

Every year, an estimated 5,000 workers die from accidents that happen on the job. Another 3,800,000 suffer disabling injuries. Common causes of workplace injuries include physical overload, impact accidents, falls, and machine accidents. Most of these accidents can be avoided by taking a few, simple safety precautions.

**Tone: Drama**

**Key Training Points:**

- Every year, an estimated 5,000 workers die from accidents that happen on the job. Another 3,800,000 suffer disabling injuries.
- Common causes of workplace injuries include physical overload, impact accidents, falls, and machine accidents.
- To help prevent accidents, follow all safety rules and regulations.
- Learn to recognize hazards, and take steps to control or eliminate them.
- Use safe work practices at all times.
- Know what to do in an emergency.