yuav nyiam thiab txaus siab!

First Aid Kit-qhov tseem ceeb rau lub tsheb thiab tsev neeg, muaj pheej yig thiab hauv deluxe versions.

LED teeb nyem-ci, kav ntev thiab nyab xeeb vim lawv tsis muaj nplaim taws.

Hnub ci Electronics Charger-nyob rau hauv ib tug ntau yam ntawm cov nqi thiab ntau thiab tsawg, zoo rau ib tug thaum muaj xwm ceev xov tooj them, hnub ci powered.

Ib xyoos kev tso npe rau Roadside Service Plan-tej txiaj ntsim zoo li no, cia li cawm tus neeg uas yuav raug tso tseg.

Cov pa luam yeeb thiab Carbon Monoxide Detectors-Ze li ntawm 400k hluav taws hauv tsev tshwm sim txhua xyoo hauv Asmeskas. Muab lub neej txuag kev nyab xeeb nrog cov khoom no. Thiab nco ntsoov kom Tawm, Nyob Tawm thiab hu rau kev pab.

Khoom noj khoom haus thiab dej kub ceev-zoo rau txhua qhov xwm txheej uas cov khw muag khoom raug kaw lossis nkag tsis tau.

Rau cov npe khoom siv thiab ntau mus rau www.fresno.gov/prepare