Bikes come in many different styles and sizes. Before you ride your bike, make sure you are comfortable. Have an adult check that the seat and handlebars are where they need to be. Your feet should be able to reach the pedals and ground. Do an “ABC” check. A for air. Check to make sure there’s enough air, the tires are not flat or worn down. B for brakes. Spin the wheel. There should not be anything rubbing against it. The brake pads should also not rub on tires or spokes. Check your Chains. It should feel smooth and be a little slippery when you touch it. Lastly, always wear a helmet! It should be nice and snug. Always look out for other cars and other people.

Now, if you could design your dream bike, what would it look like? Grab your favorite art supplies and bring your idea to life!