



MARCH 2020 SENIOR MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Polish Sausage Dog W/Onions and Peppers  Potato Salad Diced Peaches	3 Salisbury Steak Baked Potato W/Butter & Sour Cream Dinner Roll Cantaloupe	4 Tandoori Chicken Thigh Greenbeans & Carrots Wheat Bread Tropical Fruit	5 Chicken Salad Sandwich (Lettuce, Tomato, Onion) Corn Chowder Soup Sliced Apples Pudding	6 Vegetarian Enchilada Casserole Fiesta Corn Mandarin Orange & Pineapple
9 Beef Stroganoff Peas & Carrots Sourdough Bread Sliced Apples	10 Cheeseburger (Tomato/Lettuce/Onion) Three Bean Salad Cantaloupe	11 Southwest Chicken Rice Bowl Tossed Salad Tropical Fruit	12 Beef & Vegetable Stew Egg Noodles Hi C Salad Diced Peaches	13 Bean & Cheese Burrito Tossed Salad W/Broccoli Honeydew
6 Seasoned Chicken Drumstick Steamed Carrots Wheat Bread Tropical Fruit	17 Corned Beef & Cabbage Obrien Potatoes  Wheat Roll Sliced Apples	18 Fettuccini Alfredo W/ Chicken Hi C Salad Sourdough Bread San Joaquin Dessert	19 Pepper Steak Mashed Potatoes Caesar Salad Wheat Roll Pineapple Bits	20 Breaded Fish Sandwich Coleslaw Sliced Apples Pudding
23 Seasoned Beef Taco Salad (Chips/Beans/Cheese/ Cilantro/Onions) Pineapple Bits	24 BBQ Chicken Thigh Macaroni & Cheese Peas & Carrots Tropical Fruit	25 Cheeseburger (Tomato/Lettuce/Onion) Potato Salad Sliced Apples Pudding	26 Spaghetti W/Meatsauce Caesar Salad Sourdough Bread Diced Peaches	27 Tuna Salad Sandwich on Wheat Bread Minestrone Soup Cantaloupe
30 Chinese Chicken Stir Fry Rice Cantaloupe Pudding	31 Chicken Soft Taco Refried Beans Spanish Rice Tropical Fruit	 <u>Higher in salt</u>		

Funding through:



All Meals Include Low Fat Milk Suggested donation \$2.00 Non-Senior Rate \$4.60

Menu is Subject to Change Without Notice

