

Emergency Preparedness Services Newsletter

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www.fresno.gov/prepare

Are You Ready for an Emergency?

Life gets busy. Everyday the “To Do List” seems to get longer, more complicated and more stressful. We see emergency events on the news and think, “that will never happen here or to me!” Until it does. Emergencies can be small (a sprained right ankle, can you still drive?) or a big natural disaster like a wildfire effecting one person, one family or the whole community (Can you still get to work or school? Did you lose your house? Your pets? Did you have to evacuate the area?).

Emergencies have a cycle, Prevent, Prepare, Respond & Recover. What you do to carry out the first two steps, can drastically change the successful outcome of the last two. Have you scanned important documents, family photos, contact phone numbers and emails and saved them to the cloud and on an emergency flash drive that is in a safe place?

Start Small: Making a big plan can seem overwhelming, and especially thinking of tragic events can be emotionally stressful. But you can take small steps to build your plan and Prevent, Prepare, Respond and Recover in ways that make the impact less devastating and help you and your family feel more confident if the emergency event does occur. Grocery shopping? Put 3 or 4 cans of emergency food in the cart like beans or canned tuna or chicken, beef stew. Headed to the dollar store? Pick up first aid supplies and an inexpensive backpack for a go bag. Buying a few items at a time, over a few months. Put that go bag (first aid kit, a change of clothes, flashlight, batteries, emergency phone numbers list, etc.) by the front door or in your car trunk in case you must evacuate. Do a fire/evacuation drill at home, have the kids participate and make a “serious game” out of it. And be sure to include pets (does everyone fit in the car?). Be sure to time yourself drill and try to “beat” your time with practice!

September is National Preparedness Month



This informational newsletter is provided by the City of Fresno for the purpose of assisting in emergency preparedness within the community.

To make suggestions or inquiries contact:

Kathleen.henry@fresno.gov

For more Emergency Preparedness tools, go to:
www.fresno.gov/prepare



Pet Evacuation Kit

Enough food for regular feedings to last 72-hours, or up to two weeks

- Water: each pet should have ½ gallon per day available.
- Water bowl & food bowl
- Medications and pill pockets/pouches
- Pet first aid supplies: gloves, hydrogen peroxide, swabs, antibiotic ointment, adhesive tape, oral syringe, or turkey baster, roll of gauze, tweezers and scissors with a blunt end, saline eye solution. Styptic powder or stick. Pet safe soap. Pet first aid booklet.
- A blanket or bed and favorite toy
- Extra Leashes and extra collar or harness with ID tags

Emergency Preparedness Resource Links:

- ✓ [FEMA Announces Ready's 2024 National Preparedness Month Focus \(youtube.com\)](#)
- ✓ [Help Keep Your Pets Safe with Free Pet First Aid App \(redcross.org\)](#)
- ✓ [Build A Kit | Ready.gov](#)
- ✓ [CDC Emergency Preparedness and You](#)