



**GET CERTIFIED
NOW IN**



**American
Red Cross**

- **Lifeguard/First Aid**
- **CPR-PR/AED**

**Are you 16 or older and looking for
a great summer job?**

**American Red Cross Lifeguard
Training is the best place to start!**

Sign Up Today!

Register for classes online at
www.parcsonline.fresno.gov

Or call (559) 621-2928



2020 LIFEGUARD CERTIFICATION & RE-CERTIFICATION CLASS SCHEDULE

All classes are taught by highly trained American Red Cross Certified Lifeguard Instructors.

Each class consists of a 3-day session. Classes will be held Friday, Saturday, and Sunday.

You must attend all 3 days in the session to complete the class. Lifeguarding Certificate received upon completion of class (valid for 2 years).

Class hours :

Friday 5:00 pm—9:00 pm

Saturday 8:00 am—5:00 pm

Sunday 8:00 am—5:00 pm

April 2020

SESSION 1: Fri. 3rd—Sat. 4th—Sun. 5th

SESSION 2: Fri. 17th—Sat. 18th—Sun. 19th

May 2020

SESSION 3: Fri. 1st—Sat. 2nd—Sun. 3rd

SESSION 4: Fri. 15th—Sat. 16th—Sun. 17th

SESSION 5: Fri. 29th—Sat. 30th—Sun. 31st

PRE-TEST SWIM REQUIREMENTS

- Swim 300 yards continuously using combination of Freestyle and Breaststroke.
- Tread water for 2 minutes, using legs only.
- Swim 20 yards and retrieve a 10lb brick, resurface and swim on back to starting point, exit water without use of stairs.



Looking for a summer job??

**The City of Fresno is hiring LIFEGUARDS
for the 2020 Summer Season!**

Apply online at www.fresno.gov/jobs

GET

**TRAINED!
HIRED!
WORKING!**