



November 2009

ACTIVITY BULLETIN - Parks, After School, Recreation & Community Services

Destination Fresno – A place to live, work, play and vacation!

This bulletin is merely a snapshot of activities and events made available to the public during the month of November. PARCS offers a variety of programs classes and services city-wide through our community centers & parks. Call **559-621-2900** to learn more.

Date	Time	November 2009 Upcoming Events	Location	Organized/Sponsored by	Contact	Council District
Weekly	10-11am	<p>Senior Yoga Held every Wednesday. Free for seniors 55 and older. Help improve flexibility, strength and relaxation through yoga that has been modified for the senior population.</p>	<p>Ted C. Wills Senior and Youth Center 770 N. San Pablo</p>	<p>PARCS, Senior Hot Meals and Recreation Program</p>	<p>Janine Lewis 621-7711</p>	City Wide
Daily	Various (See full schedule to the right)	<p>Fitness in the Park Kick-off Get your kids active and moving! This drop-in program meets twice a week for 2 hours to do sports, interactive games and fun exercises. Free for ages 8-14!</p> <p><u>Locations/Days/Times:</u> Mosqueda - Monday & Thursday 4-6pm. Pinedale - Monday & Wednesday 4-6pm Holmes - Monday & Wednesday 5-7pm Mary Ella Brown - Monday & Wednesday 5-7pm Highway City - Tuesday & Thursday 5-7pm Lafayette - Tuesday & Thursday 5:15-7pm El Dorado - Tuesday & Thursday 3-4:45pm Dickey - Tuesday & Friday 5-7pm</p>	<p>Mosqueda 4670 E. Bemont Pinedale 7170 N. San Pablo Holmes 212 S. First Mary Ella Brown 1350 E. Annadale Highway City 5140 N. State Lafayette 1516 E. Princeton El Dorado 1343 E. Barstow Dickey 1515 E. Divisadero</p>	<p>PARCS</p>	<p>Amanda Cogdill 621-6609</p>	City Wide
T/Th	5:15-6:45pm	<p>Adult Walking Group Improve fitness, walk at your own pace, meet new friends and boost your energy! Held every Tuesday & Thursday evening through November 26th. Free! Beginners and avid walkers welcome. No pre-registration required.</p>	<p>Holmes Neighborhood Center 212 S. First St.</p>	<p>PARCS</p>	<p>Pam Hoffman 621-6610</p>	3
1	First race at 10am	<p>Home Grown Cyclocross Series Bring out your mountain bike and race against your friends and the clock for best time. Register on Race day up to 30 minutes prior to your event.</p>	<p>Woodward Park Mountain Bike Trails</p>	<p>Central California Off-Road Cyclists</p>	<p>www.homegrowncross.com</p>	6
2	4-6pm	<p>Halloween Party Join us if you missed "The Party"! Activities include a costume party and more. Free for ages 5-18.</p>	<p>Mary Ella Brown Neighborhood Center 1350 E. Annadale</p>	<p>PARCS</p>	<p>Billy Hicks 488-1502</p>	3

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5	4-5pm	Pool Tournament How straight is your shot? Bring your skills. Free for ages 15-17.	Fink White Neighborhood Center 525 S. Trinity	PARCS	Billy Hicks 488-1502	3
6	7pm	Reach for the Stars - A Night to Remember Musical performances. Tickets are available with a \$30 donation.	Veterans Memorial Theater	Tehipite Middle School	Ron Mortanian 457-3420	3
7	10am	Shinzen Cultural Faire Experience the Japanese culture with a performance by Japanese artists. Enjoy displays and demonstrations. \$3 for ages 15+, \$1 ages 4-14 & children under 4 are free.	Woodward Park Shinzen Garden	Shinzen Garden Society	Linda Priaulx 277-3716	6
7	11am- 1pm	BMX Open House All ages will have access to FBX at Woodward Park for a free day on the track. Under 18 must have parent waiver.	Woodward Park BMX	Fresno Bicycle Cross	Ryan Garcia 621-7529 Brett Riley 709-3530	6
7	Sign ups 2-2:30p Race ASAP	BMX Race NBL members of all ages will race at Woodward BMX. New riders and spectators are welcome to join the excitement.	Woodward Park BMX	Fresno Bicycle Cross	Ryan Garcia 621-7529 Brett Riley 709-3530	6
7	2-7pm	Central Valley Dance 4th Annual Festival Tickets are available for \$10. For more information please visit www.valleydance.com .	Veterans Memorial Theater	Central Valley Dance	Cris Mendoza 456-2241	3
7-8	6-9pm	NSA Westpack Qualifier Saturday Men's Slowpitch/ Sunday Coed Slowpitch	Regional Sports Complex 1707 W. Jensen	NSA	Alex Morelos 284-7041	3
8	10am	Fall Color Festival Celebrates the gorgeous autumn colors of the Garden foliage. The teahouse will be open for viewing and Docents will be available to answer questions about the Garden. \$3 for ages 15+, \$1 ages 4-14 & children under 4 are free.	Woodward Park Shinzen Garden	Shinzen Garden Society	Linda Priaulx 277-3716	6
8	7am- 2pm	Two Cities Marathon Come out to support over 5,000 professional athletes as they compete in timed events for a \$10,000 prize purse. www.RunFresno.com	Woodward Park 7775 Friant Rd.	Sierra Challenge Express INC.	For more info: 256-8464	6
11	11am- 2pm	Veterans Day Parade Join us for a celebration of our American Veteran heroes and a Native American cultural section. Parking is free. Arrive early for close seating!	Downtown Fresno	Veterans Magazine INC.	William Dietzal 291-1239	3

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11	4-5pm	Veterans' Day Coloring Contest Bring your creativity! Free for ages 5-10.	Hinton Community Center 2385 S. Fairview	PARCS	Billy Hicks 488-1502	3
12	5pm	Fresno Water Tower Ceremony Join us as we shine a new light on downtown Fresno!	Historic Water Tower, Fresno & O St.	PARCS	Heather Heinks 621-2930	3
14	6-9pm	Fresno Rugby Club Scrimmage Game	Regional Sports Complex 1707 W. Jensen	Fresno Rugby Club	Chris Comstock 438-2640	3
14-15	Varies	Wizard of Oz General seating \$11, VIP \$16. Children under two are not allowed.	Veterans Memorial Theater	Stage Door Productions	Stage Door Productions Office 449-1581	3
14-15	8am-8pm	A&D Thanksgiving Tournament Men's played on Saturday/Coed played on Sunday	Regional Sports Complex 1707 W. Jensen	A&D Softball Club	Manual Fierro 269-7820	3
15	First race at 10am	Home Grown Cyclocross Series Bring out your mountain bike and race against your friends and the clock for best time. Register on Race day up to 30 minutes prior to your event.	Woodward Park 7775 Friant Rd.	Central California Off-Road Cyclists	www.homegrowncross.com	6
16	6-8pm	Thanksgiving Feast Welcoming the neighborhood youth for a delicious dinner. Free for ages 6-17.	Frank H. Ball Neighborhood Center 924 Inyo	PARCS	Billy Hicks 488-1502	3
18	1-4pm	Flu Shot Clinic PARCS and Fresno County Health Department's annual flu shot clinic open to the community. Cost is \$4. Medical/Medicare also accepted. Under 18 must present immunization records.	Pinedale Community Center 7170 N. San Pablo	PARCS, Fresno County Health Dept.	Tom Booth 445-3200	2
18	7-9pm	Therapeutic Recreation Social Dance Free and open to individuals with physical and developmental disabilities that function independently. Refreshments will be served.	Ted C. Wills Community Center-Gymnasium 770 N. San Pablo	PARCS	For more information: 621-7700	City Wide
19	5-6:30pm	Giving Thanks to Our Veterans Free for ages 5-15 years. Come join us in a scavenger hunt, crafts and fun games. Please bring an empty soda can or a can of food.	Pinedale Community Center 7170 N. San Pablo	PARCS	Rich Rodriguez 621-6606	2

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19	5-7pm	Thanksgiving Potluck Free for youth 17 and under. Thanksgiving celebration dinner provided for neighborhood program kids. Bring your favorite store-bought dish to share.	Holmes Neighborhood Center 212 S. First	PARCS	Rich Rodriguez 621-6606	3
20	4-5:30pm	Making Cookies Join us to make specialty cookies, play musical chairs and bingo, and enjoy a coloring contest. Free for ages 6-14. Bring chips & drinks to share.	Highway City Neighborhood Center 5140 N. State St.	PARCS	Alfonso Hernandez 696-8009	2
20	4:30-6pm	Community Awards Potluck Awards & trophies presented to all Jr. Giants League members. Free for ages 7-14.	Dickey Youth Development Center 1515 E. Divisadero	PARCS	Billy Hicks 488-1502	3
20	4:30-6:30pm	Thanksgiving Food Drive Free and all ages welcome. Make turkey beads crafts, and help neighborhood youth collect canned food for the Food Bank for the holidays	Mosqueda Community Center 4670 E. Butler	PARCS	Rich Rodriguez 621-6606	5
20	5-6pm	Hidden Treasures Scavenger hunt! Free for ages 5-17.	Lafayette Neighborhood Center 1615 E. Princeton	PARCS	Alfonso Hernandez 696-8009	7
20	5-6:30pm	A Night of Thanksgiving Dinner Free event for boys and girls of all ages. Thanksgiving dinner will be served for the neighborhood program kids.	Melody Neighborhood Center 5935 E. Shields	PARCS	Rich Rodriguez 621-6606	4
20	6pm	Cooper Bowl II PARCS Department annual flag football tournament.	Regional Sports Complex 770 W Jenson (Soccer Fields)	PARCS	David Rodriguez 621-2900	3
21	11am-1pm	BMX Open House All ages will have access to FBX at Woodward Park for a free day on the track. Under 18 must have parent waiver.	Woodward Park BMX	Fresno Bicycle Cross	Ryan Garcia 621-7529 Brett Riley 709-3530	6
21	11am-3pm	Rock Wall & Flag Football Tournament Take your turn on Fresno's rock wall and support the flag football team as they compete for 1 st place!	Holmes Neighborhood Center 212 S. First	PARCS	Pam Hoffman 621-6610	3
21	Sign ups 2-2:30p Race ASAP	BMX Race NBL members of all ages will race at FBX in Woodward Park, new riders and spectators are welcome to join the excitement.	Woodward Park BMX	Fresno Bicycle Cross	Ryan Garcia 621-7529 Brett Riley 709-3530	6

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21	11am-3pm	Youth Coed Flag Football Tournament Join us for a free day of family fun! Come watch an exciting game of youth coed flag football. Plus, enjoy a rock wall, bounce house, carnival games, and face painting for kids.	Holmes Neighborhood Center 212 S. First	PARCS	Dave Harvey 488-1502 Kob Rattana 621-6621	3
21	1-4pm	Senior Social Dance Open to Seniors 55 and older. Music provided and refreshments will be available. Admission is \$5 a person, \$8 for couples.	Ted C. Wills Community Center-Gymnasium 770 N. San Pablo	PARCS	For more information: 621-7700	City Wide
21-22	8am-8pm	NSA Turkey Shoot Out Saturday Men's Slowpitch/Sunday Coed Slowpitch	Regional Sports Complex 1707 W. Jensen	NSA	Alex Morelos 284-7041	3
25	3-7pm	Cooking with the Kids Learn to cook! Free for ages 10 and older.	Sunset Neighborhood Center 1345 W. Eden	PARCS	Alfonso Hernandez 696-8009	3
25	5-7pm	Thanksgiving Celebration Free! For boys and girls ages 15 and under. Activities include arts & crafts, games & Thanksgiving dinner. Bring your favorite store-bought refreshment and join the fun!	El Dorado Neighborhood Center 1343 E. Barstow	PARCS	Rich Rodriguez 621-6606	4
25	5-7pm	Thanksgiving Potluck Free for youths 17 and under. Thanksgiving celebration dinner provided for neighborhood program participants. Bring your favorite store-bought dish to share.	Romain Neighborhood Center 745 N. First	PARCS	Wendi Danyluk 621-6608	7
28	Sign ups 1-2:30p Race at 3pm	Sprint Trails Race at the Dirt Jump Park There will be classes for 20' bikes and mountain bikes. Free to enter! Challenge your friends and come race for bragging rights for the fastest lap time.	Woodward Park 7775 Friant Rd.	PARCS, Action Sports	Ryan Garcia 621-7529	6
28-29	8am-8pm	USSSA Adult Men's/Coed Softball Tournament Men's played on Saturday / Coed played on Sunday	Regional Sports Complex 1707 W. Jensen	USSSA	Gabe Gonzales 930-0658	3
28-29	Various	Ricky High Holiday Concert A holiday show that the whole family can enjoy! Tickets are available for \$10.	Veterans Memorial Theater	RAH Enterprises	Christian High 322-0208	3