

FAX Riders



Protect yourself and others from COVID-19 (NOVEL CORONAVIRUS)

- ▶ Stay home when you are sick.
- ▶ Avoid touching eyes, nose, and mouth.
- ▶ Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer with at least 50% alcohol.
- ▶ Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, cough into your sleeve.
- ▶ Avoid contact with sick people.

Protect your health!

The Fresno County Department of Public Health has a web page dedicated to information on the COVID-19 coronavirus. Check www.co.fresno.ca.us/departments/public-health/covid-19 for regular updates.